

Resultater – Træningsløb 25 februar 2018

2018-02-25

km6		(4 / 4)	Tid		Efter	
1.	Jens-Erik Larsen	OK73	1:06:02			
	4:37 (4:37)	3:00 (7:37)	4:24 (12:01)	3:16 (15:17)	5:53 (21:10)	3:21 (24:31)
	2:09 (26:40)	1:33 (28:13)	4:14 (32:27)	3:25 (35:52)	2:18 (38:10)	1:43 (39:53)
	3:16 (43:09)	3:32 (46:41)	2:48 (49:29)	5:32 (55:01)	3:11 (58:12)	3:58 (1:02:10)
	2:12 (1:04:22)	1:40 (1:06:02)				
2.	Camilla Larkai	OK73	1:15:17	+9:15		
	4:57 (4:57)	2:53 (7:50)	4:05 (11:55)	3:25 (15:20)	5:27 (20:47)	4:43 (25:30)
	2:21 (27:51)	1:22 (29:13)	5:03 (34:16)	3:51 (38:07)	2:33 (40:40)	1:31 (42:11)
	5:23 (47:34)	1:55 (49:29)	4:32 (54:01)	7:52 (1:01:53)	4:20 (1:06:13)	4:39 (1:10:52)
	2:23 (1:13:15)	2:02 (1:15:17)				
	Christian Birk	OK73	Fejlkli			
	– (–)	– (6:50)	3:57 (10:47)	– (–)	– (–)	– (15:46)
	1:55 (17:41)	– (–)	– (–)	– (23:00)	3:56 (26:56)	1:41 (28:37)
	– (–)	– (32:53)	– (–)	– (37:19)	3:37 (40:56)	– (–)
	– (–)	– (44:52)				
	Claus Odgaard	OK73	Fejlkli			
	3:25 (3:25)	1:23 (4:48)	– (–)	– (10:39)	4:39 (15:18)	2:34 (17:52)
	1:29 (19:21)	0:57 (20:18)	3:10 (23:28)	2:07 (25:35)	1:47 (27:22)	1:06 (28:28)
	2:18 (30:46)	1:30 (32:16)	1:52 (34:08)	3:40 (37:48)	2:30 (40:18)	3:09 (43:27)
	1:46 (45:13)	1:24 (46:37)				
km4		(7 / 7)	Tid		Efter	
1.	Steffen HSOK	HSOK	36:26			
	3:05 (3:05)	2:32 (5:37)	3:31 (9:08)	4:15 (13:23)	1:32 (14:55)	3:04 (17:59)
	2:33 (20:32)	1:13 (21:45)	2:42 (24:27)	4:31 (28:58)	3:45 (32:43)	2:46 (35:29)
	0:57 (36:26)					
2.	Else Gudme	OK73	54:10	+17:44		
	3:56 (3:56)	3:22 (7:18)	5:19 (12:37)	5:42 (18:19)	2:22 (20:41)	4:50 (25:31)
	3:34 (29:05)	1:43 (30:48)	5:15 (36:03)	8:52 (44:55)	4:06 (49:01)	3:49 (52:50)
	1:20 (54:10)					
3.	Jørn Andreasen	OK73	54:50	+18:24		
	4:38 (4:38)	3:34 (8:12)	4:29 (12:41)	6:18 (18:59)	3:05 (22:04)	5:17 (27:21)
	4:15 (31:36)	2:10 (33:46)	4:43 (38:29)	6:30 (44:59)	4:33 (49:32)	3:48 (53:20)
	1:30 (54:50)					
4.	Inge Madsen	OK73	1:00:27	+24:01		
	3:53 (3:53)	4:29 (8:22)	5:59 (14:21)	7:13 (21:34)	2:44 (24:18)	8:40 (32:58)
	4:16 (37:14)	1:49 (39:03)	4:31 (43:34)	7:34 (51:08)	4:40 (55:48)	3:23 (59:11)
	1:16 (1:00:27)					
5.	Søren Tolstrup	OK73	1:01:29	+25:03		
	5:21 (5:21)	3:34 (8:55)	5:09 (14:04)	6:39 (20:43)	3:02 (23:45)	5:03 (28:48)
	3:37 (32:25)	2:12 (34:37)	5:19 (39:56)	10:10 (50:06)	5:27 (55:33)	4:00 (59:33)
	1:56 (1:01:29)					
6.	Leif Kaiberg	OK73	1:24:05	+47:39		
	5:51 (5:51)	12:34 (18:25)	9:50 (28:15)	6:45 (35:00)	5:45 (40:45)	5:18 (46:03)
	4:30 (50:33)	3:43 (54:16)	7:08 (1:01:24)	10:51 (1:12:15)	5:44 (1:17:59)	4:30 (1:22:29)
	1:36 (1:24:05)					
	Ulla Valnert	OK73	Fejlkli			
	6:07 (6:07)	5:45 (11:52)	6:01 (17:53)	9:43 (27:36)	3:37 (31:13)	6:30 (37:43)
	9:21 (47:04)	2:48 (49:52)	– (–)	– (1:07:04)	6:13 (1:13:17)	5:17 (1:18:34)
	2:16 (1:20:50)					
Let		(1 / 1)	Tid		Efter	
	Hanne Bech	OK73	Fejlkli			
	6:46 (6:46)	3:11 (9:57)	7:36 (17:33)	6:42 (24:15)	17:38 (41:53)	21:29 (1:03:22)
	6:18 (1:09:40)	– (–)	– (1:21:47)	2:14 (1:24:01)		