

H-20

		(14 / 14)			Tid	Efter	
1.	Kasper Fosser	IFK Göteborg Orientering	1:44:22				
	2:54 (2:54)	5:40 (8:34)	3:27 (12:01)	1:45 (13:46)	2:04 (15:50)	1:10 (17:00)	
	2:57 (19:57)	1:19 (21:16)	2:38 (23:54)	3:12 (27:06)	1:12 (28:18)	5:04 (33:22)	
	1:52 (35:14)	1:00 (36:14)	3:52 (40:06)	1:09 (41:15)	4:25 (45:40)	3:02 (48:42)	
	6:33 (55:15)	1:45 (57:00)	2:17 (59:17)	0:55 (1:00:12)	1:12 (1:01:24)	2:31 (1:03:55)	
	3:18 (1:07:13)	2:27 (1:09:40)	2:13 (1:11:53)	1:25 (1:13:18)	0:26 (1:13:44)	2:47 (1:16:31)	
	4:10 (1:20:41)	7:25 (1:28:06)	2:08 (1:30:14)	3:28 (1:33:42)	3:17 (1:36:59)	1:08 (1:38:07)	
	3:40 (1:41:47)	0:48 (1:42:35)	1:37 (1:44:12)	0:10 (1:44:22)			
2.	Søren Thrane Ødum	OK Øst Birkerød	1:54:12	+9:50			
	3:01 (3:01)	6:29 (9:30)	4:04 (13:34)	2:06 (15:40)	2:26 (18:06)	1:19 (19:25)	
	3:21 (22:46)	1:32 (24:18)	2:53 (27:11)	3:35 (30:46)	1:12 (31:58)	4:55 (36:53)	
	1:45 (38:38)	1:14 (39:52)	4:09 (44:01)	1:13 (45:14)	4:59 (50:13)	3:05 (53:18)	
	7:27 (1:00:45)	2:03 (1:02:48)	2:46 (1:05:34)	1:04 (1:06:38)	1:18 (1:07:56)	2:48 (1:10:44)	
	3:56 (1:14:40)	2:37 (1:17:17)	2:23 (1:19:40)	1:22 (1:21:02)	0:34 (1:21:36)	2:16 (1:23:52)	
	5:09 (1:29:01)	8:10 (1:37:11)	1:06 (1:38:17)	3:39 (1:41:56)	3:48 (1:45:44)	1:27 (1:47:11)	
	4:21 (1:51:32)	0:43 (1:52:15)	1:47 (1:54:02)	0:10 (1:54:12)			
3.	Elias Hinge Krogsgaard	Silkeborg OK	1:58:29	+14:07			
	2:59 (2:59)	6:12 (9:11)	1:30 (10:41)	5:04 (15:45)	1:38 (17:23)	1:14 (18:37)	
	4:04 (22:41)	1:06 (23:47)	4:51 (28:38)	2:59 (31:37)	4:14 (35:51)	1:57 (37:48)	
	2:27 (40:15)	1:14 (41:29)	4:13 (45:42)	1:38 (47:20)	3:05 (50:25)	3:53 (54:18)	
	7:40 (1:01:58)	3:34 (1:05:32)	3:33 (1:09:05)	1:04 (1:10:09)	1:22 (1:11:31)	2:49 (1:14:20)	
	3:54 (1:18:14)	2:41 (1:20:55)	2:52 (1:23:47)	1:31 (1:25:18)	0:44 (1:26:02)	2:28 (1:28:30)	
	5:51 (1:34:21)	8:02 (1:42:23)	1:08 (1:43:31)	3:30 (1:47:01)	3:40 (1:50:41)	1:16 (1:51:57)	
	3:52 (1:55:49)	0:45 (1:56:34)	1:45 (1:58:19)	0:10 (1:58:29)			
4.	Lasse Falck Weber	Tisvilde Hegn OK	2:00:22	+16:00			
	3:09 (3:09)	6:24 (9:33)	4:15 (13:48)	2:09 (15:57)	2:18 (18:15)	1:21 (19:36)	
	3:30 (23:06)	1:28 (24:34)	3:04 (27:38)	3:43 (31:21)	1:18 (32:39)	5:16 (37:55)	
	1:38 (39:33)	1:10 (40:43)	4:36 (45:19)	1:13 (46:32)	5:22 (51:54)	3:28 (55:22)	
	8:04 (1:03:26)	2:15 (1:05:41)	2:40 (1:08:21)	1:05 (1:09:26)	1:25 (1:10:51)	2:54 (1:13:45)	
	4:21 (1:18:06)	2:56 (1:21:02)	2:50 (1:23:52)	1:33 (1:25:25)	0:45 (1:26:10)	2:25 (1:28:35)	
	5:40 (1:34:15)	8:30 (1:42:45)	1:08 (1:43:53)	4:00 (1:47:53)	4:01 (1:51:54)	1:31 (1:53:25)	
	4:15 (1:57:40)	0:47 (1:58:27)	1:45 (2:00:12)	0:10 (2:00:22)			
5.	Isak Hagberg	Kalmar OK	2:00:40	+16:18			
	3:12 (3:12)	6:32 (9:44)	4:08 (13:52)	2:07 (15:59)	2:13 (18:12)	1:18 (19:30)	
	3:23 (22:53)	1:30 (24:23)	2:53 (27:16)	3:42 (30:58)	1:12 (32:10)	4:57 (37:07)	
	1:31 (38:38)	1:18 (39:56)	4:13 (44:09)	1:42 (45:51)	5:16 (51:07)	3:40 (54:47)	
	8:15 (1:03:02)	1:58 (1:05:00)	2:48 (1:07:48)	2:32 (1:10:20)	1:01 (1:11:21)	2:04 (1:13:25)	
	4:26 (1:17:51)	2:56 (1:20:47)	2:53 (1:23:40)	1:40 (1:25:20)	0:38 (1:25:58)	2:31 (1:28:29)	
	5:54 (1:34:23)	8:18 (1:42:41)	1:08 (1:43:49)	4:02 (1:47:51)	4:05 (1:51:56)	1:31 (1:53:27)	
	4:22 (1:57:49)	0:48 (1:58:37)	1:51 (2:00:28)	0:12 (2:00:40)			
6.	Jakob Schøier Kovsted	Tisvilde Hegn OK	2:01:23	+17:01			
	3:11 (3:11)	6:14 (9:25)	1:22 (10:47)	5:10 (15:57)	1:45 (17:42)	1:10 (18:52)	
	4:27 (23:19)	1:01 (24:20)	5:26 (29:46)	3:18 (33:04)	4:38 (37:42)	2:17 (39:59)	
	2:37 (42:36)	1:37 (44:13)	3:32 (47:45)	1:32 (49:17)	3:24 (52:41)	4:15 (56:56)	
	8:08 (1:05:04)	1:16 (1:06:20)	2:42 (1:09:02)	2:55 (1:11:57)	1:08 (1:13:05)	2:08 (1:15:13)	
	3:51 (1:19:04)	3:00 (1:22:04)	2:50 (1:24:54)	1:24 (1:26:18)	0:36 (1:26:54)	2:08 (1:29:02)	
	5:22 (1:34:24)	8:08 (1:42:32)	1:07 (1:43:39)	3:38 (1:47:17)	3:38 (1:50:55)	1:27 (1:52:22)	
	4:07 (1:56:29)	2:48 (1:59:17)	1:57 (2:01:14)	0:09 (2:01:23)			
7.	Julius Molsen	Søllerød OK	2:21:19	+36:57			
	3:29 (3:29)	7:46 (11:15)	4:48 (16:03)	2:16 (18:19)	3:18 (21:37)	1:28 (23:05)	
	3:50 (26:55)	1:46 (28:41)	3:27 (32:08)	4:14 (36:22)	1:30 (37:52)	6:46 (44:38)	
	2:04 (46:42)	1:23 (48:05)	5:34 (53:39)	1:21 (55:00)	6:47 (1:01:47)	3:51 (1:05:38)	
	9:38 (1:15:16)	1:34 (1:16:50)	3:21 (1:20:11)	3:14 (1:23:25)	1:18 (1:24:43)	2:23 (1:27:06)	
	4:36 (1:31:42)	3:18 (1:35:00)	3:03 (1:38:03)	1:46 (1:39:49)	0:47 (1:40:36)	2:25 (1:43:01)	
	5:33 (1:48:34)	9:44 (1:58:18)	1:24 (1:59:42)	4:53 (2:04:35)	5:16 (2:09:51)	2:26 (2:12:17)	
	5:48 (2:18:05)	0:53 (2:18:58)	2:10 (2:21:08)	0:11 (2:21:19)			
8.	Adrian Skobe	Kalmar OK	2:22:43	+38:21			
	3:17 (3:17)	6:49 (10:06)	1:19 (11:25)	5:20 (16:45)	1:44 (18:29)	1:16 (19:45)	
	5:06 (24:51)	1:20 (26:11)	5:53 (32:04)	3:22 (35:26)	4:22 (39:48)	2:19 (42:07)	
	3:01 (45:08)	1:49 (46:57)	5:49 (52:46)	1:50 (54:36)	3:34 (58:10)	6:31 (1:04:41)	
	11:14 (1:15:55)	2:43 (1:18:38)	3:05 (1:21:43)	1:23 (1:23:06)	1:28 (1:24:34)	3:08 (1:27:42)	
	4:12 (1:31:54)	3:08 (1:35:02)	2:59 (1:38:01)	1:50 (1:39:51)	1:10 (1:41:01)	2:35 (1:43:36)	
	5:21 (1:48:57)	10:26 (1:59:23)	1:25 (2:00:48)	6:07 (2:06:55)	5:22 (2:12:17)	1:46 (2:14:03)	
	5:08 (2:19:11)	0:55 (2:20:06)	2:25 (2:22:31)	0:12 (2:22:43)			
9.	Frederik Holm Splittorff	FIF Hillerød	2:28:06	+43:44			
	3:21 (3:21)	8:10 (11:31)	4:36 (16:07)	2:20 (18:27)	2:32 (20:59)	1:35 (22:34)	
	4:03 (26:37)	1:45 (28:22)	3:43 (32:05)	4:19 (36:24)	1:32 (37:56)	6:02 (43:58)	
	2:16 (46:14)	1:21 (47:35)	5:34 (53:09)	1:13 (54:22)	6:18 (1:00:40)	3:38 (1:04:18)	
	9:43 (1:14:01)	2:21 (1:16:22)	3:46 (1:20:08)	1:15 (1:21:23)	1:36 (1:22:59)	3:19 (1:26:18)	
	5:21 (1:31:39)	3:19 (1:34:58)	3:04 (1:38:02)	1:46 (1:39:48)	1:19 (1:41:07)	2:24 (1:43:31)	
	5:17 (1:48:48)	10:46 (1:59:34)	1:39 (2:01:13)	5:35 (2:06:48)	6:13 (2:13:01)	2:37 (2:15:38)	
	7:45 (2:23:23)	1:11 (2:24:34)	3:18 (2:27:52)	0:14 (2:28:06)			
	Linus Agervig Kristiansson	OK Snab	Fejlklip				
	3:01 (3:01)	6:11 (9:12)	1:22 (10:34)	5:05 (15:39)	1:45 (17:24)	1:10 (18:34)	
	4:05 (22:39)	1:10 (23:49)	4:43 (28:32)	2:59 (31:31)	4:16 (35:47)	1:57 (37:44)	
	2:24 (40:08)	1:15 (41:23)	4:09 (45:32)	1:50 (47:22)	– (–)	– (54:15)	
	7:44 (1:01:59)	1:16 (1:03:15)	2:26 (1:05:41)	2:26 (1:08:07)	0:59 (1:09:06)	1:53 (1:10:59)	
	3:43 (1:14:42)	2:36 (1:17:18)	2:24 (1:19:42)	1:22 (1:21:04)	0:36 (1:21:40)	2:10 (1:23:50)	
	5:14 (1:29:04)	8:10 (1:37:14)	1:09 (1:38:23)	3:35 (1:41:58)	3:47 (1:45:45)	1:19 (1:47:04)	
	4:46 (1:51:50)	0:39 (1:52:29)	1:40 (1:54:09)	0:10 (1:54:19)			
	Mikkel Meldgaard	Allerød OK	Udgået				
	3:31 (3:31)	7:50 (11:21)	1:43 (13:04)	6:10 (19:14)	2:12 (21:26)	1:43 (23:09)	
	7:14 (30:23)	1:24 (31:47)	7:37 (39:24)	3:36 (43:00)	5:08 (48:08)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	Jacob Steinthal	FIF Hillerød	Ej startet				
	Malthe Poulsen	FIF Hillerød	Ej startet				
	Simon Olsson	Hjärnaps GHOL	Ej startet				

H21-	(32 / 32)	Tid	Efter
1. Rasmus Djurhuus	OK Pan	1:45:14	
2:54 (2:54)	5:59 (8:53)	3:22 (12:15)	1:43 (13:58)
3:06 (20:25)	1:25 (21:50)	2:44 (24:34)	3:19 (27:53)
1:36 (36:33)	1:05 (37:38)	4:01 (41:39)	1:05 (42:44)
6:47 (57:03)	1:51 (58:54)	2:16 (1:01:10)	0:54 (1:02:04)
3:43 (1:09:11)	2:54 (1:12:05)	3:00 (1:15:05)	1:24 (1:16:29)
4:05 (1:22:57)	7:16 (1:30:13)	1:04 (1:31:17)	3:20 (1:34:37)
3:19 (1:42:49)	0:36 (1:43:25)	1:40 (1:45:05)	0:09 (1:45:14)
2:07 (16:05)			1:14 (17:19)
5:54 (34:57)			2:42 (50:16)
4:50 (47:34)			1:08 (1:03:12)
1:08 (1:03:12)			0:26 (1:16:55)
1:57 (1:18:52)			3:25 (1:38:02)
1:28 (1:39:30)			
2. Thomas Nipen	Bækkelaget SK	1:52:47	+7:33
3:09 (3:09)	5:52 (9:01)	3:27 (12:28)	1:47 (14:15)
3:15 (20:51)	1:54 (22:45)	2:57 (25:42)	3:49 (29:31)
1:28 (37:14)	1:08 (38:22)	4:07 (42:29)	0:57 (43:26)
7:14 (59:07)	1:57 (1:01:04)	2:50 (1:03:54)	1:00 (1:04:54)
3:33 (1:12:23)	2:39 (1:15:02)	2:22 (1:17:24)	1:25 (1:18:49)
4:43 (1:26:19)	8:16 (1:34:35)	1:06 (1:35:41)	3:33 (1:39:14)
4:32 (1:49:46)	0:40 (1:50:26)	2:10 (1:52:36)	0:11 (1:52:47)
2:08 (16:23)			1:13 (17:36)
5:02 (35:46)			3:34 (51:53)
4:53 (48:19)			1:21 (1:06:15)
0:38 (1:19:27)			0:38 (1:19:27)
4:35 (1:43:49)			1:25 (1:45:14)
2:35 (1:08:50)			2:09 (1:21:36)
1:25 (1:45:14)			
3. Erik Alnervik	Helsingborgs SOK	1:54:30	+9:16
3:08 (3:08)	6:00 (9:08)	3:27 (12:35)	1:49 (14:24)
3:20 (21:07)	1:54 (23:01)	2:54 (25:55)	3:33 (29:28)
1:23 (37:23)	1:07 (38:30)	4:07 (42:37)	0:58 (43:35)
7:17 (59:09)	1:42 (1:00:51)	2:58 (1:03:49)	2:46 (1:06:35)
3:59 (1:13:45)	2:58 (1:16:43)	2:39 (1:19:22)	2:01 (1:21:23)
4:52 (1:29:08)	8:20 (1:37:28)	1:03 (1:38:31)	3:33 (1:42:04)
4:25 (1:51:35)	0:45 (1:52:20)	1:58 (1:54:18)	0:12 (1:54:30)
2:09 (16:33)			1:14 (17:47)
5:21 (36:00)			3:28 (51:52)
4:49 (48:24)			2:04 (1:09:46)
1:07 (1:07:42)			2:17 (1:24:16)
0:36 (1:21:59)			1:17 (1:47:10)
3:49 (1:45:53)			
4. Henrik Rindom Knudsen	OK Melfar	1:55:40	+10:26
3:12 (3:12)	6:19 (9:31)	4:13 (13:44)	2:00 (15:44)
3:23 (22:50)	1:30 (24:20)	2:53 (27:13)	3:31 (30:44)
1:38 (38:36)	1:12 (39:48)	4:19 (44:07)	1:16 (45:23)
7:19 (1:01:27)	1:20 (1:02:47)	2:38 (1:05:25)	2:29 (1:07:54)
3:51 (1:14:48)	2:37 (1:17:25)	2:32 (1:19:57)	1:28 (1:21:25)
4:44 (1:29:08)	9:05 (1:38:13)	1:23 (1:39:36)	3:49 (1:43:25)
4:18 (1:52:54)	0:47 (1:53:41)	1:48 (1:55:29)	0:11 (1:55:40)
2:26 (18:10)			1:17 (19:27)
5:02 (36:58)			3:35 (54:08)
5:10 (50:33)			2:00 (1:10:57)
1:03 (1:08:57)			2:10 (1:24:24)
0:49 (1:22:14)			1:22 (1:48:36)
3:49 (1:47:14)			
5. Niclas Tjernlund	Skåneslättns OL	1:57:03	+11:49
3:11 (3:11)	6:14 (9:25)	1:17 (10:42)	5:02 (15:44)
4:07 (22:46)	0:59 (23:45)	5:07 (28:52)	2:55 (31:47)
2:38 (40:32)	1:14 (41:46)	4:06 (45:52)	1:37 (47:29)
7:31 (1:01:52)	1:17 (1:03:09)	2:30 (1:05:39)	2:56 (1:08:35)
3:49 (1:15:17)	2:40 (1:17:57)	2:35 (1:20:32)	1:28 (1:22:00)
6:06 (1:31:00)	8:26 (1:39:26)	1:11 (1:40:37)	4:23 (1:45:00)
3:51 (1:54:24)	0:44 (1:55:08)	1:45 (1:56:53)	0:10 (1:57:03)
1:40 (17:24)			4:11 (35:58)
1:56 (37:54)			3:01 (50:30)
0:59 (1:09:34)			1:54 (1:11:28)
0:36 (1:22:36)			2:18 (1:24:54)
4:01 (1:49:01)			1:32 (1:50:33)
6. Martin Laage Kragh	OK Roskilde	1:58:25	+13:11
3:24 (3:24)	6:24 (9:48)	1:17 (11:05)	5:13 (16:18)
4:20 (23:20)	1:06 (24:26)	5:23 (29:49)	3:20 (33:09)
2:38 (42:34)	1:25 (43:59)	3:50 (47:49)	1:32 (49:21)
8:08 (1:05:01)	1:20 (1:06:21)	2:42 (1:09:03)	2:50 (1:11:53)
3:49 (1:19:06)	2:59 (1:22:05)	2:50 (1:24:55)	1:25 (1:26:20)
5:20 (1:34:25)	7:59 (1:42:24)	1:09 (1:43:33)	3:30 (1:47:03)
3:47 (1:55:54)	0:45 (1:56:39)	1:36 (1:58:15)	0:10 (1:58:25)
1:33 (17:51)			4:28 (37:37)
3:14 (52:35)			1:14 (1:13:07)
0:37 (1:26:57)			3:40 (1:50:43)
1:24 (1:52:07)			
7. Håkan Andersson	No Klub	1:58:32	+13:18
3:15 (3:15)	6:18 (9:33)	1:16 (10:49)	4:57 (15:46)
4:06 (22:48)	1:04 (23:52)	4:45 (28:37)	3:02 (31:39)
2:31 (40:16)	1:15 (41:31)	4:12 (45:43)	1:36 (47:19)
7:42 (1:02:01)	5:11 (1:07:12)	2:40 (1:09:52)	1:02 (1:10:54)
4:05 (1:18:59)	3:04 (1:22:03)	2:43 (1:24:46)	1:28 (1:26:14)
5:18 (1:34:22)	8:15 (1:42:37)	1:07 (1:43:44)	3:37 (1:47:21)
3:37 (1:55:55)	0:45 (1:56:40)	1:41 (1:58:21)	0:11 (1:58:32)
1:39 (17:25)			4:11 (35:50)
1:55 (37:45)			3:02 (50:21)
3:58 (54:19)			1:23 (1:12:17)
0:33 (1:26:47)			3:36 (1:50:57)
1:21 (1:52:18)			
8. Carl Emil Schøier Kovsted	Tisvilde Hegn OK	1:59:15	+14:01
3:03 (3:03)	6:32 (9:35)	1:24 (10:59)	5:14 (16:13)
4:27 (23:24)	1:03 (24:27)	5:25 (29:52)	3:18 (33:10)
2:30 (42:30)	1:34 (44:04)	3:43 (47:47)	1:31 (49:18)
8:17 (1:05:05)	2:04 (1:07:09)	2:34 (1:09:43)	1:15 (1:10:58)
4:04 (1:18:57)	3:04 (1:22:01)	2:48 (1:24:49)	1:27 (1:26:16)
5:20 (1:34:19)	8:02 (1:42:21)	1:06 (1:43:27)	3:33 (1:47:00)
4:04 (1:56:11)	0:47 (1:56:58)	2:08 (1:59:06)	0:09 (1:59:15)
1:35 (17:48)			4:23 (37:33)
3:19 (52:37)			1:18 (1:12:16)
0:35 (1:26:51)			3:40 (1:50:40)
1:27 (1:52:07)			
9. Oskar Cervin	Helsingborgs SOK	2:00:03	+14:49
3:06 (3:06)	6:07 (9:13)	1:27 (10:40)	5:08 (15:48)
4:09 (22:49)	1:01 (23:50)	5:05 (28:55)	2:49 (31:44)
2:31 (40:21)	1:15 (41:36)	4:14 (45:50)	1:36 (47:26)
7:47 (1:02:11)	1:17 (1:03:28)	2:46 (1:06:14)	2:56 (1:09:10)
5:24 (1:18:06)	3:00 (1:21:06)	2:47 (1:23:53)	1:30 (1:25:23)
5:49 (1:34:26)	8:10 (1:42:36)	1:06 (1:43:42)	3:45 (1:47:27)
4:38 (1:57:26)	0:45 (1:58:11)	1:43 (1:59:54)	0:09 (2:00:03)
1:40 (17:28)			4:09 (35:53)
3:08 (50:34)			1:11 (1:10:21)
0:40 (1:26:03)			3:43 (1:51:10)
1:38 (1:52:48)			
10. Joel Kristiansson	Skåneslättns OL	2:00:28	+15:14
3:14 (3:14)	6:27 (9:41)	4:13 (13:54)	2:18 (16:12)
3:38 (23:47)	1:36 (25:23)	3:28 (28:51)	4:03 (32:54)
1:46 (41:44)	1:19 (43:03)	4:36 (47:39)	1:15 (48:54)
7:33 (1:05:03)	1:21 (1:06:24)	2:42 (1:09:06)	2:36 (1:11:42)
3:39 (1:19:03)	3:03 (1:22:06)	2:41 (1:24:47)	1:25 (1:26:12)
5:20 (1:34:28)	8:20 (1:42:48)	1:11 (1:43:59)	4:01 (1:48:00)
4:15 (1:57:47)	0:49 (1:58:36)	1:42 (2:00:18)	0:10 (2:00:28)
2:28 (18:40)			4:00 (1:52:00)
5:25 (39:58)			1:32 (1:53:32)
3:18 (57:30)			
2:27 (1:15:24)			
2:24 (1:29:08)			
11. Mikkel Skaarup	Ballerup OK	2:16:06	+30:52
3:38 (3:38)	7:45 (11:23)	4:36 (15:59)	2:22 (18:21)
3:58 (26:23)	2:06 (28:29)	3:30 (31:59)	4:12 (36:11)
2:01 (46:09)	1:28 (47:37)	5:04 (52:41)	1:17 (53:58)
8:36 (1:12:18)	1:35 (1:13:53)	3:00 (1:16:53)	3:13 (1:20:06)
5:21 (1:28:58)	3:04 (1:32:02)	4:05 (1:36:07)	1:43 (1:37:50)
5:37 (1:46:44)	10:11 (1:56:55)	1:24 (1:58:19)	4:17 (2:02:36)
4:23 (2:13:04)	0:49 (2:13:53)	2:02 (2:15:55)	0:11 (2:16:06)
2:30 (20:51)			4:30 (2:07:06)
1:41 (37:52)			
6:00 (59:58)			
1:12 (1:21:18)			
0:44 (1:38:34)			
2:33 (1:41:07)			
1:35 (2:08:41)			
12. Conor Klingenberg	Faaborg OK	2:17:38	+32:24
3:13 (3:13)	6:24 (9:37)	1:23 (11:00)	5:16 (16:16)
4:34 (23:41)	2:11 (25:52)	8:30 (34:22)	4:18 (38:40)
2:53 (52:26)	1:25 (53:51)	3:58 (57:49)	1:41 (59:30)
8:09 (1:15:20)	2:17 (1:17:37)	4:26 (1:22:03)	1:05 (1:23:08)
4:01 (1:31:26)	3:12 (1:34:38)	2:57 (1:37:35)	1:48 (1:39:23)
5:46 (1:48:41)	9:16 (1:57:57)	1:27 (1:59:24)	4:32 (2:03:56)
4:44 (2:14:41)	0:44 (2:15:25)	2:03 (2:17:28)	0:10 (2:17:38)
1:38 (17:54)			
8:10 (46:50)			
3:23 (1:02:53)			
1:25 (1:24:33)			
1:10 (1:40:33)			
4:27 (2:08:23)			

13.	Mads Troelsgård	Lyngby OK	2:17:39	+32:25		
	3:44 (3:44)	7:27 (11:11)	1:30 (12:41)	5:49 (18:30)	1:53 (20:23)	1:23 (21:46)
	4:50 (26:36)	1:17 (27:53)	5:48 (33:41)	4:21 (38:02)	5:21 (43:23)	2:21 (45:44)
	2:58 (48:42)	3:28 (52:10)	4:31 (56:41)	1:46 (58:27)	4:17 (1:02:44)	4:50 (1:07:34)
	8:59 (1:16:33)	2:27 (1:19:00)	3:01 (1:22:01)	1:15 (1:23:16)	1:29 (1:24:45)	3:02 (1:27:47)
	4:09 (1:31:56)	3:08 (1:35:04)	3:04 (1:38:08)	1:44 (1:39:52)	0:45 (1:40:37)	2:28 (1:43:05)
	5:31 (1:48:36)	9:43 (1:58:19)	1:22 (1:59:41)	4:21 (2:04:02)	4:43 (2:08:45)	1:34 (2:10:19)
	4:24 (2:14:43)	0:48 (2:15:31)	1:58 (2:17:29)	0:10 (2:17:39)		
14.	Viktor Henmyr	OK Vilse -87	2:17:55	+32:41		
	3:32 (3:32)	7:57 (11:29)	4:43 (16:12)	2:22 (18:34)	2:57 (21:31)	1:30 (23:01)
	4:10 (27:11)	1:47 (28:58)	3:30 (32:28)	4:12 (36:40)	1:31 (38:11)	6:04 (44:15)
	2:03 (46:18)	1:27 (47:45)	5:09 (52:54)	1:23 (54:17)	6:30 (1:00:47)	3:35 (1:04:22)
	11:37 (1:15:59)	2:36 (1:18:35)	3:12 (1:21:47)	1:14 (1:23:01)	1:25 (1:24:26)	3:08 (1:27:34)
	4:15 (1:31:49)	3:13 (1:35:02)	3:03 (1:38:05)	1:49 (1:39:54)	1:00 (1:40:54)	2:35 (1:43:29)
	5:21 (1:48:50)	9:33 (1:58:23)	1:25 (1:59:48)	4:18 (2:04:06)	4:32 (2:08:38)	1:34 (2:10:12)
	4:34 (2:14:46)	0:49 (2:15:35)	2:10 (2:17:45)	0:10 (2:17:55)		
15.	Anton Berneving	OK Gipen	2:22:12	+36:58		
	3:55 (3:55)	7:38 (11:33)	4:46 (16:19)	2:21 (18:40)	2:43 (21:23)	1:28 (22:51)
	4:07 (26:58)	1:46 (28:44)	3:23 (32:07)	4:16 (36:23)	1:31 (37:54)	6:11 (44:05)
	2:07 (46:12)	1:22 (47:34)	5:17 (52:51)	1:22 (54:13)	6:30 (1:00:43)	3:33 (1:04:16)
	8:48 (1:13:04)	2:34 (1:15:38)	3:13 (1:18:51)	1:15 (1:20:06)	1:51 (1:21:57)	3:34 (1:25:31)
	5:19 (1:30:50)	3:54 (1:34:44)	3:01 (1:37:45)	1:50 (1:39:35)	1:13 (1:40:48)	2:38 (1:43:26)
	5:29 (1:48:55)	10:16 (1:59:11)	1:29 (2:00:40)	6:18 (2:06:58)	5:15 (2:12:13)	1:42 (2:13:55)
	5:06 (2:19:01)	0:54 (2:19:55)	2:06 (2:22:01)	0:11 (2:22:12)		
16.	Rickard Ingesson	Lunds OK	2:29:30	+44:16		
	3:33 (3:33)	11:11 (14:44)	1:30 (16:14)	6:13 (22:27)	2:10 (24:37)	1:15 (25:52)
	5:01 (30:53)	1:17 (32:10)	7:24 (39:34)	3:34 (43:08)	5:14 (48:22)	2:57 (51:19)
	2:53 (54:12)	1:49 (56:01)	4:31 (1:00:32)	2:00 (1:02:32)	3:44 (1:06:16)	4:36 (1:10:52)
	10:14 (1:21:06)	1:43 (1:22:49)	3:23 (1:26:12)	3:19 (1:29:31)	1:19 (1:30:50)	2:39 (1:33:29)
	5:11 (1:38:40)	3:36 (1:42:16)	3:13 (1:45:29)	1:59 (1:47:28)	0:45 (1:48:13)	2:39 (1:50:52)
	6:44 (1:57:36)	11:30 (2:09:06)	1:25 (2:10:31)	4:34 (2:15:05)	4:43 (2:19:48)	1:45 (2:21:33)
	4:40 (2:26:13)	0:53 (2:27:06)	2:14 (2:29:20)	0:10 (2:29:30)		
17.	Simon Troelsgård	Lyngby OK	2:30:00	+44:46		
	3:47 (3:47)	7:32 (11:19)	1:25 (12:44)	5:48 (18:32)	1:56 (20:28)	1:21 (21:49)
	5:12 (27:01)	1:14 (28:15)	6:02 (34:17)	4:26 (38:43)	5:11 (43:54)	2:35 (46:29)
	3:03 (49:32)	1:40 (51:12)	4:15 (55:27)	3:54 (59:21)	3:50 (1:03:11)	4:33 (1:07:44)
	9:37 (1:17:21)	1:28 (1:18:49)	3:25 (1:22:14)	3:10 (1:25:24)	1:49 (1:27:13)	2:24 (1:29:37)
	8:34 (1:38:11)	3:33 (1:41:44)	3:15 (1:44:59)	2:15 (1:47:14)	0:40 (1:47:54)	2:38 (1:50:32)
	7:12 (1:57:44)	11:25 (2:09:09)	1:26 (2:10:35)	4:33 (2:15:08)	4:42 (2:19:50)	1:50 (2:21:40)
	5:10 (2:26:50)	0:53 (2:27:43)	2:07 (2:29:50)	0:10 (2:30:00)		
18.	Martin Wendt	Lunds OK	2:33:24	+48:10		
	3:50 (3:50)	7:34 (11:24)	4:55 (16:19)	2:27 (18:46)	3:12 (21:58)	1:53 (23:51)
	4:27 (28:18)	1:52 (30:10)	3:51 (34:01)	4:25 (38:26)	1:33 (39:59)	7:05 (47:04)
	1:55 (48:59)	1:31 (50:30)	5:23 (55:53)	1:37 (57:30)	6:30 (1:04:00)	4:04 (1:08:04)
	9:47 (1:17:51)	1:44 (1:19:35)	4:08 (1:23:43)	3:36 (1:27:19)	1:30 (1:28:49)	2:44 (1:31:33)
	6:23 (1:37:56)	3:56 (1:41:52)	3:16 (1:45:08)	2:08 (1:47:16)	1:15 (1:48:31)	3:09 (1:51:40)
	6:15 (1:57:55)	10:39 (2:08:34)	1:44 (2:10:18)	5:30 (2:15:48)	5:27 (2:21:15)	2:06 (2:23:21)
	6:23 (2:29:44)	0:57 (2:30:41)	2:31 (2:33:12)	0:12 (2:33:24)		
19.	Morten Tangen	OK Moss	2:48:02	+62:48		
	3:57 (3:57)	9:08 (13:05)	1:50 (14:55)	6:59 (21:54)	2:15 (24:09)	1:36 (25:45)
	6:33 (32:18)	1:37 (33:55)	6:53 (40:48)	4:08 (44:56)	4:59 (49:55)	2:43 (52:38)
	3:22 (56:00)	2:11 (58:11)	5:17 (1:03:28)	3:34 (1:07:02)	4:47 (1:11:49)	5:04 (1:16:53)
	10:44 (1:27:37)	2:00 (1:29:37)	4:01 (1:33:38)	4:10 (1:37:48)	1:23 (1:39:11)	3:18 (1:42:29)
	6:15 (1:48:44)	4:26 (1:53:10)	3:55 (1:57:05)	3:20 (2:00:25)	0:56 (2:01:21)	3:16 (2:04:37)
	6:53 (2:11:30)	11:45 (2:23:15)	1:51 (2:25:06)	5:11 (2:30:17)	5:57 (2:36:14)	2:18 (2:38:32)
	5:27 (2:43:59)	0:56 (2:44:55)	2:56 (2:47:51)	0:11 (2:48:02)		
20.	Rasmus Skovhede Hviid	Lyngby OK	2:59:21	+74:07		
	3:52 (3:52)	14:31 (18:23)	5:27 (23:50)	2:34 (26:24)	3:21 (29:45)	2:01 (31:46)
	5:10 (36:56)	2:15 (39:11)	4:39 (43:50)	5:22 (49:12)	2:08 (51:20)	7:37 (58:57)
	3:09 (1:02:06)	1:28 (1:03:34)	6:33 (1:10:07)	1:29 (1:11:36)	6:29 (1:18:05)	4:37 (1:22:42)
	11:39 (1:34:21)	1:58 (1:36:19)	4:49 (1:41:08)	4:34 (1:45:42)	1:27 (1:47:09)	3:18 (1:50:27)
	5:42 (1:56:09)	4:41 (2:00:50)	3:50 (2:04:40)	2:54 (2:07:34)	0:42 (2:08:16)	4:31 (2:12:47)
	6:55 (2:19:42)	13:44 (2:33:26)	1:48 (2:35:14)	5:50 (2:41:04)	7:27 (2:48:31)	2:07 (2:50:38)
	5:04 (2:55:42)	1:04 (2:56:46)	2:24 (2:59:10)	0:11 (2:59:21)		
21.	Lasse Høgstædt	Lyngby OK	3:16:53	+91:39		
	3:43 (3:43)	23:17 (27:00)	4:44 (31:44)	2:40 (34:24)	3:12 (37:36)	1:43 (39:19)
	4:48 (44:07)	3:51 (47:58)	3:49 (51:47)	6:44 (58:31)	1:48 (1:00:19)	8:04 (1:08:23)
	4:01 (1:12:24)	1:41 (1:14:05)	5:45 (1:19:50)	1:17 (1:21:07)	6:44 (1:27:51)	6:19 (1:34:10)
	10:41 (1:44:51)	2:45 (1:47:36)	3:44 (1:51:20)	1:47 (1:53:07)	1:45 (1:54:52)	3:19 (1:58:11)
	8:31 (2:06:42)	6:47 (2:13:29)	3:21 (2:16:50)	2:04 (2:18:54)	1:15 (2:20:09)	3:39 (2:23:48)
	8:44 (2:32:32)	14:53 (2:47:25)	1:39 (2:49:04)	5:26 (2:54:30)	9:35 (3:04:05)	2:18 (3:06:23)
	5:23 (3:11:46)	1:47 (3:13:33)	3:08 (3:16:41)	0:12 (3:16:53)		
22.	Klas Adolfsson	IF Hallby SOK	3:48:09	+122:55		
	4:22 (4:22)	11:28 (15:50)	3:18 (19:08)	8:46 (27:54)	3:54 (31:48)	2:51 (34:39)
	6:58 (41:37)	1:56 (43:33)	8:57 (52:30)	5:21 (57:51)	6:28 (1:04:19)	5:01 (1:09:20)
	3:55 (1:13:15)	3:40 (1:16:55)	6:47 (1:23:42)	3:17 (1:26:59)	8:16 (1:35:15)	7:17 (1:42:32)
	14:34 (1:57:06)	3:19 (2:00:25)	5:01 (2:05:26)	5:49 (2:11:15)	2:25 (2:13:40)	3:05 (2:16:45)
	8:22 (2:25:07)	5:01 (2:30:08)	6:36 (2:36:44)	4:41 (2:41:25)	0:51 (2:42:16)	4:25 (2:46:41)
	12:41 (2:59:22)	12:50 (3:12:12)	3:10 (3:15:22)	10:04 (3:25:26)	8:51 (3:34:17)	2:58 (3:37:15)
	6:02 (3:43:17)	1:37 (3:44:54)	3:03 (3:47:57)	0:12 (3:48:09)		
	Anders Konring	FIF Hillerød	Fejlklip			
	2:58 (2:58)	5:51 (8:49)	3:34 (12:23)	1:50 (14:13)	2:19 (16:32)	1:19 (17:51)
	3:22 (21:13)	1:51 (23:04)	2:58 (26:02)	3:32 (29:34)	1:11 (30:45)	5:08 (35:53)
	1:27 (37:20)	1:05 (38:25)	4:08 (42:33)	0:57 (43:30)	4:55 (48:25)	3:32 (51:57)
	7:09 (59:06)	2:36 (1:01:42)	2:26 (1:04:08)	0:58 (1:05:06)	1:17 (1:06:23)	2:36 (1:08:59)
	3:42 (1:12:41)	2:41 (1:15:22)	2:32 (1:17:54)	1:28 (1:19:22)	0:36 (1:19:58)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (1:21:39)		
	Carsten Mortensen	PI-København	Fejlklip			
	4:01 (4:01)	11:43 (15:44)	1:47 (17:31)	7:10 (24:41)	3:05 (27:46)	2:28 (30:14)
	6:46 (37:00)	1:54 (38:54)	8:38 (47:32)	5:07 (52:39)	7:49 (1:00:28)	2:46 (1:03:14)
	3:47 (1:07:01)	2:32 (1:09:33)	12:02 (1:21:35)	20:42 (1:42:17)	— (—)	— (1:53:09)
	14:56 (2:08:05)	3:18 (2:11:23)	4:40 (2:16:03)	2:49 (2:18:52)	2:54 (2:21:46)	4:10 (2:25:56)
	6:57 (2:32:53)	4:10 (2:37:03)	3:55 (2:40:58)	2:36 (2:43:34)	0:48 (2:44:22)	4:19 (2:48:41)
	9:45 (2:58:26)	14:23 (3:12:49)	2:25 (3:15:14)	7:11 (3:22:25)	8:09 (3:30:34)	2:39 (3:33:13)
	8:27 (3:41:40)	1:54 (3:43:34)	3:30 (3:47:04)	0:15 (3:47:19)		

Jørgen Mathias Nipen	Bækkelaget SK	Fejlklip		
3:14 (3:14)	6:04 (9:18)	5:00 (15:38)	1:49 (17:27)	1:15 (18:42)
4:03 (22:45)	1:02 (23:47)	3:04 (31:40)	4:04 (35:44)	1:58 (37:42)
2:31 (40:13)	1:15 (41:28)	1:40 (47:25)	3:04 (50:29)	3:46 (54:15)
7:44 (1:01:59)	1:23 (1:03:22)	2:28 (1:05:50)	– (–)	– (1:11:13)
4:00 (1:15:13)	2:48 (1:18:01)	1:32 (1:22:09)	0:38 (1:22:47)	2:12 (1:24:59)
6:17 (1:31:16)	8:53 (1:40:09)	4:32 (1:46:16)	4:23 (1:50:39)	1:23 (1:52:02)
3:50 (1:55:52)	0:45 (1:56:37)	0:12 (1:58:21)		
Karl Fremstad	IL tyrving	Udgået		
2:56 (2:56)	6:07 (9:03)	1:50 (14:22)	2:26 (16:48)	2:55 (19:43)
3:28 (23:11)	1:25 (24:36)	3:32 (31:04)	1:13 (32:17)	– (–)
– (–)	– (–)	1:04 (45:19)	4:48 (50:07)	3:34 (53:41)
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
Anton Marmelid	Helsingborgs SOK	Ej startet		
Christian Vindegaard Grønberg	OK Roskilde	Ej startet		
Erik Schultz	Lunds OK	Ej startet		
Fredrik Nilsson	OK Pan-Kristianstad	Ej startet		
John Oskarsson	Helsingborgs SOK	Ej startet		
Linus Olsson	OK Gipen	Ej startet		

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	(10 / 10)		Tid	Efter	
1. Patrik Johansson	Helsingborgs SOK	1:47:59			
3:22 (3:22)	5:43 (9:05)	3:31 (12:36)	2:42 (15:18)	2:24 (17:42)	4:31 (22:13)
1:41 (23:54)	4:52 (28:46)	6:56 (35:42)	2:43 (38:25)	4:45 (43:10)	1:16 (44:26)
3:28 (47:54)	1:51 (49:45)	1:34 (51:19)	6:33 (57:52)	2:22 (1:00:14)	3:02 (1:03:16)
1:17 (1:04:33)	1:30 (1:06:03)	3:03 (1:09:06)	4:36 (1:13:42)	2:20 (1:16:02)	1:57 (1:17:59)
1:36 (1:19:35)	0:42 (1:20:17)	5:38 (1:25:55)	2:01 (1:27:56)	5:49 (1:33:45)	1:46 (1:35:31)
3:56 (1:39:27)	1:46 (1:41:13)	4:10 (1:45:23)	0:41 (1:46:04)	1:44 (1:47:48)	0:11 (1:47:59)
2. Steen Piil	Søllerød OK	1:52:55	+4:56		
3:28 (3:28)	5:50 (9:18)	6:59 (16:17)	2:45 (19:02)	5:14 (24:16)	1:14 (25:30)
3:34 (29:04)	1:52 (30:56)	1:40 (32:36)	3:10 (35:46)	2:48 (38:34)	2:27 (41:01)
4:48 (45:49)	1:31 (47:20)	5:30 (52:50)	6:32 (59:22)	1:31 (1:00:53)	3:03 (1:03:56)
2:50 (1:06:46)	1:11 (1:07:57)	3:05 (1:11:02)	4:45 (1:15:47)	3:23 (1:19:10)	2:12 (1:21:22)
2:39 (1:24:01)	0:44 (1:24:45)	5:48 (1:30:33)	2:09 (1:32:42)	5:59 (1:38:41)	1:53 (1:40:34)
3:40 (1:44:14)	1:32 (1:45:46)	4:14 (1:50:00)	0:47 (1:50:47)	1:55 (1:52:42)	0:13 (1:52:55)
3. Johan Persson	OK Skogsfalken	1:55:16	+7:17		
3:37 (3:37)	5:39 (9:16)	3:17 (12:33)	2:53 (15:26)	2:25 (17:51)	4:47 (22:38)
1:31 (24:09)	4:47 (28:56)	6:55 (35:51)	2:39 (38:30)	4:52 (43:22)	1:08 (44:30)
3:35 (48:05)	1:47 (49:52)	1:40 (51:32)	6:55 (58:27)	2:10 (1:00:37)	2:53 (1:03:30)
1:10 (1:04:40)	1:30 (1:06:10)	3:11 (1:09:21)	4:11 (1:13:32)	2:31 (1:16:03)	2:06 (1:18:09)
1:38 (1:19:47)	0:45 (1:20:32)	5:53 (1:26:25)	4:09 (1:30:34)	6:49 (1:37:23)	3:10 (1:40:33)
4:26 (1:44:59)	1:44 (1:46:43)	5:00 (1:51:43)	0:53 (1:52:36)	2:27 (1:55:03)	0:13 (1:55:16)
4. Emil Andreasson	OK Skogshjortarna	1:56:55	+8:56		
3:24 (3:24)	5:34 (8:58)	6:38 (15:36)	2:33 (18:09)	5:06 (23:15)	3:07 (26:22)
3:52 (30:14)	2:13 (32:27)	1:48 (34:15)	3:48 (38:03)	2:58 (41:01)	2:17 (43:18)
4:51 (48:09)	1:30 (49:39)	5:30 (55:09)	7:39 (1:02:48)	2:29 (1:05:17)	3:07 (1:08:24)
1:16 (1:09:40)	1:35 (1:11:15)	3:06 (1:14:21)	4:36 (1:18:57)	2:39 (1:21:36)	2:13 (1:23:49)
1:43 (1:25:32)	0:47 (1:26:19)	5:20 (1:31:39)	2:20 (1:33:59)	6:15 (1:40:14)	2:21 (1:42:35)
4:27 (1:47:02)	1:35 (1:48:37)	5:10 (1:53:47)	0:48 (1:54:35)	2:09 (1:56:44)	0:11 (1:56:55)
5. Anders Vejgaard	Ballerup OK	2:02:08	+14:09		
3:54 (3:54)	6:15 (10:09)	7:20 (17:29)	3:13 (20:42)	5:07 (25:49)	1:17 (27:06)
3:42 (30:48)	2:07 (32:55)	1:51 (34:46)	3:36 (38:22)	3:13 (41:35)	2:21 (43:56)
5:04 (49:00)	1:37 (50:37)	5:56 (56:33)	7:29 (1:04:02)	1:41 (1:05:43)	3:16 (1:08:59)
3:22 (1:12:21)	1:37 (1:13:58)	2:33 (1:16:31)	5:37 (1:22:08)	2:48 (1:24:56)	2:22 (1:27:18)
2:19 (1:29:37)	0:43 (1:30:20)	6:02 (1:36:22)	2:57 (1:39:19)	6:51 (1:46:10)	2:11 (1:48:21)
4:12 (1:52:33)	1:41 (1:54:14)	4:36 (1:58:50)	0:53 (1:59:43)	2:13 (2:01:56)	0:12 (2:02:08)
6. Christian Johansson	Helsingborgs SOK	2:03:01	+15:02		
3:44 (3:44)	6:13 (9:57)	7:35 (17:32)	3:26 (20:58)	5:02 (26:00)	1:15 (27:15)
3:46 (31:01)	1:59 (33:00)	1:54 (34:54)	3:34 (38:28)	2:57 (41:25)	2:22 (43:47)
5:28 (49:15)	1:40 (50:55)	5:50 (56:45)	7:20 (1:04:05)	3:09 (1:07:14)	3:30 (1:10:44)
1:20 (1:12:04)	1:46 (1:13:50)	3:32 (1:17:22)	4:52 (1:22:14)	2:47 (1:25:01)	2:21 (1:27:22)
1:54 (1:29:16)	0:49 (1:30:05)	6:11 (1:36:16)	3:19 (1:39:35)	6:47 (1:46:22)	2:01 (1:48:23)
4:25 (1:52:48)	1:45 (1:54:33)	4:50 (1:59:23)	1:01 (2:00:24)	2:22 (2:02:46)	0:15 (2:03:01)
7. Oskar Lindfors	OK Norrvirdarna	2:20:16	+32:17		
3:57 (3:57)	6:58 (10:55)	9:46 (20:41)	4:56 (25:37)	6:25 (32:02)	1:49 (33:51)
4:07 (37:58)	2:14 (40:12)	2:18 (42:30)	4:24 (46:54)	3:09 (50:03)	3:19 (53:22)
6:26 (59:48)	1:47 (1:01:35)	6:23 (1:07:58)	9:08 (1:17:06)	2:03 (1:19:09)	3:40 (1:22:49)
3:52 (1:26:41)	1:25 (1:28:06)	2:40 (1:30:46)	5:38 (1:36:24)	3:14 (1:39:38)	2:26 (1:42:04)
1:59 (1:44:03)	0:45 (1:44:48)	8:16 (1:53:04)	2:25 (1:55:29)	7:16 (2:02:45)	2:13 (2:04:58)
4:40 (2:09:38)	1:54 (2:11:32)	5:08 (2:16:40)	0:57 (2:17:37)	2:26 (2:20:03)	0:13 (2:20:16)
8. Kenneth Thomsen	OK Sorø	2:21:06	+33:07		
4:01 (4:01)	6:36 (10:37)	3:40 (14:17)	3:50 (18:07)	2:50 (20:57)	6:35 (27:32)
1:47 (29:19)	6:59 (36:18)	9:12 (45:30)	5:04 (50:34)	6:08 (56:42)	1:56 (58:38)
4:18 (1:02:56)	2:54 (1:05:50)	2:56 (1:08:46)	8:23 (1:17:09)	1:46 (1:18:55)	3:23 (1:22:18)
4:28 (1:26:46)	1:28 (1:28:14)	2:39 (1:30:53)	6:09 (1:37:02)	2:40 (1:39:42)	2:28 (1:42:10)
1:54 (1:44:04)	0:42 (1:44:46)	8:55 (1:53:41)	2:21 (1:56:02)	7:01 (2:03:03)	2:07 (2:05:10)
4:52 (2:10:02)	1:52 (2:11:54)	5:50 (2:17:44)	0:50 (2:18:34)	2:20 (2:20:54)	0:12 (2:21:06)
9. Mantas Zalaga	Skåneslättnens OL	2:30:41	+42:42		
4:06 (4:06)	6:24 (10:30)	3:35 (14:05)	3:03 (17:08)	2:30 (19:38)	5:16 (24:54)
1:33 (26:27)	6:19 (32:46)	8:40 (41:26)	2:59 (44:25)	5:55 (50:20)	1:31 (51:51)
4:06 (55:57)	2:08 (58:05)	3:18 (1:01:23)	7:21 (1:08:44)	16:07 (1:24:51)	3:17 (1:28:08)
1:23 (1:29:31)	1:44 (1:31:15)	3:43 (1:34:58)	4:49 (1:39:47)	3:04 (1:42:51)	2:42 (1:45:33)
2:06 (1:47:39)	0:43 (1:48:22)	9:28 (1:57:50)	2:43 (2:00:33)	7:58 (2:08:31)	2:23 (2:10:54)
5:51 (2:16:45)	2:39 (2:19:24)	6:36 (2:26:00)	1:12 (2:27:12)	3:15 (2:30:27)	0:14 (2:30:41)
Jonas Norén	Helsingborgs SOK	Fejlkli			
3:49 (3:49)	6:35 (10:24)	3:38 (14:02)	3:26 (17:28)	4:04 (21:32)	6:09 (27:41)
1:47 (29:28)	7:28 (36:56)	9:50 (46:46)	5:45 (52:31)	7:43 (1:00:14)	1:59 (1:02:13)
5:15 (1:07:28)	5:32 (1:13:00)	2:18 (1:15:18)	9:43 (1:25:01)	2:15 (1:27:16)	4:09 (1:31:25)
4:17 (1:35:42)	1:33 (1:37:15)	– (–)	– (1:48:49)	3:54 (1:52:43)	2:45 (1:55:28)
2:30 (1:57:58)	1:33 (1:59:31)	8:47 (2:08:18)	3:10 (2:11:28)	9:46 (2:21:14)	7:17 (2:28:31)
6:30 (2:35:01)	2:45 (2:37:46)	6:23 (2:44:09)	1:04 (2:45:13)	2:46 (2:47:59)	0:13 (2:48:12)

H45-	(25 / 25)	Tid	Efter
1. Jan Lager	Halmstad ok	1:45:38	
3:21 (3:21)	5:42 (9:03)	2:32 (18:03)	4:22 (22:25)
3:10 (27:01)	1:45 (28:46)	3:19 (33:39)	2:37 (36:16)
4:32 (42:57)	1:23 (44:20)	6:24 (55:40)	1:33 (57:13)
3:11 (1:03:22)	1:09 (1:04:31)	4:16 (1:11:15)	2:24 (1:13:39)
1:56 (1:17:47)	0:52 (1:18:39)	1:50 (1:26:16)	6:00 (1:32:16)
3:34 (1:37:22)	1:24 (1:38:46)	0:52 (1:43:35)	1:52 (1:45:27)
2. Jesper David Jensen	Tisvilde Hegn OK	1:46:16	+0:38
3:18 (3:18)	5:43 (9:01)	2:30 (17:59)	4:24 (22:23)
3:16 (26:59)	1:44 (28:43)	3:25 (33:41)	2:34 (36:15)
4:32 (42:55)	1:23 (44:18)	6:21 (55:36)	1:33 (57:09)
3:11 (1:03:20)	1:09 (1:04:29)	4:14 (1:11:09)	2:43 (1:13:52)
1:56 (1:17:54)	0:34 (1:18:28)	1:50 (1:26:21)	6:01 (1:32:22)
3:35 (1:37:30)	1:32 (1:39:02)	0:48 (1:44:05)	1:59 (1:46:04)
3. Henrik Berlin	OK Orion	1:47:46	+2:08
3:30 (3:30)	5:52 (9:22)	2:53 (15:21)	2:18 (17:39)
1:42 (23:52)	4:55 (28:47)	2:41 (38:17)	4:55 (43:12)
3:27 (47:55)	1:45 (49:40)	6:53 (58:07)	1:24 (59:31)
2:54 (1:05:29)	1:10 (1:06:39)	4:13 (1:13:28)	2:19 (1:15:47)
1:35 (1:19:23)	0:52 (1:20:15)	1:57 (1:27:58)	5:49 (1:33:47)
3:53 (1:39:22)	1:47 (1:41:09)	0:43 (1:45:56)	1:39 (1:47:35)
4. Michael Lönn	Hjämarps GHOL	1:48:14	+2:36
3:38 (3:38)	5:51 (9:29)	2:40 (15:22)	2:18 (17:40)
1:26 (23:42)	4:55 (28:37)	2:42 (38:23)	4:43 (43:06)
3:31 (47:47)	2:10 (49:57)	6:43 (58:14)	2:19 (1:00:33)
1:13 (1:04:36)	1:31 (1:06:07)	4:22 (1:13:34)	2:23 (1:15:57)
1:35 (1:19:32)	0:42 (1:20:14)	1:54 (1:27:47)	6:01 (1:33:48)
3:51 (1:39:24)	1:47 (1:41:11)	0:44 (1:46:10)	1:52 (1:48:02)
5. Torben Nørgaard	Allerød OK	1:55:25	+9:47
3:16 (3:16)	5:48 (9:04)	2:29 (18:02)	4:25 (22:27)
3:20 (27:02)	1:42 (28:44)	3:24 (33:43)	2:34 (36:17)
4:33 (42:59)	1:22 (44:21)	6:18 (55:37)	2:10 (57:47)
2:51 (1:03:47)	1:32 (1:05:19)	5:21 (1:13:47)	2:26 (1:16:13)
1:47 (1:20:05)	0:38 (1:20:43)	3:55 (1:30:27)	7:17 (1:37:44)
4:30 (1:44:21)	1:46 (1:46:07)	1:00 (1:52:52)	2:19 (1:55:11)
6. Jens Arvidsson	IF Rigor	2:01:05	+15:27
3:46 (3:46)	6:00 (9:46)	2:46 (15:31)	2:17 (17:48)
1:31 (24:07)	4:48 (28:55)	2:59 (39:39)	5:36 (45:15)
4:24 (50:58)	2:14 (53:12)	8:07 (1:03:50)	1:37 (1:05:27)
3:59 (1:12:39)	1:32 (1:14:11)	5:00 (1:22:16)	2:39 (1:24:55)
1:50 (1:28:57)	0:46 (1:29:43)	3:28 (1:39:23)	6:28 (1:45:51)
4:20 (1:52:16)	1:25 (1:53:41)	0:55 (1:58:54)	1:59 (2:00:53)
7. Anders Selin	FK Göingarna	2:02:58	+17:20
3:55 (3:55)	6:31 (10:26)	2:56 (20:47)	5:08 (25:55)
3:50 (31:00)	1:58 (32:58)	3:24 (38:18)	2:56 (41:14)
5:03 (48:43)	1:36 (50:19)	8:12 (1:04:39)	2:40 (1:07:19)
1:25 (1:12:06)	1:37 (1:13:43)	4:58 (1:22:10)	2:49 (1:24:59)
1:54 (1:29:18)	0:51 (1:30:09)	3:03 (1:39:31)	6:48 (1:46:19)
– (–)	– (–)	– (–)	– (–)
8. Jens Kovsted	Tisvilde Hegn OK	2:10:20	+24:42
4:07 (4:07)	6:26 (10:33)	3:02 (17:03)	2:37 (19:40)
1:43 (26:26)	6:17 (32:43)	2:50 (44:38)	5:39 (50:17)
4:08 (55:53)	2:19 (58:12)	8:30 (1:09:50)	1:48 (1:11:38)
3:47 (1:18:46)	1:24 (1:20:10)	5:11 (1:28:09)	2:48 (1:30:57)
2:02 (1:35:24)	0:41 (1:36:05)	2:16 (1:45:17)	7:20 (1:52:37)
4:57 (1:59:40)	2:15 (2:01:55)	0:53 (2:08:04)	2:05 (2:10:09)
9. Ulrik Magnusson	No Klub	2:10:51	+25:13
4:02 (4:02)	6:32 (10:34)	3:04 (21:49)	5:20 (27:09)
4:02 (32:44)	2:18 (35:02)	4:13 (41:05)	3:11 (44:16)
6:18 (53:09)	1:47 (54:56)	8:10 (1:09:47)	2:55 (1:12:42)
1:26 (1:17:16)	1:46 (1:19:02)	5:32 (1:27:58)	2:43 (1:30:41)
2:06 (1:35:19)	0:58 (1:36:17)	2:19 (1:45:12)	7:18 (1:52:30)
4:58 (1:59:36)	2:15 (2:01:51)	1:02 (2:08:04)	2:34 (2:10:38)
10. Emil Erdelius	IF Rigor	2:17:35	+31:57
4:03 (4:03)	7:03 (11:06)	3:10 (22:54)	5:55 (28:49)
4:05 (34:30)	2:12 (36:42)	3:52 (42:36)	3:22 (45:58)
5:34 (55:05)	1:51 (56:56)	8:24 (1:12:03)	2:45 (1:14:48)
1:23 (1:20:08)	1:58 (1:22:06)	5:27 (1:31:53)	3:01 (1:34:54)
2:00 (1:39:40)	0:40 (1:40:20)	2:33 (1:51:41)	7:42 (1:59:23)
4:58 (2:06:32)	2:07 (2:08:39)	1:04 (2:14:54)	2:32 (2:17:26)
11. Christian Olsen	Amager OK	2:17:37	+31:59
4:06 (4:06)	6:30 (10:36)	3:02 (17:06)	2:36 (19:42)
1:40 (26:38)	6:11 (32:49)	3:00 (44:24)	6:05 (50:29)
4:07 (56:04)	2:15 (58:19)	8:40 (1:10:05)	3:50 (1:13:55)
3:58 (1:21:31)	2:03 (1:23:34)	5:19 (1:31:38)	3:14 (1:34:52)
2:03 (1:39:41)	0:43 (1:40:24)	2:37 (1:51:54)	7:36 (1:59:30)
4:58 (2:06:42)	2:08 (2:08:50)	1:00 (2:14:56)	2:29 (2:17:25)
12. Viktor Skobe	Kalmar OK	2:20:22	+34:44
4:04 (4:04)	6:24 (10:28)	3:17 (17:15)	2:33 (19:48)
1:39 (26:29)	5:58 (32:27)	3:10 (44:18)	6:00 (50:18)
4:18 (55:59)	2:11 (58:10)	12:26 (1:13:18)	2:57 (1:16:15)
1:27 (1:21:08)	1:49 (1:22:57)	5:19 (1:31:36)	3:26 (1:35:02)
1:58 (1:39:33)	0:43 (1:40:16)	2:46 (1:51:52)	7:51 (1:59:43)
5:21 (2:07:17)	2:40 (2:09:57)	1:10 (2:16:59)	3:08 (2:20:07)
13. Jens Andertoft	Västerås SOK	2:30:25	+44:47
3:48 (3:48)	6:18 (10:06)	3:05 (16:57)	2:34 (19:31)
1:38 (26:42)	6:06 (32:48)	3:09 (44:31)	5:32 (50:03)
4:11 (55:41)	2:22 (58:03)	7:27 (1:08:40)	15:12 (1:23:52)
1:24 (1:28:25)	1:38 (1:30:03)	5:16 (1:39:20)	3:20 (1:42:40)
2:14 (1:47:36)	0:42 (1:48:18)	2:54 (2:00:27)	8:01 (2:08:28)
5:41 (2:16:49)	2:45 (2:19:34)	1:15 (2:27:31)	2:40 (2:30:11)

14. Henrik Seidelin Dam	Ballerup OK	2:31:59	+46:21
4:06 (4:06)	6:34 (10:40)	8:35 (19:15)	3:45 (23:00)
4:32 (35:09)	2:52 (38:01)	4:00 (42:01)	5:54 (28:54)
6:38 (59:44)	1:57 (1:01:41)	10:41 (1:12:22)	3:12 (50:08)
3:41 (1:30:01)	1:34 (1:31:35)	3:15 (1:34:50)	9:07 (1:21:29)
2:02 (1:47:44)	0:43 (1:48:27)	7:37 (1:56:04)	3:19 (1:42:58)
5:57 (2:17:04)	2:39 (2:19:43)	7:42 (2:27:25)	3:10 (1:59:14)
			1:20 (2:28:45)
			5:54 (28:54)
			3:12 (50:08)
			1:35 (1:23:04)
			3:19 (1:42:58)
			9:00 (2:08:14)
			3:01 (2:31:46)
			0:13 (2:31:59)
15. Jonas Højjer	Sävedalens AIK	2:40:41	+55:03
4:13 (4:13)	7:41 (11:54)	4:41 (16:35)	3:49 (20:24)
1:55 (32:00)	7:21 (39:21)	10:31 (49:52)	4:16 (54:08)
12:55 (1:15:11)	2:43 (1:17:54)	2:28 (1:20:22)	8:40 (1:29:02)
1:31 (1:37:09)	1:49 (1:38:58)	4:06 (1:43:04)	5:37 (1:48:41)
2:10 (1:57:49)	1:04 (1:58:53)	8:41 (2:07:34)	2:47 (2:10:21)
6:46 (2:28:20)	2:13 (2:30:33)	5:55 (2:36:28)	1:11 (2:37:39)
			2:52 (2:40:31)
			6:18 (30:05)
			1:39 (1:02:16)
			3:41 (1:35:38)
			2:47 (1:55:39)
			2:19 (2:21:34)
			0:10 (2:40:41)
16. Mattias Kovacic	Frosta OK	2:55:25	+69:47
6:47 (6:47)	10:44 (17:31)	9:28 (26:59)	5:03 (32:02)
4:49 (45:28)	3:18 (48:46)	2:31 (51:17)	7:06 (58:23)
6:34 (1:12:29)	1:48 (1:14:17)	8:50 (1:23:07)	12:46 (1:35:53)
4:09 (1:47:32)	1:37 (1:49:09)	2:51 (1:52:00)	6:07 (1:58:07)
2:53 (2:07:24)	1:16 (2:08:40)	10:32 (2:19:12)	5:18 (2:24:30)
6:52 (2:42:24)	3:01 (2:45:25)	5:58 (2:51:23)	1:02 (2:52:25)
			7:14 (39:16)
			4:13 (1:02:36)
			2:24 (1:38:17)
			3:38 (2:04:45)
			8:28 (2:32:58)
			2:47 (2:55:12)
			1:23 (40:39)
			3:19 (1:05:55)
			5:06 (1:43:23)
			2:46 (2:04:31)
			2:34 (2:35:32)
			0:13 (2:55:25)
17. Robert Sundström	FK Friskus Varberg	2:56:15	+70:37
4:58 (4:58)	9:44 (14:42)	4:29 (19:11)	4:31 (23:42)
1:45 (36:13)	7:27 (43:40)	10:34 (54:14)	4:13 (58:27)
4:50 (1:10:59)	8:55 (1:19:54)	2:21 (1:22:15)	9:42 (1:31:57)
1:36 (1:41:57)	2:20 (1:44:17)	3:43 (1:48:00)	10:28 (1:58:28)
3:03 (2:09:10)	0:51 (2:10:01)	10:08 (2:20:09)	4:02 (2:24:11)
6:53 (2:43:10)	2:21 (2:45:31)	6:27 (2:51:58)	1:01 (2:52:59)
			3:10 (26:52)
			6:01 (1:04:28)
			3:50 (1:35:47)
			4:52 (2:03:20)
			8:36 (2:32:47)
			3:05 (2:56:04)
			7:36 (34:28)
			1:41 (1:06:09)
			4:34 (1:40:21)
			2:47 (2:06:07)
			3:30 (2:36:17)
			0:11 (2:56:15)
18. Thomas Esmark	Svendborg OK	3:46:10	+120:32
4:21 (4:21)	6:52 (11:13)	8:59 (20:12)	6:39 (26:51)
5:15 (45:59)	17:10 (1:03:09)	3:38 (1:06:47)	9:28 (1:16:15)
17:11 (1:40:44)	2:40 (1:43:24)	11:21 (1:54:45)	11:58 (2:06:43)
6:24 (2:27:13)	2:13 (2:29:26)	3:44 (2:33:10)	10:26 (2:43:36)
4:07 (2:55:30)	0:37 (2:56:07)	10:58 (3:07:05)	3:44 (3:10:49)
7:25 (3:32:58)	2:44 (3:35:42)	6:19 (3:42:01)	1:14 (3:43:15)
			11:44 (38:35)
			4:39 (1:20:54)
			8:01 (2:14:44)
			3:48 (2:47:24)
			10:49 (3:21:38)
			2:44 (3:45:59)
			2:09 (40:44)
			2:39 (1:23:33)
			6:05 (2:20:49)
			3:59 (2:51:23)
			3:55 (3:25:33)
			0:11 (3:46:10)
Anders Liebl	OK73	Fejlkli	
4:29 (4:29)	6:29 (10:58)	3:39 (14:37)	18:20 (32:57)
2:07 (53:23)	6:52 (1:00:15)	13:06 (1:13:21)	5:44 (1:19:05)
16:27 (1:48:12)	3:10 (1:51:22)	13:33 (2:04:55)	19:20 (2:24:15)
4:48 (2:47:09)	5:23 (2:52:32)	3:05 (2:55:37)	— (—)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
			— (3:09:38)
			15:18 (51:16)
			1:50 (1:31:45)
			6:15 (2:42:21)
			— (—)
			— (—)
			0:14 (3:09:52)
Fredrik Nystedt	No Klub	Fejlkli	
7:48 (7:48)	6:44 (14:32)	7:19 (21:51)	2:56 (24:47)
5:10 (38:40)	2:41 (41:21)	4:17 (45:38)	5:26 (51:04)
6:40 (1:08:16)	— (—)	— (1:20:08)	8:29 (1:28:37)
1:22 (1:36:52)	1:40 (1:38:32)	3:44 (1:42:16)	7:43 (1:49:59)
2:08 (1:57:53)	1:10 (1:59:03)	7:01 (2:06:04)	2:48 (2:08:52)
5:15 (2:26:59)	1:48 (2:28:47)	5:34 (2:34:21)	0:50 (2:35:11)
			7:02 (31:49)
			6:03 (57:07)
			2:38 (1:31:15)
			3:21 (1:53:20)
			7:11 (2:16:03)
			2:26 (2:37:37)
			1:41 (33:30)
			4:29 (1:01:36)
			4:15 (1:35:30)
			2:25 (1:55:45)
			5:41 (2:21:44)
			0:11 (2:37:48)
Lars Erik Gjein	Fossum IF	Fejlkli	
4:25 (4:25)	6:35 (11:00)	3:13 (14:13)	3:00 (17:13)
1:44 (26:39)	6:10 (32:49)	7:59 (40:48)	3:27 (44:15)
4:22 (56:14)	2:13 (58:27)	2:46 (1:01:13)	8:47 (1:10:00)
4:00 (1:19:18)	1:19 (1:20:37)	2:47 (1:23:24)	4:58 (1:28:22)
2:11 (1:35:36)	— (—)	— (1:42:56)	2:18 (1:45:14)
5:01 (1:59:56)	2:05 (2:02:01)	5:28 (2:07:29)	1:10 (2:08:39)
			2:32 (19:45)
			6:09 (50:24)
			1:48 (1:11:48)
			2:38 (1:31:00)
			7:31 (1:52:45)
			2:45 (2:11:24)
			5:10 (24:55)
			1:28 (51:52)
			3:30 (1:15:18)
			2:25 (1:33:25)
			2:10 (1:54:55)
			0:15 (2:11:39)
Nils Helmersson	No Klub	Fejlkli	
4:38 (4:38)	7:51 (12:29)	9:18 (21:47)	5:41 (27:28)
5:19 (40:49)	2:32 (43:21)	2:42 (46:03)	4:59 (51:02)
10:40 (1:08:19)	4:23 (1:12:42)	7:03 (1:19:45)	9:51 (1:29:36)
— (—)	— (—)	— (—)	— (1:38:24)
2:40 (1:47:49)	1:25 (1:49:14)	8:59 (1:58:13)	2:38 (2:00:51)
5:37 (2:16:42)	2:59 (2:19:41)	6:28 (2:26:09)	1:05 (2:27:14)
			6:35 (34:03)
			3:44 (54:46)
			— (—)
			3:17 (1:41:41)
			7:34 (2:08:25)
			3:19 (2:30:33)
			1:27 (35:30)
			2:53 (57:39)
			— (1:32:53)
			3:28 (1:45:09)
			2:40 (2:11:05)
			0:14 (2:30:47)
Johan Granfors	IF Rigor	Udgået	
4:05 (4:05)	7:01 (11:06)	3:11 (37:04)	8:36 (45:40)
6:19 (53:41)	2:49 (56:30)	4:24 (1:02:57)	3:00 (1:05:57)
11:07 (1:19:55)	1:32 (1:21:27)	15:40 (1:37:07)	— (—)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
Allan Søgaard	OK Roskilde	Ej startet	
Mikkel Buchgreitz	Søllerød OK	Ej startet	

H50-	(30 / 30)	Tid	Efter
1. Hans Lundgren	IK Hakarpspojkarna	1:45:34	
3:52 (3:52)	6:13 (10:05)	2:25 (12:30)	7:00 (19:30)
4:43 (27:21)	1:09 (28:30)	4:02 (32:32)	2:08 (34:40)
5:06 (47:15)	1:33 (48:48)	3:18 (52:06)	1:24 (53:30)
1:37 (1:03:36)	1:45 (1:05:21)	2:46 (1:08:07)	1:16 (1:09:23)
3:33 (1:19:25)	1:56 (1:21:21)	0:45 (1:22:06)	6:06 (1:28:12)
2:52 (1:38:05)	1:35 (1:39:40)	4:05 (1:43:45)	1:40 (1:45:25)
			0:09 (1:45:34)
2. Jens Knud Maarup	Allerød OK	1:45:47	+0:13
3:47 (3:47)	5:54 (9:41)	4:30 (14:11)	2:55 (17:06)
3:03 (26:51)	1:27 (28:18)	1:38 (29:56)	7:26 (37:22)
4:56 (45:46)	1:19 (47:05)	3:39 (50:44)	2:00 (52:44)
1:36 (1:03:06)	1:42 (1:04:48)	2:57 (1:07:45)	1:24 (1:09:09)
3:50 (1:19:41)	1:45 (1:21:26)	0:42 (1:22:08)	5:53 (1:28:01)
2:39 (1:38:02)	1:35 (1:39:37)	4:06 (1:43:43)	1:52 (1:45:35)
			0:12 (1:45:47)
3. Erik Helander	OK Roxen	1:46:41	+1:07
3:51 (3:51)	6:00 (9:51)	3:03 (12:54)	7:06 (20:00)
4:56 (28:33)	1:22 (29:55)	3:32 (33:27)	2:03 (35:30)
4:41 (47:39)	1:34 (49:13)	3:08 (52:21)	1:21 (53:42)
3:32 (1:05:41)	2:38 (1:08:19)	1:11 (1:09:30)	1:43 (1:11:13)
3:57 (1:21:01)	2:12 (1:23:13)	0:46 (1:23:59)	6:05 (1:30:04)
2:40 (1:39:16)	1:31 (1:40:47)	4:00 (1:44:47)	1:45 (1:46:32)
			0:09 (1:46:41)
4. Magnus Larsson	FK Göingarna	1:46:50	+1:16
3:48 (3:48)	5:57 (9:45)	4:28 (14:13)	2:56 (17:09)
3:06 (26:57)	1:26 (28:23)	1:38 (30:01)	7:30 (37:31)
4:58 (45:49)	1:20 (47:09)	3:37 (50:46)	1:59 (52:45)
2:37 (1:04:10)	2:44 (1:06:54)	1:20 (1:08:14)	1:35 (1:09:49)
3:45 (1:19:35)	1:50 (1:21:25)	0:52 (1:22:17)	6:02 (1:28:19)
2:56 (1:38:21)	1:43 (1:40:04)	4:23 (1:44:27)	2:10 (1:46:37)
			0:13 (1:46:50)
5. Håkan Johansson	IKHP	1:54:35	+9:01
4:03 (4:03)	6:14 (10:17)	1:48 (12:05)	7:41 (19:46)
5:15 (28:48)	1:20 (30:08)	3:40 (33:48)	2:13 (36:01)
5:07 (49:11)	1:36 (50:47)	3:45 (54:32)	1:39 (56:11)
2:54 (1:08:25)	2:45 (1:11:10)	1:28 (1:12:38)	1:46 (1:14:24)
4:21 (1:25:03)	2:12 (1:27:15)	0:50 (1:28:05)	6:19 (1:34:24)
3:17 (1:45:34)	2:00 (1:47:34)	4:29 (1:52:03)	2:21 (1:54:24)
			0:11 (1:54:35)
6. Jörgen Axelsson	Tullinge SK	1:59:55	+14:21
3:53 (3:53)	6:18 (10:11)	2:24 (12:35)	7:54 (20:29)
6:32 (30:42)	1:40 (32:22)	3:58 (36:20)	2:23 (38:43)
5:57 (53:46)	1:41 (55:27)	4:10 (59:37)	1:35 (1:01:12)
1:59 (1:12:55)	1:52 (1:14:47)	2:52 (1:17:39)	1:39 (1:19:18)
4:04 (1:32:32)	2:04 (1:34:36)	0:43 (1:35:19)	5:38 (1:40:57)
3:12 (1:51:35)	1:56 (1:53:31)	4:07 (1:57:38)	2:05 (1:59:43)
			0:12 (1:59:55)
7. Claus Cederberg	Ballerup OK	2:00:22	+14:48
3:58 (3:58)	6:23 (10:21)	4:55 (15:16)	3:28 (18:44)
3:28 (30:36)	1:39 (32:15)	1:56 (34:11)	8:20 (42:31)
5:33 (52:04)	1:58 (54:02)	4:02 (58:04)	2:31 (1:00:35)
3:57 (1:14:51)	2:59 (1:17:50)	1:19 (1:19:09)	1:42 (1:20:51)
4:10 (1:31:30)	1:57 (1:33:27)	1:05 (1:34:32)	6:09 (1:40:41)
3:12 (1:51:48)	1:50 (1:53:38)	4:29 (1:58:07)	2:04 (2:00:11)
			0:11 (2:00:22)
8. Kåre Sørensen	OK Sorø	2:00:27	+14:53
4:22 (4:22)	6:02 (10:24)	2:13 (12:37)	7:10 (19:47)
5:12 (28:57)	1:19 (30:16)	3:53 (34:09)	2:19 (36:28)
5:21 (50:06)	1:47 (51:53)	3:33 (55:26)	1:43 (57:09)
1:47 (1:08:06)	2:43 (1:10:49)	2:56 (1:13:45)	1:26 (1:15:11)
6:21 (1:28:39)	2:32 (1:31:11)	0:44 (1:31:55)	5:56 (1:37:51)
3:18 (1:51:39)	1:48 (1:53:27)	4:48 (1:58:15)	2:01 (2:00:16)
			0:11 (2:00:27)
9. Mogens Hagedorn	Søllerød OK	2:00:37	+15:03
3:55 (3:55)	6:26 (10:21)	2:18 (12:39)	7:11 (19:50)
5:09 (28:51)	1:20 (30:11)	3:31 (33:42)	2:01 (35:43)
4:48 (47:58)	2:47 (50:45)	3:31 (54:16)	2:30 (56:46)
4:42 (1:11:03)	2:44 (1:13:47)	1:20 (1:15:07)	1:49 (1:16:56)
4:02 (1:27:16)	1:56 (1:29:12)	0:40 (1:29:52)	6:36 (1:36:28)
2:56 (1:52:58)	1:41 (1:54:39)	3:42 (1:58:21)	2:01 (2:00:22)
			0:15 (2:00:37)
10. Michael Graae	Søllerød OK	2:00:48	+15:14
4:04 (4:04)	6:23 (10:27)	4:57 (15:24)	3:47 (19:11)
3:30 (30:39)	1:35 (32:14)	1:54 (34:08)	8:17 (42:25)
5:53 (52:27)	1:41 (54:08)	4:01 (58:09)	2:28 (1:00:37)
3:11 (1:14:00)	3:13 (1:17:13)	1:35 (1:18:48)	1:47 (1:20:35)
4:14 (1:31:40)	1:48 (1:33:28)	0:48 (1:34:16)	6:22 (1:40:38)
3:15 (1:51:54)	1:42 (1:53:36)	4:43 (1:58:19)	2:15 (2:00:34)
			0:14 (2:00:48)
11. Raul Hindov	Lunds OK	2:02:57	+17:23
3:58 (3:58)	6:27 (10:25)	5:04 (15:29)	3:54 (19:23)
4:19 (31:26)	1:19 (32:45)	1:56 (34:41)	7:41 (42:22)
5:36 (52:08)	1:58 (54:06)	4:09 (58:15)	2:27 (1:00:42)
3:20 (1:14:08)	3:07 (1:17:15)	1:35 (1:18:50)	1:48 (1:20:38)
4:15 (1:31:37)	1:53 (1:33:30)	0:47 (1:34:17)	6:28 (1:40:45)
3:22 (1:52:07)	1:56 (1:54:03)	6:04 (2:00:07)	2:33 (2:02:40)
			0:17 (2:02:57)
12. Magnus Olsson	Hjärnarps GHOL	2:03:55	+18:21
4:12 (4:12)	6:36 (10:48)	2:03 (12:51)	8:13 (21:04)
5:58 (30:51)	1:26 (32:17)	4:23 (36:40)	2:20 (39:00)
5:44 (53:44)	1:52 (55:36)	4:06 (59:42)	1:37 (1:01:19)
1:46 (1:13:42)	1:59 (1:15:41)	3:16 (1:18:57)	1:26 (1:20:23)
4:29 (1:33:10)	1:59 (1:35:09)	1:11 (1:36:20)	6:33 (1:42:53)
3:25 (1:54:43)	2:02 (1:56:45)	5:02 (2:01:47)	1:57 (2:03:44)
			0:11 (2:03:55)
13. Håkan Axelsson	No Klub	2:04:30	+18:56
4:06 (4:06)	6:37 (10:43)	5:28 (16:11)	3:21 (19:32)
3:52 (30:58)	1:40 (32:38)	1:58 (34:36)	8:32 (43:08)
5:46 (52:26)	1:33 (53:59)	4:19 (58:18)	2:28 (1:00:46)
1:53 (1:13:03)	2:02 (1:15:05)	3:16 (1:18:21)	1:43 (1:20:04)
4:37 (1:32:59)	2:02 (1:35:01)	1:02 (1:36:03)	6:54 (1:42:57)
3:27 (1:54:42)	2:00 (1:56:42)	5:03 (2:01:45)	2:33 (2:04:18)
			0:12 (2:04:30)

14.	Henrik Larsson	FK Göingarna	2:10:25	+24:51		
	4:01 (4:01)	6:31 (10:32)	2:39 (13:11)	7:52 (21:03)	1:59 (23:02)	1:47 (24:49)
	5:56 (30:45)	1:29 (32:14)	4:12 (36:26)	2:20 (38:46)	5:35 (44:21)	3:34 (47:55)
	5:46 (53:41)	2:04 (55:45)	3:48 (59:33)	1:42 (1:01:15)	2:07 (1:03:22)	8:21 (1:11:43)
	1:46 (1:13:29)	2:01 (1:15:30)	3:23 (1:18:53)	1:37 (1:20:30)	2:45 (1:23:15)	5:20 (1:28:35)
	4:29 (1:33:04)	2:02 (1:35:06)	1:00 (1:36:06)	7:21 (1:43:27)	3:52 (1:47:19)	6:14 (1:53:33)
	– (–)	– (–)	– (–)	– (–)	– (2:10:25)	
15.	Kent Pihl	OK Roskilde	2:17:22	+31:48		
	4:21 (4:21)	7:27 (11:48)	2:57 (14:45)	8:54 (23:39)	2:22 (26:01)	1:37 (27:38)
	6:22 (34:00)	2:06 (36:06)	4:25 (40:31)	2:37 (43:08)	6:20 (49:28)	3:17 (52:45)
	6:07 (58:52)	3:31 (1:02:23)	4:38 (1:07:01)	1:42 (1:08:43)	2:16 (1:10:59)	9:00 (1:19:59)
	2:02 (1:22:01)	1:59 (1:24:00)	3:53 (1:27:53)	1:39 (1:29:32)	3:08 (1:32:40)	5:52 (1:38:32)
	4:53 (1:43:25)	2:29 (1:45:54)	1:11 (1:47:05)	7:08 (1:54:13)	2:51 (1:57:04)	6:10 (2:03:14)
	4:01 (2:07:15)	2:11 (2:09:26)	5:08 (2:14:34)	2:32 (2:17:06)	0:16 (2:17:22)	
16.	Mikael Brorsson	OK Silva	2:27:38	+42:04		
	4:17 (4:17)	6:29 (10:46)	5:20 (16:06)	5:26 (21:32)	6:07 (27:39)	2:19 (29:58)
	4:14 (34:12)	1:51 (36:03)	2:07 (38:10)	8:56 (47:06)	3:12 (50:18)	1:33 (51:51)
	6:02 (57:53)	2:00 (59:53)	5:00 (1:04:53)	5:26 (1:10:19)	2:21 (1:12:40)	11:13 (1:23:53)
	1:46 (1:25:39)	1:58 (1:27:37)	3:11 (1:30:48)	1:25 (1:32:13)	3:31 (1:35:44)	5:03 (1:40:47)
	7:48 (1:48:35)	2:39 (1:51:14)	0:38 (1:51:52)	12:40 (2:04:32)	2:08 (2:06:40)	7:17 (2:13:57)
	3:33 (2:17:30)	1:50 (2:19:20)	5:47 (2:25:07)	2:18 (2:27:25)	0:13 (2:27:38)	
17.	Anders Ericsson	Lunds OK	2:30:59	+45:25		
	4:08 (4:08)	6:31 (10:39)	2:06 (12:45)	8:29 (21:14)	2:11 (23:25)	1:43 (25:08)
	5:55 (31:03)	1:29 (32:32)	4:13 (36:45)	2:38 (39:23)	5:48 (45:11)	3:46 (48:57)
	9:47 (58:44)	2:35 (1:01:19)	8:14 (1:09:33)	1:50 (1:11:23)	2:49 (1:14:12)	14:13 (1:28:25)
	2:31 (1:30:56)	2:01 (1:32:57)	3:52 (1:36:49)	1:34 (1:38:23)	3:41 (1:42:04)	8:27 (1:50:31)
	4:57 (1:55:28)	2:22 (1:57:50)	0:47 (1:58:37)	8:38 (2:07:15)	2:45 (2:10:00)	6:15 (2:16:15)
	3:55 (2:20:10)	2:07 (2:22:17)	5:07 (2:27:24)	3:20 (2:30:44)	0:15 (2:30:59)	
18.	Søren Klinkby	Holbæk OK	2:32:30	+46:56		
	4:30 (4:30)	7:58 (12:28)	6:24 (18:52)	3:43 (22:35)	6:38 (29:13)	2:20 (31:33)
	7:36 (39:09)	2:08 (41:17)	3:11 (44:28)	9:26 (53:54)	2:26 (56:20)	2:11 (58:31)
	6:25 (1:04:56)	2:00 (1:06:56)	4:32 (1:11:28)	2:54 (1:14:22)	2:14 (1:16:36)	15:13 (1:31:49)
	4:07 (1:35:56)	3:26 (1:39:22)	2:08 (1:41:30)	1:53 (1:43:23)	2:11 (1:45:34)	5:18 (1:50:52)
	4:46 (1:55:38)	2:43 (1:58:21)	1:00 (1:59:21)	7:21 (2:06:42)	3:06 (2:09:48)	6:30 (2:16:18)
	3:55 (2:20:13)	2:27 (2:22:40)	6:18 (2:28:58)	3:17 (2:32:15)	0:15 (2:32:30)	
19.	Anders Knudsen	Herlufsholm OK	2:43:39	+58:05		
	4:42 (4:42)	9:37 (14:19)	8:19 (22:38)	3:41 (26:19)	6:52 (33:11)	2:06 (35:17)
	4:43 (40:00)	2:12 (42:12)	2:38 (44:50)	10:04 (54:54)	3:10 (58:04)	1:56 (1:00:00)
	7:15 (1:07:15)	2:00 (1:09:15)	7:04 (1:16:19)	2:56 (1:19:15)	2:42 (1:21:57)	10:57 (1:32:54)
	2:23 (1:35:17)	2:32 (1:37:49)	3:37 (1:41:26)	2:05 (1:43:31)	5:13 (1:48:44)	5:32 (1:54:16)
	5:50 (2:00:06)	2:44 (2:02:50)	0:49 (2:03:39)	9:26 (2:13:05)	3:37 (2:16:42)	7:27 (2:24:09)
	5:01 (2:29:10)	2:39 (2:31:49)	8:16 (2:40:05)	3:18 (2:43:23)	0:16 (2:43:39)	
20.	Per Eg Pedersen	Kolding OK	2:48:55	+63:21		
	5:00 (5:00)	9:01 (14:01)	7:07 (21:08)	4:16 (25:24)	7:25 (32:49)	2:21 (35:10)
	4:56 (40:06)	2:04 (42:10)	2:58 (45:08)	11:10 (56:18)	3:17 (59:35)	2:02 (1:01:37)
	7:42 (1:09:19)	2:44 (1:12:03)	5:48 (1:17:51)	3:30 (1:21:21)	4:04 (1:25:25)	11:50 (1:37:15)
	2:13 (1:39:28)	2:34 (1:42:02)	4:12 (1:46:14)	1:50 (1:48:04)	4:50 (1:52:54)	6:12 (1:59:06)
	7:18 (2:06:24)	2:57 (2:09:21)	1:53 (2:11:14)	7:58 (2:19:12)	3:27 (2:22:39)	7:50 (2:30:29)
	4:59 (2:35:28)	2:50 (2:38:18)	6:39 (2:44:57)	3:37 (2:48:34)	0:21 (2:48:55)	
21.	Jørgen Rolighed Thyme	Allerød OK	2:54:43	+69:09		
	4:26 (4:26)	7:27 (11:53)	2:38 (14:31)	10:51 (25:22)	2:59 (28:21)	2:43 (31:04)
	7:53 (38:57)	1:54 (40:51)	5:24 (46:15)	3:18 (49:33)	14:39 (1:04:12)	3:29 (1:07:41)
	6:22 (1:14:03)	1:46 (1:15:49)	22:37 (1:38:26)	1:53 (1:40:19)	1:59 (1:42:18)	8:30 (1:50:48)
	1:53 (1:52:41)	2:45 (1:55:26)	3:29 (1:58:55)	1:19 (2:00:14)	3:25 (2:03:39)	6:12 (2:09:51)
	4:44 (2:14:35)	2:25 (2:17:00)	1:01 (2:18:01)	8:13 (2:26:14)	3:23 (2:29:37)	10:01 (2:39:38)
	4:02 (2:43:40)	2:08 (2:45:48)	5:28 (2:51:16)	3:13 (2:54:29)	0:14 (2:54:43)	
22.	Jesper Andreasen	Farum OK	2:57:03	+71:29		
	5:49 (5:49)	8:22 (14:11)	9:11 (23:22)	9:18 (32:40)	2:47 (35:27)	2:26 (37:53)
	7:36 (45:29)	1:53 (47:22)	16:12 (1:03:34)	3:14 (1:06:48)	7:29 (1:14:17)	4:40 (1:18:57)
	7:50 (1:26:47)	2:59 (1:29:46)	6:19 (1:36:05)	2:10 (1:38:15)	2:40 (1:40:55)	8:49 (1:49:44)
	3:35 (1:53:19)	4:22 (1:57:41)	1:30 (1:59:11)	1:57 (2:01:08)	2:53 (2:04:01)	6:32 (2:10:33)
	4:54 (2:15:27)	2:46 (2:18:13)	1:38 (2:19:51)	10:55 (2:30:46)	3:33 (2:34:19)	7:11 (2:41:30)
	4:28 (2:45:58)	2:03 (2:48:01)	6:01 (2:54:02)	2:50 (2:56:52)	0:11 (2:57:03)	
23.	Finn Lindstrøm	Lynby OK	3:03:16	+77:42		
	4:20 (4:20)	6:35 (10:55)	2:11 (13:06)	13:07 (26:13)	3:37 (29:50)	4:55 (34:45)
	6:22 (41:07)	2:26 (43:33)	5:00 (48:33)	2:25 (50:58)	8:09 (59:07)	3:13 (1:02:20)
	6:52 (1:09:12)	1:53 (1:11:05)	5:15 (1:16:20)	2:25 (1:18:45)	2:31 (1:21:16)	11:15 (1:32:31)
	20:29 (1:53:00)	2:47 (1:55:47)	1:36 (1:57:23)	1:59 (1:59:22)	2:20 (2:01:42)	4:47 (2:06:29)
	4:37 (2:11:06)	2:56 (2:14:02)	1:14 (2:15:16)	17:45 (2:33:01)	2:43 (2:35:44)	12:51 (2:48:35)
	3:52 (2:52:27)	2:31 (2:54:58)	5:30 (3:00:28)	2:36 (3:03:04)	0:12 (3:03:16)	
24.	Peter Dyrsting	FIF Hillerød	3:22:01	+96:27		
	6:01 (6:01)	11:24 (17:25)	7:59 (25:24)	4:47 (30:11)	7:59 (38:10)	3:12 (41:22)
	6:03 (47:25)	2:29 (49:54)	2:50 (52:44)	12:59 (1:05:43)	4:06 (1:09:49)	2:31 (1:12:20)
	9:21 (1:21:41)	2:23 (1:24:04)	9:57 (1:34:01)	8:19 (1:42:20)	3:40 (1:46:00)	13:03 (1:59:03)
	3:01 (2:02:04)	3:10 (2:05:14)	4:40 (2:09:54)	2:11 (2:12:05)	5:07 (2:17:12)	8:46 (2:25:58)
	6:56 (2:32:54)	2:43 (2:35:37)	0:58 (2:36:35)	10:40 (2:47:15)	4:22 (2:51:37)	9:31 (3:01:08)
	5:44 (3:06:52)	3:09 (3:10:01)	8:15 (3:18:16)	3:27 (3:21:43)	0:18 (3:22:01)	
25.	Henrik Tølløse	Hvalsø OK	3:24:00	+98:26		
	5:29 (5:29)	9:28 (14:57)	16:09 (31:06)	10:33 (41:39)	2:59 (44:38)	2:11 (46:49)
	8:23 (55:12)	2:26 (57:38)	5:49 (1:03:27)	3:54 (1:07:21)	8:31 (1:15:52)	5:04 (1:20:56)
	7:41 (1:28:37)	2:23 (1:31:00)	5:55 (1:36:55)	2:16 (1:39:11)	2:52 (1:42:03)	11:20 (1:53:23)
	8:21 (2:01:44)	4:00 (2:05:44)	1:56 (2:07:40)	2:34 (2:10:14)	3:11 (2:13:25)	10:19 (2:23:44)
	6:18 (2:30:02)	2:58 (2:33:00)	1:12 (2:34:12)	9:15 (2:43:27)	4:57 (2:48:24)	12:41 (3:01:05)
	5:23 (3:06:28)	3:22 (3:09:50)	10:13 (3:20:03)	3:41 (3:23:44)	0:16 (3:24:00)	
26.	Rune Gundersen	Tisvilde Hegn OK	3:51:34	+126:00		
	4:12 (4:12)	8:51 (13:03)	6:26 (19:29)	5:00 (24:29)	6:41 (31:10)	4:13 (35:23)
	8:26 (43:49)	2:07 (45:56)	2:47 (48:43)	12:01 (1:00:44)	4:33 (1:05:17)	1:49 (1:07:06)
	17:55 (1:25:01)	2:43 (1:27:44)	7:35 (1:35:19)	3:04 (1:38:23)	3:41 (1:42:04)	14:56 (1:57:00)
	2:20 (1:59:20)	4:12 (2:03:32)	5:02 (2:08:34)	1:50 (2:10:24)	5:37 (2:16:01)	12:25 (2:28:26)
	8:11 (2:36:37)	4:23 (2:41:00)	0:42 (2:41:42)	21:07 (3:02:49)	3:33 (3:06:22)	23:47 (3:30:09)
	6:21 (3:36:30)	3:13 (3:39:43)	8:10 (3:47:53)	3:26 (3:51:19)	0:15 (3:51:34)	
	Lars Simonsen	FIF Hillerød		Fejlklip		
	3:53 (3:53)	6:26 (10:19)	2:23 (12:42)	7:01 (19:43)	2:15 (21:58)	1:38 (23:36)
	5:07 (28:43)	1:22 (30:05)	3:29 (33:34)	2:03 (35:37)	4:45 (40:22)	2:45 (43:07)
	4:46 (47:53)	1:28 (49:21)	3:04 (52:25)	1:24 (53:49)	1:41 (55:30)	6:52 (1:02:22)
	4:57 (1:07:19)	2:39 (1:09:58)	1:18 (1:11:16)	1:40 (1:12:56)	1:54 (1:14:50)	4:33 (1:19:23)

4:27 (1:23:50)	2:06 (1:25:56)	0:40 (1:26:36)	– (–)	– (1:37:57)	5:25 (1:43:22)
3:38 (1:47:00)	2:02 (1:49:02)	4:52 (1:53:54)	2:27 (1:56:21)	0:14 (1:56:35)	
Tomas Nilsson	Hässleholms OK	Udgået			
5:03 (5:03)	9:34 (14:37)	7:29 (22:06)	4:29 (26:35)	9:39 (36:14)	2:10 (38:24)
6:10 (44:34)	2:09 (46:43)	6:16 (52:59)	11:40 (1:04:39)	6:33 (1:11:12)	2:26 (1:13:38)
8:26 (1:22:04)	1:58 (1:24:02)	5:58 (1:30:00)	3:34 (1:33:34)	10:24 (1:43:58)	13:12 (1:57:10)
2:46 (1:59:56)	2:47 (2:02:43)	4:50 (2:07:33)	2:07 (2:09:40)	4:21 (2:14:01)	9:08 (2:23:09)
8:03 (2:31:12)	3:26 (2:34:38)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	
Lennart Söderberg	IK Hakarpspojarna	Ej startet			
Peter Mørup Jansen	OK Roskilde	Ej startet			

H55-	(20 / 20)	Tid	Efter
1. Arto Blomdahl	IK Hakarpspojkarna	1:53:24	
7:30 (7:30)	10:06 (17:36)	3:06 (20:42)	4:04 (24:46)
4:00 (34:05)	1:36 (35:41)	1:20 (37:01)	3:10 (40:11)
2:02 (53:55)	3:57 (57:52)	3:22 (1:01:14)	1:23 (1:02:37)
4:59 (1:12:22)	3:33 (1:15:55)	2:21 (1:18:16)	0:50 (1:19:06)
8:12 (1:37:06)	3:37 (1:40:43)	4:12 (1:44:55)	1:53 (1:46:48)
0:12 (1:53:24)			4:22 (1:51:10)
2. Ove Lernä	Kalmar OK	1:58:59	+5:35
5:54 (5:54)	11:47 (17:41)	1:46 (19:27)	3:39 (23:06)
1:48 (30:53)	3:12 (34:05)	4:22 (38:27)	2:57 (41:24)
1:55 (57:02)	3:56 (1:00:58)	3:07 (1:04:05)	1:15 (1:05:20)
5:26 (1:15:54)	3:23 (1:19:17)	2:46 (1:22:03)	0:56 (1:22:59)
8:13 (1:41:03)	3:58 (1:45:01)	4:39 (1:49:40)	1:49 (1:51:29)
0:13 (1:58:59)			4:35 (1:56:04)
3. Bengt-Åke Berndtsson	Skåneslättens OL	1:59:04	+5:40
5:57 (5:57)	11:51 (17:48)	1:48 (19:36)	3:40 (23:16)
1:30 (31:09)	3:05 (34:14)	4:16 (38:30)	2:59 (41:29)
2:00 (57:09)	3:56 (1:01:05)	3:16 (1:04:21)	1:14 (1:05:35)
5:31 (1:16:03)	3:19 (1:19:22)	2:48 (1:22:10)	0:49 (1:22:59)
8:17 (1:41:17)	3:45 (1:45:02)	4:44 (1:49:46)	1:50 (1:51:36)
0:11 (1:59:04)			4:39 (1:56:15)
4. Troels Christensen	Ballerup OK	1:59:06	+5:42
7:10 (7:10)	10:25 (17:35)	3:08 (20:43)	4:09 (24:52)
4:03 (34:06)	1:32 (35:38)	1:26 (37:04)	3:03 (40:07)
1:43 (53:50)	3:30 (57:20)	3:10 (1:00:30)	3:39 (1:04:09)
4:38 (1:14:29)	3:31 (1:18:00)	1:38 (1:19:38)	0:42 (1:20:20)
8:17 (1:39:13)	4:12 (1:43:25)	5:16 (1:48:41)	2:37 (1:51:18)
0:11 (1:59:06)			4:41 (1:55:59)
5. Henrik Albahn	Lyngby OK	2:00:45	+7:21
6:12 (6:12)	11:16 (17:28)	3:10 (20:38)	4:23 (25:01)
4:58 (35:31)	1:38 (37:09)	1:57 (39:06)	3:18 (42:24)
1:57 (57:14)	4:59 (1:02:13)	3:51 (1:06:04)	1:26 (1:07:30)
4:43 (1:18:33)	3:28 (1:22:01)	2:06 (1:24:07)	0:52 (1:24:59)
8:17 (1:44:39)	3:38 (1:48:17)	3:51 (1:52:08)	1:36 (1:53:44)
0:13 (2:00:45)			4:24 (1:58:08)
6. Stephen Hall Reusch	OK Øst Birkerød	2:09:10	+15:46
5:55 (5:55)	10:48 (16:43)	1:32 (18:15)	4:28 (22:43)
1:43 (31:01)	3:10 (34:11)	4:09 (38:20)	3:10 (41:30)
1:54 (57:00)	2:16 (59:16)	2:53 (1:02:09)	3:53 (1:06:02)
5:25 (1:18:33)	3:39 (1:22:12)	2:08 (1:24:20)	0:47 (1:25:07)
11:33 (1:48:52)	4:38 (1:53:30)	4:59 (1:58:29)	2:14 (2:00:43)
0:14 (2:09:10)			5:31 (2:06:14)
7. Søren Sloth	FIF Hillerød	2:20:18	+26:54
6:39 (6:39)	11:33 (18:12)	3:59 (22:11)	4:50 (27:01)
5:11 (38:23)	1:38 (40:01)	5:40 (45:41)	3:32 (49:13)
1:58 (1:08:40)	4:56 (1:13:36)	4:15 (1:17:51)	1:36 (1:19:27)
4:56 (1:30:03)	3:46 (1:33:49)	3:48 (1:37:37)	0:45 (1:38:22)
9:18 (2:01:17)	4:32 (2:05:49)	4:44 (2:10:33)	2:03 (2:12:36)
0:12 (2:20:18)			5:27 (2:18:03)
8. Frede Lillelund	Søllerød OK	2:20:21	+26:57
6:56 (6:56)	11:37 (18:33)	3:30 (22:03)	4:59 (27:02)
5:01 (38:30)	1:51 (40:21)	2:23 (42:44)	3:49 (46:33)
1:58 (1:03:20)	2:43 (1:06:03)	4:03 (1:10:06)	3:50 (1:13:56)
5:37 (1:26:55)	4:07 (1:31:02)	2:59 (1:34:01)	1:05 (1:35:06)
9:43 (1:59:04)	5:04 (2:04:08)	5:49 (2:09:57)	2:14 (2:12:11)
0:11 (2:20:21)			5:33 (2:17:44)
9. Jan Thiesen	Holbæk OK	2:20:34	+27:10
6:51 (6:51)	11:35 (18:26)	1:19 (19:45)	4:13 (23:58)
1:39 (33:39)	3:42 (37:21)	4:14 (41:35)	3:51 (45:26)
1:52 (1:06:34)	3:39 (1:10:13)	3:30 (1:13:43)	3:40 (1:17:23)
5:41 (1:29:15)	3:36 (1:32:51)	2:16 (1:35:07)	0:46 (1:35:53)
10:44 (1:59:43)	4:21 (2:04:04)	5:43 (2:09:47)	2:06 (2:11:53)
0:11 (2:20:34)			6:00 (2:17:53)
10. Jan Karlsson	Växjö OK	2:21:04	+27:40
6:08 (6:08)	11:52 (18:00)	1:44 (19:44)	4:32 (24:16)
1:44 (33:36)	3:54 (37:30)	4:39 (42:09)	3:27 (45:36)
2:23 (1:05:23)	4:35 (1:09:58)	3:55 (1:13:53)	1:42 (1:15:35)
5:35 (1:26:58)	4:14 (1:31:12)	2:55 (1:34:07)	1:05 (1:35:12)
10:04 (1:59:19)	4:55 (2:04:14)	5:52 (2:10:06)	2:21 (2:12:27)
0:14 (2:21:04)			5:45 (2:18:12)
11. Sverre Thune	Farum OK	2:25:29	+32:05
6:40 (6:40)	11:51 (18:31)	5:03 (23:34)	4:04 (27:38)
1:59 (37:33)	4:14 (41:47)	4:47 (46:34)	3:49 (50:23)
2:54 (1:11:39)	4:28 (1:16:07)	4:23 (1:20:30)	1:37 (1:22:07)
6:08 (1:34:03)	3:55 (1:37:58)	2:12 (1:40:10)	0:53 (1:41:03)
10:16 (2:04:48)	4:34 (2:09:22)	5:34 (2:14:56)	2:13 (2:17:09)
0:16 (2:25:29)			5:12 (2:22:21)
12. Lars Almer	PI-København	2:27:40	+34:16
6:52 (6:52)	13:37 (20:29)	4:02 (24:31)	5:23 (29:54)
5:08 (41:51)	1:52 (43:43)	1:50 (45:33)	3:45 (49:18)
2:04 (1:07:03)	4:45 (1:11:48)	4:22 (1:16:10)	1:33 (1:17:43)
5:54 (1:29:20)	3:49 (1:33:09)	2:24 (1:35:33)	0:48 (1:36:21)
9:40 (2:01:14)	4:56 (2:06:10)	5:19 (2:11:29)	2:08 (2:13:37)
0:16 (2:27:40)			5:24 (2:19:01)
13. Steen Klysner	FIF Hillerød	2:29:57	+36:33
6:37 (6:37)	11:13 (17:50)	2:01 (19:51)	3:21 (23:12)
1:43 (32:14)	3:57 (36:11)	5:20 (41:31)	3:40 (45:11)
2:04 (1:04:05)	2:24 (1:06:29)	3:53 (1:10:22)	6:00 (1:16:22)
5:30 (1:28:54)	3:35 (1:32:29)	3:10 (1:35:39)	0:39 (1:36:18)
11:32 (2:01:41)	4:45 (2:06:26)	5:13 (2:11:39)	2:19 (2:13:58)
0:14 (2:29:57)			12:16 (2:26:14)

14. Poul Henning Poulsen	Tisvilde Hegn OK	2:37:17	+43:53		
6:54 (6:54)	11:44 (18:38)	5:00 (23:38)	5:40 (29:18)	3:33 (32:51)	3:08 (35:59)
5:32 (41:31)	1:57 (43:28)	2:08 (45:36)	5:42 (51:18)	5:23 (56:41)	10:04 (1:06:45)
1:57 (1:08:42)	4:44 (1:13:26)	4:09 (1:17:35)	1:39 (1:19:14)	2:42 (1:21:56)	3:30 (1:25:26)
6:30 (1:31:56)	4:16 (1:36:12)	2:30 (1:38:42)	2:05 (1:40:47)	6:20 (1:47:07)	8:08 (1:55:15)
15:37 (2:10:52)	7:45 (2:18:37)	7:21 (2:25:58)	2:54 (2:28:52)	5:36 (2:34:28)	2:35 (2:37:03)
0:14 (2:37:17)					
15. Jens Anders Hansen	Søllerød OK	3:04:02	+70:38		
6:25 (6:25)	13:34 (19:59)	4:24 (24:23)	3:35 (27:58)	2:33 (30:31)	5:06 (35:37)
1:42 (37:19)	4:13 (41:32)	5:10 (46:42)	3:24 (50:06)	5:28 (55:34)	10:37 (1:06:11)
2:13 (1:08:24)	2:48 (1:11:12)	3:50 (1:15:02)	6:31 (1:21:33)	1:41 (1:23:14)	4:56 (1:28:10)
5:42 (1:33:52)	3:53 (1:37:45)	2:13 (1:39:58)	0:43 (1:40:41)	5:26 (1:46:07)	8:50 (1:54:57)
39:55 (2:34:52)	4:22 (2:39:14)	7:33 (2:46:47)	8:18 (2:55:05)	5:59 (3:01:04)	2:46 (3:03:50)
0:12 (3:04:02)					
16. Kaj Munck	Herlufsholm OK	3:37:27	+104:03		
11:16 (11:16)	20:39 (31:55)	5:06 (37:01)	6:29 (43:30)	4:50 (48:20)	5:22 (53:42)
7:26 (1:01:08)	2:25 (1:03:33)	3:38 (1:07:11)	6:04 (1:13:15)	8:02 (1:21:17)	15:57 (1:37:14)
5:47 (1:43:01)	3:47 (1:46:48)	5:03 (1:51:51)	6:46 (1:58:37)	2:51 (2:01:28)	7:01 (2:08:29)
10:32 (2:19:01)	5:49 (2:24:50)	5:09 (2:29:59)	1:04 (2:31:03)	10:51 (2:41:54)	9:09 (2:51:03)
14:19 (3:05:22)	7:48 (3:13:10)	8:16 (3:21:26)	3:47 (3:25:13)	8:13 (3:33:26)	3:43 (3:37:09)
0:18 (3:37:27)					
17. Ebbe Kajberg	ØK Sorø	3:48:09	+114:45		
7:45 (7:45)	16:12 (23:57)	4:14 (28:11)	4:32 (32:43)	3:30 (36:13)	5:46 (41:59)
1:50 (43:49)	4:22 (48:11)	17:47 (1:05:58)	5:14 (1:11:12)	11:27 (1:22:39)	12:05 (1:34:44)
2:54 (1:37:38)	6:51 (1:44:29)	6:15 (1:50:44)	4:54 (1:55:38)	3:47 (1:59:25)	4:46 (2:04:11)
9:12 (2:13:23)	5:27 (2:18:50)	3:31 (2:22:21)	0:55 (2:23:16)	9:50 (2:33:06)	12:36 (2:45:42)
31:47 (3:17:29)	5:48 (3:23:17)	9:03 (3:32:20)	3:15 (3:35:35)	8:12 (3:43:47)	4:06 (3:47:53)
0:16 (3:48:09)					
Lasse Lybek Jensen	Ballerup OK	Maks.tid			
10:01 (10:01)	23:07 (33:08)	4:00 (1:03:49)	3:22 (1:07:11)	8:51 (1:16:02)	
2:12 (1:18:14)	7:02 (1:25:16)	15:42 (1:40:58)	4:37 (1:45:35)	12:45 (1:58:20)	25:54 (2:24:14)
2:33 (2:26:47)	11:58 (2:38:45)	5:43 (2:44:28)	2:45 (2:47:13)	3:43 (2:50:56)	5:30 (2:56:26)
8:11 (3:04:37)	5:22 (3:09:59)	3:33 (3:13:32)	1:49 (3:15:21)	13:09 (3:28:30)	9:55 (3:38:25)
14:01 (3:52:26)	6:15 (3:58:41)	7:57 (4:06:38)	4:27 (4:11:05)	8:06 (4:19:11)	3:17 (4:22:28)
0:14 (4:22:42)					
Jon Bjørgum	Kristiansand OK	Fejlkli			
6:26 (6:26)	11:38 (18:04)	1:17 (19:21)	3:17 (22:38)	2:19 (24:57)	4:10 (29:07)
1:43 (30:50)	3:18 (34:08)	4:40 (38:48)	3:27 (42:15)	4:31 (46:46)	8:18 (55:04)
2:02 (57:06)	1:55 (59:01)	3:07 (1:02:08)	4:03 (1:06:11)	1:32 (1:07:43)	3:55 (1:11:38)
4:38 (1:16:16)	3:37 (1:19:53)	2:17 (1:22:10)	0:44 (1:22:54)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
— (1:37:50)					
Søren Maarup	Kolding OK	Fejlkli			
6:45 (6:45)	11:39 (18:24)	3:30 (21:54)	5:20 (27:14)	3:32 (30:46)	3:21 (34:07)
10:01 (44:08)	3:14 (47:22)	1:28 (48:50)	4:07 (52:57)	5:50 (58:47)	— (—)
— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
— (—)	— (1:02:48)	5:53 (1:08:41)	2:29 (1:11:10)	5:53 (1:17:03)	2:39 (1:19:42)
0:11 (1:19:53)					

H60-	(27 / 27)		Tid	Efter		
1.	Jess Rasmussen	Viborg Orienteringsklub	1:35:14			
	5:33 (5:33)	7:10 (12:43)		3:44 (16:27)	4:35 (28:12)	1:27 (29:39)
	4:30 (34:09)	2:10 (36:19)		3:08 (42:27)	6:06 (48:33)	4:03 (52:36)
	1:05 (53:41)	2:04 (55:45)		2:10 (1:07:56)	2:06 (1:10:02)	1:25 (1:11:27)
	2:16 (1:13:43)	1:54 (1:15:37)		5:27 (1:25:51)	6:23 (1:32:14)	2:48 (1:35:02)
	0:12 (1:35:14)					
2.	Richard Zeiner-Gundersen	Aker Brygge Orientering	1:38:23	+3:09		
	5:48 (5:48)	7:46 (13:34)		8:44 (24:23)	4:18 (28:41)	1:27 (30:08)
	4:29 (34:37)	2:20 (36:57)		3:11 (43:21)	6:04 (49:25)	4:06 (53:31)
	1:07 (54:38)	1:55 (56:33)		2:24 (1:10:10)	1:43 (1:11:53)	2:31 (1:14:24)
	1:26 (1:15:50)	2:21 (1:18:11)		5:36 (1:28:12)	6:37 (1:34:49)	3:23 (1:38:12)
	0:11 (1:38:23)					
3.	Bengt Larsson	FK Göingarna	1:42:14	+7:00		
	5:26 (5:26)	8:40 (14:06)		2:43 (19:19)	3:02 (22:21)	5:14 (27:35)
	3:56 (31:31)	7:30 (38:31)		1:25 (44:03)	6:44 (50:47)	1:29 (52:16)
	1:14 (53:30)	2:06 (55:36)		1:59 (1:06:44)	2:17 (1:09:01)	1:28 (1:10:29)
	2:08 (1:12:37)	1:32 (1:14:09)		6:14 (1:24:55)	14:26 (1:39:21)	2:39 (1:42:00)
	0:14 (1:42:14)					
4.	Jørgen Skaarup	Ballerup OK	1:43:20	+8:06		
	6:01 (6:01)	7:24 (13:25)		8:04 (24:19)	4:32 (28:51)	1:30 (30:21)
	4:56 (35:17)	3:02 (38:19)		3:36 (44:58)	6:30 (51:28)	3:40 (55:08)
	1:13 (56:21)	2:00 (58:21)		2:22 (1:12:46)	2:26 (1:15:12)	1:27 (1:16:39)
	2:26 (1:19:05)	1:48 (1:20:53)		5:59 (1:32:42)	7:31 (1:40:13)	2:55 (1:43:08)
	0:12 (1:43:20)					
5.	Jan Frederiksen	OK Roskilde	1:43:50	+8:36		
	7:09 (7:09)	7:51 (15:00)		7:53 (24:32)	4:24 (28:56)	1:42 (30:38)
	4:49 (35:27)	2:58 (38:25)		3:37 (45:08)	6:26 (51:34)	3:45 (55:19)
	1:18 (56:37)	1:55 (58:32)		2:17 (1:13:47)	2:06 (1:15:53)	1:34 (1:17:27)
	2:17 (1:19:44)	1:49 (1:21:33)		6:12 (1:32:56)	7:28 (1:40:24)	3:15 (1:43:39)
	0:11 (1:43:50)					
6.	Örjan Wängdahl	OK Gipen	1:44:59	+9:45		
	6:18 (6:18)	7:39 (13:57)		3:13 (19:52)	4:32 (24:24)	6:04 (30:28)
	6:49 (37:17)	7:07 (44:24)		1:38 (50:41)	5:01 (55:42)	1:47 (57:29)
	1:03 (58:32)	2:02 (1:00:34)		2:22 (1:13:42)	1:59 (1:15:41)	1:41 (1:17:22)
	2:26 (1:19:48)	2:07 (1:21:55)		6:51 (1:34:00)	8:07 (1:42:07)	2:41 (1:44:48)
	0:11 (1:44:59)					
7.	Sören Lind	OK Gipen	1:46:14	+11:00		
	6:16 (6:16)	8:15 (14:31)		3:02 (20:36)	3:41 (24:17)	6:23 (30:40)
	5:33 (36:13)	7:34 (43:47)		1:47 (50:35)	6:06 (56:41)	1:28 (58:09)
	1:15 (59:24)	2:01 (1:01:25)		2:35 (1:14:59)	1:53 (1:16:52)	2:27 (1:19:19)
	1:31 (1:20:50)	2:58 (1:23:48)		5:56 (1:34:55)	7:56 (1:42:51)	3:10 (1:46:01)
	0:13 (1:46:14)					
8.	Urban Larsson	OK Gipen	1:48:52	+13:38		
	5:47 (5:47)	8:01 (13:48)		7:53 (26:07)	4:48 (30:55)	2:43 (33:38)
	5:50 (39:28)	2:39 (42:07)		3:46 (49:00)	6:29 (55:29)	4:40 (1:00:09)
	1:28 (1:01:37)	2:13 (1:03:50)		2:19 (1:16:45)	2:21 (1:19:06)	2:51 (1:21:57)
	1:40 (1:23:37)	2:24 (1:26:01)		6:25 (1:37:59)	7:32 (1:45:31)	3:06 (1:48:37)
	0:15 (1:48:52)					
9.	Niels la Cour Bentzon	Søllerød OK	1:49:00	+13:46		
	6:34 (6:34)	8:13 (14:47)		3:16 (20:46)	3:29 (24:15)	6:21 (30:36)
	5:08 (35:44)	7:31 (43:15)		1:45 (50:16)	5:12 (55:28)	1:55 (57:23)
	1:14 (58:37)	2:09 (1:00:46)		2:59 (1:16:59)	2:36 (1:19:35)	1:35 (1:21:10)
	2:17 (1:23:27)	1:57 (1:25:24)		6:33 (1:38:10)	7:45 (1:45:55)	2:53 (1:48:48)
	0:12 (1:49:00)					
10.	Lars Hanghøj Petersen	Ballerup OK	1:49:38	+14:24		
	6:09 (6:09)	7:24 (13:33)		2:51 (19:02)	3:30 (22:32)	6:21 (28:53)
	4:25 (33:18)	8:57 (42:15)		1:57 (49:54)	6:07 (56:01)	2:00 (58:01)
	1:20 (59:21)	2:06 (1:01:27)		2:43 (1:16:08)	2:18 (1:18:26)	3:19 (1:21:45)
	1:53 (1:23:38)	2:20 (1:25:58)		6:33 (1:38:04)	8:15 (1:46:19)	3:04 (1:49:23)
	0:15 (1:49:38)					
11.	Per Lindgren	IK Hakarpspojarna	1:51:22	+16:08		
	5:38 (5:38)	7:33 (13:11)		7:27 (33:22)	4:33 (37:55)	1:27 (39:22)
	5:16 (44:38)	2:35 (47:13)		4:07 (54:30)	6:40 (1:01:10)	4:18 (1:05:28)
	1:37 (1:07:05)	1:56 (1:09:01)		2:25 (1:22:05)	1:49 (1:23:54)	2:32 (1:26:26)
	1:43 (1:28:09)	1:58 (1:30:07)		5:31 (1:40:31)	7:41 (1:48:12)	2:55 (1:51:07)
	0:15 (1:51:22)					
12.	Carsten Hansen	FIF Hillerød	1:54:25	+19:11		
	7:47 (7:47)	9:46 (17:33)		8:53 (28:36)	5:22 (33:58)	2:06 (36:04)
	6:21 (42:25)	3:27 (45:52)		3:30 (52:51)	6:17 (59:08)	4:24 (1:03:32)
	1:13 (1:04:45)	2:18 (1:07:03)		2:19 (1:21:07)	2:17 (1:23:24)	2:32 (1:25:56)
	1:51 (1:27:47)	2:22 (1:30:09)		6:01 (1:42:47)	8:06 (1:50:53)	3:16 (1:54:09)
	0:16 (1:54:25)					
13.	Henrik Kleffel	Søllerød OK	1:54:38	+19:24		
	7:53 (7:53)	8:37 (16:30)		8:28 (27:29)	5:25 (32:54)	1:58 (34:52)
	5:34 (40:26)	2:34 (43:00)		4:03 (50:52)	7:26 (58:18)	4:29 (1:02:47)
	1:09 (1:03:56)	2:06 (1:06:02)		3:00 (1:21:51)	2:01 (1:23:52)	2:35 (1:26:16)
	1:44 (1:28:00)	2:16 (1:30:16)		6:45 (1:42:51)	8:20 (1:51:11)	3:13 (1:54:24)
	0:14 (1:54:38)					
14.	Max Prang	Fredensborg OK	1:54:58	+19:44		
	6:38 (6:38)	7:54 (14:32)		8:07 (25:01)	5:38 (30:39)	1:47 (32:26)
	5:44 (38:10)	4:09 (42:19)		5:02 (50:49)	6:40 (57:29)	5:00 (1:02:29)
	1:12 (1:03:41)	2:28 (1:06:09)		3:43 (1:22:03)	2:02 (1:24:05)	2:24 (1:26:40)
	1:35 (1:28:15)	2:22 (1:30:37)		7:18 (1:43:56)	7:42 (1:51:38)	3:07 (1:54:45)
	0:13 (1:54:58)					
15.	Jens Peter Gundorf	OK Øst Birkerød	2:10:53	+35:39		
	10:14 (10:14)	9:30 (19:44)		3:32 (26:03)	4:31 (30:34)	7:44 (38:18)
	7:44 (46:02)	8:56 (54:58)		1:50 (1:02:00)	6:25 (1:08:25)	1:37 (1:10:02)
	1:31 (1:11:33)	2:17 (1:13:50)		2:44 (1:32:10)	2:47 (1:34:57)	3:28 (1:38:25)
	2:31 (1:40:56)	3:55 (1:44:51)		7:10 (1:58:20)	8:44 (2:07:04)	3:31 (2:10:35)
	0:18 (2:10:53)					
16.	Svend-Erik Munck	Herlufsholm OK	2:12:44	+37:30		

8:26 (8:26)	10:10 (18:36)	2:59 (21:35)	4:03 (25:38)	4:40 (30:18)	8:07 (38:25)
5:39 (44:04)	9:34 (53:38)	5:45 (59:23)	2:35 (1:01:58)	6:17 (1:08:15)	2:07 (1:10:22)
1:50 (1:12:12)	2:30 (1:14:42)	14:49 (1:29:31)	3:12 (1:32:43)	2:41 (1:35:24)	2:59 (1:38:23)
1:50 (1:40:13)	2:50 (1:43:03)	7:30 (1:50:33)	7:42 (1:58:15)	10:05 (2:08:20)	4:09 (2:12:29)
0:15 (2:12:44)					
17. Gregers Jørgensen	Ballerup OK	2:17:02	+41:48		
6:37 (6:37)	21:04 (27:41)	3:12 (30:53)	4:22 (35:15)	4:15 (39:30)	7:27 (46:57)
5:15 (52:12)	8:43 (1:00:55)	5:48 (1:06:43)	2:14 (1:08:57)	7:48 (1:16:45)	1:42 (1:18:27)
1:51 (1:20:18)	2:21 (1:22:39)	12:21 (1:35:00)	2:48 (1:37:48)	2:53 (1:40:41)	2:08 (1:42:49)
3:04 (1:45:53)	2:45 (1:48:38)	6:14 (1:54:52)	7:48 (2:02:40)	10:03 (2:12:43)	4:00 (2:16:43)
0:19 (2:17:02)					
18. Lars Basballe	FSK Orientering	2:19:47	+44:33		
6:16 (6:16)	7:51 (14:07)	2:44 (16:51)	3:00 (19:51)	4:39 (24:30)	7:24 (31:54)
4:43 (36:37)	10:23 (47:00)	8:03 (55:03)	3:06 (58:09)	8:47 (1:06:56)	2:23 (1:09:19)
1:37 (1:10:56)	3:27 (1:14:23)	19:55 (1:34:18)	3:20 (1:37:38)	2:09 (1:39:47)	3:58 (1:43:45)
1:56 (1:45:41)	2:53 (1:48:34)	7:16 (1:55:50)	8:28 (2:04:18)	12:05 (2:16:23)	3:06 (2:19:29)
0:18 (2:19:47)					
19. Thomas Østergaard	OK Øst Birkerød	2:21:12	+45:58		
7:11 (7:11)	9:11 (16:22)	3:10 (19:32)	11:56 (31:28)	5:28 (36:56)	1:58 (38:54)
7:25 (46:19)	6:07 (52:26)	3:49 (56:15)	4:30 (1:00:45)	7:19 (1:08:04)	7:44 (1:15:48)
1:37 (1:17:25)	2:38 (1:20:03)	14:42 (1:34:45)	2:45 (1:37:30)	2:26 (1:39:56)	8:03 (1:47:59)
2:05 (1:50:04)	3:20 (1:53:24)	6:51 (2:00:15)	8:22 (2:08:37)	8:48 (2:17:25)	3:33 (2:20:58)
0:14 (2:21:12)					
20. Frede Scheye	Herlufsholm OK	2:24:53	+49:39		
8:12 (8:12)	9:15 (17:27)	5:30 (22:57)	10:22 (33:19)	5:51 (39:10)	1:58 (41:08)
7:22 (48:30)	11:04 (59:34)	3:36 (1:03:10)	4:43 (1:07:53)	7:59 (1:15:52)	6:08 (1:22:00)
1:19 (1:23:19)	2:53 (1:26:12)	13:23 (1:39:35)	3:36 (1:43:11)	2:47 (1:45:58)	1:35 (1:47:33)
2:30 (1:50:03)	2:41 (1:52:44)	6:50 (1:59:34)	9:28 (2:09:02)	11:30 (2:20:32)	4:09 (2:24:41)
0:12 (2:24:53)					
Bent Aakjær	Odense OK	Fejlklip			
7:37 (7:37)	9:07 (16:44)	3:56 (20:40)	4:48 (25:28)	4:54 (30:22)	7:50 (38:12)
5:54 (44:06)	8:20 (52:26)	6:40 (59:06)	1:54 (1:01:00)	– (–)	– (1:07:58)
2:09 (1:10:07)	2:53 (1:13:00)	13:38 (1:26:38)	4:09 (1:30:47)	3:29 (1:34:16)	3:01 (1:37:17)
3:02 (1:40:19)	2:54 (1:43:13)	5:36 (1:48:49)	7:29 (1:56:18)	8:17 (2:04:35)	3:16 (2:07:51)
0:13 (2:08:04)					
Håkan Forsman	Ronneby OK	Fejlklip			
7:35 (7:35)	9:50 (17:25)	2:33 (19:58)	8:36 (28:34)	5:50 (34:24)	1:53 (36:17)
7:47 (44:04)	3:01 (47:05)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (1:08:02)
0:19 (1:08:21)					
Kurt Thuesen	FSK Orientering	Fejlklip			
9:51 (9:51)	9:37 (19:28)	2:11 (21:39)	8:27 (30:06)	5:19 (35:25)	– (–)
– (42:34)	2:39 (45:13)	3:28 (48:41)	3:47 (52:28)	7:09 (59:37)	4:11 (1:03:48)
1:14 (1:05:02)	2:20 (1:07:22)	11:24 (1:18:46)	2:52 (1:21:38)	2:05 (1:23:43)	1:38 (1:25:21)
2:24 (1:27:45)	2:06 (1:29:51)	5:14 (1:35:05)	6:19 (1:41:24)	7:19 (1:48:43)	3:13 (1:51:56)
0:16 (1:52:12)					
Per Storm Hansen	Svendborg OK	Fejlklip			
6:00 (6:00)	14:51 (20:51)	4:31 (25:22)	2:58 (28:20)	4:09 (32:29)	7:35 (40:04)
4:12 (44:16)	10:21 (54:37)	4:36 (59:13)	1:32 (1:00:45)	10:22 (1:11:07)	1:48 (1:12:55)
1:16 (1:14:11)	2:11 (1:16:22)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (1:37:02)
0:23 (1:37:25)					
John Hansen	Kristiansand OK	Udgået			
6:12 (6:12)	7:46 (13:58)	4:23 (18:21)	7:22 (25:43)	5:04 (30:47)	1:35 (32:22)
7:25 (39:47)	2:42 (42:29)	3:14 (45:43)	4:45 (50:28)	7:58 (58:26)	4:14 (1:02:40)
1:25 (1:04:05)	2:09 (1:06:14)	12:10 (1:18:24)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)					
Jens Kaminsky	Göteborg-Majorna OK	Ej startet			
Thomas Almqvist	Karlskrona SOK	Ej startet			

H21-K		(5 / 5)		Tid	Efter	
1.	Simon Engel	Hässleholms OK		2:05:17		
	5:20 (5:20)	11:26 (16:46)	1:26 (18:12)	4:38 (22:50)	2:13 (25:03)	4:12 (29:15)
	1:41 (30:56)	3:12 (34:08)	5:04 (39:12)	3:16 (42:28)	5:01 (47:29)	9:07 (56:36)
	1:58 (58:34)	2:11 (1:00:45)	4:07 (1:04:52)	3:38 (1:08:30)	1:18 (1:09:48)	4:02 (1:13:50)
	5:31 (1:19:21)	3:23 (1:22:44)	2:04 (1:24:48)	0:52 (1:25:40)	4:43 (1:30:23)	5:33 (1:35:56)
	8:39 (1:44:35)	4:03 (1:48:38)	7:56 (1:56:34)	1:50 (1:58:24)	4:46 (2:03:10)	1:57 (2:05:07)
	0:10 (2:05:17)					
2.	Martin Thyme Christensen	HSOK		2:05:22	+0:05	
	5:31 (5:31)	10:40 (16:11)	4:42 (20:53)	4:21 (25:14)	2:12 (27:26)	3:49 (31:15)
	1:47 (33:02)	2:53 (35:55)	3:41 (39:36)	2:39 (42:15)	4:50 (47:05)	11:51 (58:56)
	1:40 (1:00:36)	1:52 (1:02:28)	2:34 (1:05:02)	3:19 (1:08:21)	1:05 (1:09:26)	3:44 (1:13:10)
	5:00 (1:18:10)	3:13 (1:21:23)	2:00 (1:23:23)	0:38 (1:24:01)	7:00 (1:31:01)	4:49 (1:35:50)
	8:56 (1:44:46)	3:36 (1:48:22)	5:46 (1:54:08)	2:36 (1:56:44)	6:28 (2:03:12)	2:00 (2:05:12)
	0:10 (2:05:22)					
3.	Marcus Ullman	No Klub		2:09:27	+4:10	
	5:03 (5:03)	9:40 (14:43)	6:17 (21:00)	10:03 (31:03)	2:48 (33:51)	13:31 (47:22)
	4:13 (51:35)	1:17 (52:52)	1:23 (54:15)	3:01 (57:16)	4:19 (1:01:35)	7:36 (1:09:11)
	1:35 (1:10:46)	4:00 (1:14:46)	3:25 (1:18:11)	1:23 (1:19:34)	2:03 (1:21:37)	2:39 (1:24:16)
	4:33 (1:28:49)	2:55 (1:31:44)	2:02 (1:33:46)	0:54 (1:34:40)	4:04 (1:38:44)	5:07 (1:43:51)
	8:55 (1:52:46)	3:22 (1:56:08)	3:54 (2:00:02)	1:35 (2:01:37)	4:32 (2:06:09)	3:07 (2:09:16)
	0:11 (2:09:27)					
4.	Mats Ranbro	Helsingborgs SOK		2:17:06	+11:49	
	5:12 (5:12)	10:32 (15:44)	3:04 (18:48)	3:10 (21:58)	3:10 (25:08)	4:13 (29:21)
	1:42 (31:03)	3:13 (34:16)	3:49 (38:05)	2:59 (41:04)	4:55 (45:59)	10:41 (56:40)
	2:01 (58:41)	9:18 (1:07:59)	4:48 (1:12:47)	1:55 (1:14:42)	2:02 (1:16:44)	4:04 (1:20:48)
	5:48 (1:26:36)	3:25 (1:30:01)	2:30 (1:32:31)	1:35 (1:34:06)	4:53 (1:38:59)	5:22 (1:44:21)
	9:45 (1:54:06)	4:39 (1:58:45)	5:36 (2:04:21)	3:40 (2:08:01)	6:19 (2:14:20)	2:31 (2:16:51)
	0:15 (2:17:06)					
5.	Amáu Ormella	Amager OK		2:32:10	+26:53	
	6:35 (6:35)	13:42 (20:17)	3:41 (23:58)	4:35 (28:33)	3:33 (32:06)	11:56 (44:02)
	5:05 (49:07)	1:34 (50:41)	1:44 (52:25)	3:49 (56:14)	8:27 (1:04:41)	10:49 (1:15:30)
	2:05 (1:17:35)	2:21 (1:19:56)	4:39 (1:24:35)	3:59 (1:28:34)	1:43 (1:30:17)	5:32 (1:35:49)
	5:33 (1:41:22)	3:30 (1:44:52)	2:07 (1:46:59)	1:10 (1:48:09)	5:42 (1:53:51)	10:33 (2:04:24)
	10:03 (2:14:27)	3:57 (2:18:24)	4:09 (2:22:33)	2:15 (2:24:48)	5:00 (2:29:48)	2:12 (2:32:00)
	0:10 (2:32:10)					

D-16

	(12 / 12)		Tid	Efter		
1.	Sigrid Høyer Staugaard	FIF Hillerød	1:37:01			
	5:09 (5:09)	15:29 (20:38)	1:49 (22:27)	5:02 (27:29)	3:31 (31:00)	4:58 (35:58)
	3:28 (39:26)	6:39 (46:05)	4:08 (50:13)	1:26 (51:39)	4:17 (55:56)	1:13 (57:09)
	1:22 (58:31)	1:33 (1:00:04)	9:08 (1:09:12)	1:56 (1:11:08)	1:59 (1:13:07)	1:24 (1:14:31)
	1:52 (1:16:23)	1:31 (1:17:54)	4:26 (1:22:20)	5:58 (1:28:18)	6:03 (1:34:21)	2:30 (1:36:51)
	0:10 (1:37:01)					
2.	Theresa Skouboe	Horsens OK	1:42:29	+5:28		
	5:19 (5:19)	7:30 (12:49)	3:31 (16:20)	7:01 (23:21)	4:26 (27:47)	1:37 (29:24)
	4:44 (34:08)	2:42 (36:50)	2:58 (39:48)	3:41 (43:29)	5:26 (48:55)	6:24 (55:19)
	1:02 (56:21)	1:52 (58:13)	10:12 (1:08:25)	2:58 (1:11:23)	1:55 (1:13:18)	2:33 (1:15:51)
	1:40 (1:17:31)	1:46 (1:19:17)	5:08 (1:24:25)	6:55 (1:31:20)	8:09 (1:39:29)	2:49 (1:42:18)
	0:11 (1:42:29)					
3.	Dicte Højbjerg Andersen	Helsingør SOK	1:53:59	+16:58		
	5:43 (5:43)	10:05 (15:48)	3:17 (19:05)	2:58 (22:03)	4:57 (27:00)	7:14 (34:14)
	4:56 (39:10)	7:21 (46:31)	4:48 (51:19)	1:47 (53:06)	6:19 (59:25)	1:30 (1:00:55)
	1:25 (1:02:20)	2:12 (1:04:32)	11:18 (1:15:50)	2:36 (1:18:26)	1:55 (1:20:21)	3:34 (1:23:55)
	1:35 (1:25:30)	2:13 (1:27:43)	6:57 (1:34:40)	7:47 (1:42:27)	8:11 (1:50:38)	3:10 (1:53:48)
	0:11 (1:53:59)					
4.	Alva Nystedt	Skåneslättns OL	1:59:13	+22:12		
	6:40 (6:40)	9:05 (15:45)	1:33 (17:18)	8:49 (26:07)	6:04 (32:11)	1:54 (34:05)
	8:23 (42:28)	3:10 (45:38)	3:50 (49:28)	4:17 (53:45)	7:28 (1:01:13)	5:16 (1:06:29)
	1:38 (1:08:07)	2:09 (1:10:16)	12:49 (1:23:05)	2:47 (1:25:52)	2:36 (1:28:28)	1:34 (1:30:02)
	3:07 (1:33:09)	2:16 (1:35:25)	5:21 (1:40:46)	6:45 (1:47:31)	8:39 (1:56:10)	2:52 (1:59:02)
	0:11 (1:59:13)					
5.	Unni Granfors	IF Rigor	2:12:09	+35:08		
	6:43 (6:43)	9:14 (15:57)	3:14 (19:11)	3:21 (22:32)	4:51 (27:23)	7:15 (34:38)
	5:31 (40:09)	11:23 (51:32)	6:42 (58:14)	1:58 (1:00:12)	5:32 (1:05:44)	1:46 (1:07:30)
	1:29 (1:08:59)	2:21 (1:11:20)	12:44 (1:24:04)	4:24 (1:28:28)	2:03 (1:30:31)	1:43 (1:32:14)
	2:27 (1:34:41)	2:15 (1:36:56)	12:55 (1:49:51)	9:47 (1:59:38)	8:33 (2:08:11)	3:47 (2:11:58)
	0:11 (2:12:09)					
	Hedda Kärner Grooss	Allerød OK	Fejlklip			
	5:42 (5:42)	9:47 (15:29)	1:28 (16:57)	8:22 (25:19)	4:46 (30:05)	1:41 (31:46)
	5:25 (37:11)	2:57 (40:08)	3:41 (43:49)	4:14 (48:03)	6:45 (54:48)	4:02 (58:50)
	1:31 (1:00:21)	– (–)	– (1:14:56)	2:04 (1:17:00)	1:36 (1:18:36)	2:08 (1:20:44)
	1:25 (1:22:09)	2:43 (1:24:52)	5:38 (1:30:30)	5:45 (1:36:15)	7:09 (1:43:24)	2:55 (1:46:19)
	0:10 (1:46:29)					
	Siri Simonsen	FIF Hillerød	Fejlklip			
	5:49 (5:49)	9:58 (15:47)	1:26 (17:13)	8:50 (26:03)	7:32 (33:35)	2:18 (35:53)
	5:15 (41:08)	5:02 (46:10)	3:28 (49:38)	4:41 (54:19)	8:32 (1:02:51)	7:53 (1:10:44)
	3:09 (1:13:53)	2:24 (1:16:17)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)	– (1:43:46)
	0:15 (1:44:01)					
	Camille Marie Næstoft Juhl	Søllerød OK	Ej startet			
	Enni Lindskog	No Klub	Ej startet			
	Nanna Lysemose Poulsen	Silkeborg OK	Ej startet			
	Olivia Larsson	Lunds OK	Ej startet			
	Thea Bökman	Helsingborgs SOK	Ej startet			

D45-	(12 / 12)	Tid	Efter
1. Maria M. Høyer Staugaard	FIF Hillerød	1:27:57	
3:59 (3:59)	6:55 (10:54)	2:54 (16:14)	3:20 (19:34)
4:20 (26:07)	6:50 (32:57)	1:36 (37:08)	4:56 (42:04)
3:36 (48:12)	2:21 (50:33)	6:17 (58:45)	1:44 (1:00:29)
4:33 (1:07:46)	2:41 (1:10:27)	5:34 (1:18:52)	6:23 (1:25:15)
0:12 (1:27:57)			2:30 (1:27:45)
2. Elin Nørgård Kracht	PI-København	1:32:39	+4:42
4:14 (4:14)	6:47 (11:01)	4:14 (19:36)	2:12 (21:48)
3:10 (27:51)	7:42 (35:33)	1:44 (39:47)	6:21 (46:08)
4:00 (53:38)	1:54 (55:32)	3:06 (1:00:47)	1:24 (1:02:11)
5:13 (1:10:11)	3:48 (1:13:59)	5:43 (1:22:49)	6:47 (1:29:36)
0:12 (1:32:39)			2:51 (1:32:27)
3. Irene K. Mikkelsen	Horsens OK	1:44:18	+16:21
4:27 (4:27)	6:54 (11:21)	4:52 (20:50)	2:49 (23:39)
3:59 (38:33)	7:42 (46:15)	1:41 (50:14)	7:50 (58:04)
4:49 (1:06:00)	3:53 (1:09:53)	1:39 (1:15:21)	1:54 (1:17:15)
2:18 (1:21:51)	3:02 (1:24:53)	5:31 (1:33:54)	7:10 (1:41:04)
0:08 (1:44:18)			3:06 (1:44:10)
4. Dorthe Munktvad	Allerød OK	1:47:42	+19:45
4:29 (4:29)	6:48 (11:17)	4:39 (22:33)	2:27 (25:00)
3:44 (32:26)	9:33 (41:59)	2:48 (47:21)	8:12 (55:33)
4:36 (1:03:11)	4:24 (1:07:35)	4:02 (1:15:02)	2:07 (1:17:09)
2:22 (1:21:44)	4:36 (1:26:20)	6:09 (1:36:15)	8:23 (1:44:38)
0:13 (1:47:42)			2:51 (1:47:29)
5. Anna Ljungquist	Lunds OK	1:50:47	+22:50
4:54 (4:54)	6:53 (11:47)	3:49 (18:48)	5:35 (24:23)
5:26 (32:40)	9:16 (41:56)	3:08 (48:37)	7:04 (55:41)
4:44 (1:03:24)	2:08 (1:05:32)	3:40 (1:11:18)	3:52 (1:15:10)
6:19 (1:25:07)	3:38 (1:28:45)	6:38 (1:39:15)	7:55 (1:47:10)
0:16 (1:50:47)			3:21 (1:50:31)
6. Angélique Grønborg Rasmussen	Allerød OK	1:51:07	+23:10
5:03 (5:03)	6:55 (11:58)	4:57 (20:22)	5:20 (25:42)
4:44 (33:20)	8:15 (41:35)	2:32 (47:07)	6:38 (53:45)
5:01 (1:02:50)	5:55 (1:08:45)	3:24 (1:12:09)	2:06 (1:15:51)
5:15 (1:23:19)	5:30 (1:28:49)	7:25 (1:40:06)	7:32 (1:47:38)
0:11 (1:51:07)			3:18 (1:50:56)
7. Gitte R. Christoffersen	Odense OK	1:51:16	+23:19
4:52 (4:52)	6:57 (11:49)	3:51 (18:56)	4:26 (23:22)
6:12 (32:05)	11:06 (43:11)	1:48 (47:58)	7:56 (55:54)
4:43 (1:03:37)	4:50 (1:08:27)	3:58 (1:15:41)	1:45 (1:17:26)
2:48 (1:25:56)	3:45 (1:29:41)	6:42 (1:40:11)	7:35 (1:47:46)
0:16 (1:51:16)			3:14 (1:51:00)
8. Åsa Ericsson	Lunds OK	1:51:54	+23:57
4:53 (4:53)	6:49 (11:42)	3:45 (18:47)	5:29 (24:16)
5:44 (32:35)	10:49 (43:24)	1:45 (47:52)	6:57 (54:49)
4:59 (1:03:17)	4:27 (1:07:44)	3:48 (1:15:08)	2:17 (1:17:25)
6:29 (1:26:01)	3:42 (1:29:43)	6:29 (1:40:16)	8:13 (1:48:29)
0:13 (1:51:54)			3:12 (1:51:41)
9. Lisa Elmerfjord	Lunds OK	2:02:12	+34:15
4:51 (4:51)	6:40 (11:31)	4:32 (23:45)	2:30 (26:15)
4:11 (39:54)	9:06 (49:00)	1:32 (53:11)	7:01 (1:00:12)
4:39 (1:11:42)	2:07 (1:13:49)	4:30 (1:24:32)	2:25 (1:26:57)
2:29 (1:32:52)	4:39 (1:37:31)	8:36 (1:50:52)	7:54 (1:58:46)
0:16 (2:02:12)			3:10 (2:01:56)
10. Louise Axelsson	FK Göingarna	2:11:00	+43:03
4:32 (4:32)	6:51 (11:23)	3:42 (32:16)	5:01 (37:17)
4:41 (44:35)	8:38 (53:13)	2:30 (1:05:52)	6:30 (1:12:22)
4:03 (1:19:25)	5:02 (1:24:27)	1:34 (1:30:26)	2:04 (1:32:30)
3:42 (1:38:36)	3:16 (1:41:52)	5:32 (1:59:20)	7:47 (2:07:07)
0:14 (2:11:00)			3:39 (2:10:46)
11. Ingrid Svantesdotter	FK Göingarna	2:13:47	+45:50
5:32 (5:32)	7:27 (12:59)	4:43 (23:52)	2:36 (26:28)
4:34 (39:57)	8:30 (48:27)	5:29 (57:12)	7:53 (1:05:05)
10:43 (1:19:59)	3:04 (1:23:03)	3:51 (1:31:32)	2:15 (1:33:47)
2:40 (1:41:21)	4:22 (1:45:43)	7:20 (2:00:40)	8:07 (2:08:47)
0:12 (2:13:47)			4:48 (2:13:35)
12. Christine Svendsen	OK Roskilde	2:42:54	+74:57
8:00 (8:00)	14:03 (22:03)	6:39 (35:47)	3:31 (39:18)
4:55 (52:05)	16:11 (1:08:16)	3:12 (1:14:46)	9:27 (1:24:13)
12:41 (1:41:06)	5:20 (1:46:26)	4:17 (1:54:56)	3:15 (1:58:11)
5:05 (2:07:15)	5:19 (2:12:34)	8:40 (2:26:38)	10:36 (2:37:14)
0:14 (2:42:54)			5:26 (2:42:40)

D50-	(23 / 23)	Tid	Efter
1. Anette Bernhed	Sävedalens AIK	1:12:33	
4:55 (4:55)	10:26 (15:21)	3:26 (18:47)	2:51 (21:38)
3:37 (31:07)	7:33 (38:40)	2:57 (41:37)	2:16 (43:53)
5:59 (1:01:14)	4:48 (1:06:02)	1:41 (1:07:43)	1:56 (1:09:39)
			2:42 (1:12:21)
			3:05 (27:30)
			9:54 (55:15)
			0:12 (1:12:33)
2. Ingrid Johansson	No Klub	1:13:39	+1:06
6:03 (6:03)	6:38 (12:41)	4:25 (17:06)	2:19 (19:25)
3:26 (27:47)	9:27 (37:14)	3:28 (40:42)	2:30 (43:12)
6:15 (1:01:20)	4:46 (1:06:06)	1:49 (1:07:55)	2:15 (1:10:10)
			3:15 (1:13:25)
			2:30 (24:21)
			10:10 (55:05)
			0:14 (1:13:39)
3. Anne Bloch Frandsen	OK Sorø	1:15:05	+2:32
6:23 (6:23)	6:33 (12:56)	3:35 (16:31)	2:32 (19:03)
2:58 (28:43)	9:35 (38:18)	3:32 (41:50)	2:44 (44:34)
6:36 (1:03:13)	3:54 (1:07:07)	2:05 (1:09:12)	2:26 (1:11:38)
			2:51 (21:54)
			2:03 (46:37)
			3:14 (1:14:52)
			0:13 (1:15:05)
4. Kristina Spångberg	Lunds OK	1:15:11	+2:38
5:49 (5:49)	6:56 (12:45)	4:35 (17:20)	2:47 (20:07)
3:38 (29:40)	8:43 (38:23)	3:31 (41:54)	2:33 (44:27)
6:54 (1:03:05)	3:55 (1:07:00)	1:53 (1:08:53)	2:17 (1:11:10)
			3:47 (1:14:57)
			2:52 (26:02)
			9:58 (56:11)
			0:14 (1:15:11)
5. Annika Engel	No Klub	1:15:43	+3:10
5:51 (5:51)	7:02 (12:53)	4:32 (17:25)	2:39 (20:04)
3:43 (29:11)	8:36 (37:47)	3:25 (41:12)	2:53 (44:05)
7:00 (1:03:14)	4:10 (1:07:24)	2:01 (1:09:25)	2:22 (1:11:47)
			2:38 (22:42)
			1:39 (45:44)
			3:37 (1:15:24)
			2:46 (25:28)
			10:30 (56:14)
			0:19 (1:15:43)
6. Helena Kristiansson	Hässelholms OK	1:18:27	+5:54
5:47 (5:47)	6:48 (12:35)	4:34 (17:09)	5:02 (22:11)
2:26 (31:36)	9:06 (40:42)	3:33 (44:15)	2:43 (46:58)
6:19 (1:05:40)	4:07 (1:09:47)	2:37 (1:12:24)	2:32 (1:14:56)
			2:50 (25:01)
			1:48 (48:46)
			3:17 (1:18:13)
			4:09 (29:10)
			10:35 (59:21)
			0:14 (1:18:27)
7. Ann-Sofie Brink	Markaryds FK	1:18:56	+6:23
5:52 (5:52)	6:54 (12:46)	3:58 (16:44)	5:35 (22:19)
2:36 (31:43)	8:50 (40:33)	3:46 (44:19)	2:43 (47:02)
6:42 (1:05:59)	4:10 (1:10:09)	2:17 (1:12:26)	2:48 (1:15:14)
			3:29 (1:18:43)
			4:01 (29:07)
			10:32 (59:17)
			0:13 (1:18:56)
8. Bente Kjær Hemmingsen	FIF Hillerød	1:18:58	+6:25
5:58 (5:58)	6:52 (12:50)	3:51 (16:41)	2:45 (19:26)
3:03 (29:35)	9:43 (39:18)	3:34 (42:52)	3:36 (46:28)
6:31 (1:06:06)	4:05 (1:10:11)	2:21 (1:12:32)	2:54 (1:15:26)
			2:59 (22:25)
			1:58 (48:26)
			3:20 (1:18:46)
			4:07 (26:32)
			11:09 (59:35)
			0:12 (1:18:58)
9. Sandra Simonsen	FIF Hillerød	1:21:35	+9:02
5:29 (5:29)	7:33 (13:02)	3:48 (16:50)	3:03 (19:53)
3:48 (29:21)	9:48 (39:09)	3:39 (42:48)	3:37 (46:25)
7:16 (1:06:40)	4:36 (1:11:16)	3:13 (1:14:29)	3:07 (1:17:36)
			2:44 (22:37)
			1:57 (48:22)
			3:44 (1:21:20)
			2:56 (25:33)
			11:02 (59:24)
			0:15 (1:21:35)
10. Charlotte Højsgaard Thune	Farum OK	1:24:09	+11:36
5:36 (5:36)	8:00 (13:36)	4:46 (18:22)	3:39 (22:01)
2:50 (31:54)	9:26 (41:20)	3:51 (45:11)	3:20 (48:31)
7:23 (1:10:18)	4:41 (1:14:59)	2:36 (1:17:35)	2:37 (1:20:12)
			3:43 (1:23:55)
			4:07 (29:04)
			12:06 (1:02:55)
			0:14 (1:24:09)
11. Eva Smedegaard	Søllerød OK	1:27:26	+14:53
5:10 (5:10)	8:36 (13:46)	3:18 (17:04)	2:15 (19:19)
3:11 (28:51)	14:56 (43:47)	4:07 (47:54)	2:51 (50:45)
7:20 (1:15:03)	3:44 (1:18:47)	2:10 (1:20:57)	2:23 (1:23:20)
			2:46 (22:05)
			1:30 (52:15)
			3:45 (1:27:05)
			3:35 (25:40)
			15:28 (1:07:43)
			0:21 (1:27:26)
12. Caroline Liljebjörn	Nybro OK	1:37:25	+24:52
5:11 (5:11)	7:30 (12:41)	4:15 (16:56)	3:02 (19:58)
3:42 (29:04)	15:21 (44:25)	3:27 (47:52)	3:10 (51:02)
20:16 (1:24:25)	4:06 (1:28:31)	2:16 (1:30:47)	2:35 (1:33:22)
			2:48 (22:46)
			1:58 (53:00)
			3:51 (1:37:13)
			2:36 (25:22)
			11:09 (1:04:09)
			0:12 (1:37:25)
13. kerstin olsson	No Klub	1:37:26	+24:53
6:12 (6:12)	10:23 (16:35)	6:58 (23:33)	5:37 (29:10)
3:10 (39:44)	10:23 (50:07)	3:53 (54:00)	3:17 (57:17)
8:11 (1:19:33)	8:30 (1:28:03)	2:30 (1:30:33)	2:42 (1:33:15)
			3:14 (32:24)
			2:26 (59:43)
			3:54 (1:37:09)
			4:10 (36:34)
			11:39 (1:11:22)
			0:17 (1:37:26)
14. Trine Raaen	Aker Brygge Orientering	1:44:19	+31:46
5:08 (5:08)	7:12 (12:20)	20:44 (33:04)	2:39 (35:43)
3:10 (46:13)	9:40 (55:53)	3:28 (59:21)	4:11 (1:03:32)
10:56 (1:28:41)	4:15 (1:32:56)	1:58 (1:34:54)	5:34 (1:40:28)
			3:25 (39:08)
			3:09 (1:06:41)
			3:40 (1:44:08)
			3:55 (43:03)
			11:04 (1:17:45)
			0:11 (1:44:19)
Anne Maarup	Allerød OK	Fejlklip	
5:55 (5:55)	7:01 (12:56)	4:17 (17:13)	2:56 (20:09)
3:42 (29:22)	– (–)	– (41:19)	2:35 (43:54)
6:43 (1:01:45)	4:04 (1:05:49)	2:02 (1:07:51)	2:17 (1:10:08)
			3:14 (1:13:22)
			2:49 (25:40)
			9:29 (55:02)
			0:11 (1:13:33)
Mette Rønning Steffensen	OK Øst Birkerød	Fejlklip	
5:31 (5:31)	7:35 (13:06)	5:19 (18:25)	3:00 (21:25)
– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)
			– (39:05)
Pernille Hansen	Helsingør SOK	Fejlklip	
5:12 (5:12)	7:51 (13:03)	4:30 (17:33)	3:02 (20:35)
3:56 (31:59)	24:48 (56:47)	3:12 (59:59)	3:12 (1:03:11)
– (–)	– (–)	– (–)	– (–)
			4:08 (24:43)
			3:14 (1:06:25)
			– (–)
			3:20 (28:03)
			10:22 (1:16:47)
			– (1:39:55)
Helena Åhlin	Helsingborgs SOK	Udgået	
5:49 (5:49)	7:00 (12:49)	17:04 (29:53)	2:59 (32:52)
3:15 (42:52)	10:38 (53:30)	3:13 (56:43)	2:48 (59:31)
– (–)	– (–)	– (–)	– (–)
			3:21 (36:13)
			2:04 (1:01:35)
			– (–)
			3:24 (39:37)
			– (–)
			– (–)
Tine Meyhoff Petersen	Herlufsholm OK	Udgået	
6:24 (6:24)	28:37 (35:01)	9:39 (44:40)	3:55 (48:35)
4:01 (1:03:32)	25:39 (1:29:11)	4:39 (1:33:50)	4:26 (1:38:16)
11:43 (2:24:47)	7:07 (2:31:54)	3:03 (2:34:57)	3:54 (2:38:51)
			3:35 (52:10)
			3:16 (1:41:32)
			6:06 (2:44:57)
			7:21 (59:31)
			31:32 (2:13:04)
			– (–)
Anne Kaae-Nielsen	Søllerød OK	Ej startet	
Gunilla Gustavsson	OK Orion	Ej startet	
Nina Henriksen	Holbæk OK	Ej startet	
Ulrika Örnhammar Jørgensen	OK Snab	Ej startet	

D55-	(14 / 14)	Tid	Efter		
1. Lisel Arvidsson	Växjö OK	1:12:37			
5:05 (5:05)	7:05 (12:10)	3:29 (15:39)	2:55 (18:34)	3:45 (22:19)	3:53 (26:12)
2:44 (28:56)	8:08 (37:04)	4:06 (41:10)	2:38 (43:48)	1:37 (45:25)	8:55 (54:20)
6:54 (1:01:14)	4:00 (1:05:14)	1:57 (1:07:11)	2:12 (1:09:23)	3:02 (1:12:25)	0:12 (1:12:37)
2. Mette Filskov	OK Sorø	1:12:44	+0:07		
5:54 (5:54)	6:18 (12:12)	5:48 (18:00)	2:16 (20:16)	2:32 (22:48)	2:29 (25:17)
3:21 (28:38)	8:28 (37:06)	4:21 (41:27)	2:28 (43:55)	1:39 (45:34)	8:52 (54:26)
6:50 (1:01:16)	4:39 (1:05:55)	1:50 (1:07:45)	1:59 (1:09:44)	2:46 (1:12:30)	0:14 (1:12:44)
3. Britt-Marie Stensson	Helsingborgs SOK	1:13:36	+0:59		
5:02 (5:02)	7:15 (12:17)	6:10 (18:27)	2:23 (20:50)	2:35 (23:25)	2:35 (26:00)
3:30 (29:30)	8:40 (38:10)	3:14 (41:24)	2:34 (43:58)	1:39 (45:37)	9:08 (54:45)
6:34 (1:01:19)	4:44 (1:06:03)	1:55 (1:07:58)	2:17 (1:10:15)	3:09 (1:13:24)	0:12 (1:13:36)
4. Birgitte Erskov Halland	OK Øst Birkerød	1:13:44	+1:07		
5:07 (5:07)	7:07 (12:14)	3:32 (15:46)	2:59 (18:45)	3:00 (21:45)	4:30 (26:15)
2:43 (28:58)	8:44 (37:42)	3:27 (41:09)	2:43 (43:52)	1:43 (45:35)	9:33 (55:08)
6:42 (1:01:50)	4:01 (1:05:51)	2:02 (1:07:53)	2:20 (1:10:13)	3:19 (1:13:32)	0:12 (1:13:44)
5. Annette Bonde	Ballerup OK	1:15:07	+2:30		
5:13 (5:13)	7:21 (12:34)	4:52 (17:26)	2:33 (19:59)	2:33 (22:32)	2:48 (25:20)
3:36 (28:56)	8:50 (37:46)	3:13 (40:59)	3:03 (44:02)	1:49 (45:51)	9:36 (55:27)
7:53 (1:03:20)	3:58 (1:07:18)	2:01 (1:09:19)	2:19 (1:11:38)	3:17 (1:14:55)	0:12 (1:15:07)
6. Ragnhild Hald	Kristiansand OK	1:18:48	+6:11		
5:00 (5:00)	7:53 (12:53)	6:05 (18:58)	3:07 (22:05)	2:35 (24:40)	3:35 (28:15)
2:33 (30:48)	9:53 (40:41)	3:16 (43:57)	2:46 (46:43)	1:45 (48:28)	10:34 (59:02)
7:18 (1:06:20)	3:52 (1:10:12)	2:10 (1:12:22)	2:56 (1:15:18)	3:14 (1:18:32)	0:16 (1:18:48)
7. Anne Skovbaek	Søllerød OK	1:19:24	+6:47		
5:25 (5:25)	7:25 (12:50)	3:39 (16:29)	2:32 (19:01)	3:03 (22:04)	3:46 (25:50)
3:10 (29:00)	9:17 (38:17)	3:27 (41:44)	2:52 (44:36)	2:06 (46:42)	11:27 (58:09)
7:35 (1:05:44)	4:15 (1:09:59)	2:35 (1:12:34)	3:12 (1:15:46)	3:24 (1:19:10)	0:14 (1:19:24)
8. Birgitte Birck	Allerød OK	1:26:46	+14:09		
5:59 (5:59)	6:53 (12:52)	3:32 (16:24)	2:30 (18:54)	3:03 (21:57)	3:58 (25:55)
3:03 (28:58)	15:14 (44:12)	3:38 (47:50)	2:49 (50:39)	1:55 (52:34)	11:50 (1:04:24)
7:50 (1:12:14)	4:31 (1:16:45)	3:33 (1:20:18)	2:55 (1:23:13)	3:18 (1:26:31)	0:15 (1:26:46)
9. Siri Klausen	Ballerup OK	1:32:07	+19:30		
7:42 (7:42)	9:03 (16:45)	4:53 (21:38)	3:15 (24:53)	4:03 (28:56)	3:20 (32:16)
4:13 (36:29)	9:26 (45:55)	3:54 (49:49)	3:41 (53:30)	2:46 (56:16)	11:23 (1:07:39)
9:22 (1:17:01)	5:11 (1:22:12)	2:33 (1:24:45)	3:05 (1:27:50)	4:00 (1:31:50)	0:17 (1:32:07)
10. Charlotte Grauert	Ballerup OK	1:37:31	+24:54		
7:49 (7:49)	9:01 (16:50)	4:19 (21:09)	3:52 (25:01)	4:14 (29:15)	4:37 (33:52)
3:28 (37:20)	10:03 (47:23)	3:57 (51:20)	4:22 (55:42)	2:41 (58:23)	12:44 (1:11:07)
8:45 (1:19:52)	6:53 (1:26:45)	3:11 (1:29:56)	3:23 (1:33:19)	3:57 (1:37:16)	0:15 (1:37:31)
11. Tina Hagård	Rävetofta OK	1:42:54	+30:17		
5:55 (5:55)	10:43 (16:38)	5:04 (21:42)	3:29 (25:11)	4:08 (29:19)	3:17 (32:36)
4:11 (36:47)	10:18 (47:05)	4:03 (51:08)	4:14 (55:22)	2:18 (57:40)	13:24 (1:11:04)
8:45 (1:19:49)	9:40 (1:29:29)	5:42 (1:35:11)	3:53 (1:39:04)	3:38 (1:42:42)	0:12 (1:42:54)
12. Christina Sterner	Tockarps IK	1:44:35	+31:58		
4:56 (4:56)	7:14 (12:10)	18:43 (30:53)	2:34 (33:27)	2:29 (35:56)	3:07 (39:03)
3:47 (42:50)	19:12 (1:02:02)	3:06 (1:05:08)	2:54 (1:08:02)	1:34 (1:09:36)	13:18 (1:22:54)
6:04 (1:28:58)	3:52 (1:32:50)	1:59 (1:34:49)	5:28 (1:40:17)	4:03 (1:44:20)	0:15 (1:44:35)
13. Susanne Thrane	Søllerød OK	1:51:50	+39:13		
5:27 (5:27)	7:45 (13:12)	5:19 (18:31)	3:11 (21:42)	5:58 (27:40)	4:01 (31:41)
3:58 (35:39)	11:02 (46:41)	6:48 (53:29)	3:39 (57:08)	3:16 (1:00:24)	11:16 (1:11:40)
10:28 (1:22:08)	13:07 (1:35:15)	10:09 (1:45:24)	2:34 (1:47:58)	3:39 (1:51:37)	0:13 (1:51:50)
Bente Madsen	Tisvilde Hegn OK	Føjklip			
5:15 (5:15)	7:13 (12:28)	3:19 (15:47)	2:50 (18:37)	3:01 (21:38)	4:56 (26:34)
2:32 (29:06)	— (—)	— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)	— (—)	— (1:04:44)

DHÅbenKort		(66 / 66)	Tid	Efter		
1.	Mads Møller Skaug	OK Pan	48:32			
	3:12 (3:12)	5:32 (8:44)	3:23 (12:07)	2:21 (14:28)	1:51 (16:19)	2:21 (18:40)
	1:30 (20:10)	5:23 (25:33)	2:11 (27:44)	1:46 (29:30)	1:07 (30:37)	6:19 (36:56)
	4:10 (41:06)	2:37 (43:43)	1:13 (44:56)	1:25 (46:21)	2:03 (48:24)	0:08 (48:32)
2.	Rune Østergaard	Søllerød OK	51:04	+2:32		
	3:11 (3:11)	5:36 (8:47)	2:19 (11:06)	1:42 (12:48)	1:59 (14:47)	1:58 (16:45)
	2:42 (19:27)	6:33 (26:00)	2:38 (28:38)	2:13 (30:51)	1:12 (32:03)	6:55 (38:58)
	4:26 (43:24)	2:34 (45:58)	1:14 (47:12)	1:35 (48:47)	2:07 (50:54)	0:10 (51:04)
3.	Peter Jacobsson	IKHP	51:10	+2:38		
	3:43 (3:43)	4:47 (8:30)	2:36 (11:06)	1:49 (12:55)	2:05 (15:00)	2:45 (17:45)
	2:01 (19:46)	6:07 (25:53)	2:15 (28:08)	1:52 (30:00)	1:14 (31:14)	7:13 (38:27)
	4:48 (43:15)	2:45 (46:00)	1:14 (47:14)	1:39 (48:53)	2:05 (50:58)	0:12 (51:10)
4.	Björn Kristiansson	Trollhättans SOK	51:39	+3:07		
	3:38 (3:38)	4:55 (8:33)	2:16 (10:49)	1:40 (12:29)	1:47 (14:16)	2:10 (16:26)
	2:44 (19:10)	6:25 (25:35)	2:24 (27:59)	1:59 (29:58)	1:14 (31:12)	7:18 (38:30)
	4:41 (43:11)	2:55 (46:06)	1:19 (47:25)	1:34 (48:59)	2:26 (51:25)	0:14 (51:39)
5.	Keld Hinge Krogsgaard	Silkeborg OK	54:54	+6:22		
	3:37 (3:37)	5:19 (8:56)	2:33 (11:29)	1:51 (13:20)	2:00 (15:20)	2:05 (17:25)
	2:52 (20:17)	6:32 (26:49)	2:36 (29:25)	1:55 (31:20)	1:12 (32:32)	7:54 (40:26)
	5:02 (45:28)	3:04 (48:32)	1:30 (50:02)	1:56 (51:58)	2:41 (54:39)	0:15 (54:54)
6.	Rasmus Nielsen	Tisvilde Hegn OK	57:10	+8:38		
	3:27 (3:27)	5:11 (8:38)	4:39 (13:17)	1:38 (14:55)	2:04 (16:59)	1:55 (18:54)
	2:31 (21:25)	6:07 (27:32)	2:11 (29:43)	1:56 (31:39)	1:12 (32:51)	11:20 (44:11)
	4:21 (48:32)	2:46 (51:18)	1:22 (52:40)	1:55 (54:35)	2:24 (56:59)	0:11 (57:10)
7.	Oscar Sig	Silkeborg OK	58:49	+10:17		
	3:18 (3:18)	5:18 (8:36)	2:12 (10:48)	2:51 (13:39)	1:48 (15:27)	1:55 (17:22)
	3:15 (20:37)	6:11 (26:48)	6:40 (33:28)	2:04 (35:32)	1:09 (36:41)	8:37 (45:18)
	5:06 (50:24)	2:51 (53:15)	1:24 (54:39)	1:34 (56:13)	2:28 (58:41)	0:08 (58:49)
8.	Lars Munktvad	Allerød OK	59:41	+11:09		
	3:58 (3:58)	5:18 (9:16)	3:01 (12:17)	2:09 (14:26)	2:11 (16:37)	2:37 (19:14)
	3:33 (22:47)	7:21 (30:08)	2:49 (32:57)	2:13 (35:10)	1:26 (36:36)	8:44 (45:20)
	5:12 (50:32)	3:04 (53:36)	1:31 (55:07)	1:57 (57:04)	2:27 (59:31)	0:10 (59:41)
9.	Nils-Peter Vest Nielsen	Allerød OK	59:43	+11:11		
	4:22 (4:22)	6:30 (10:52)	3:08 (14:00)	2:03 (16:03)	1:58 (18:01)	2:10 (20:11)
	2:41 (22:52)	7:04 (29:56)	3:17 (33:13)	2:57 (36:10)	1:32 (37:42)	7:33 (45:15)
	5:12 (50:27)	3:03 (53:30)	1:41 (55:11)	1:55 (57:06)	2:27 (59:33)	0:10 (59:43)
10.	Magnus Bernhed	Sävedalens AIK	1:00:17	+11:45		
	3:55 (3:55)	5:31 (9:26)	3:00 (12:26)	2:25 (14:51)	2:05 (16:56)	2:29 (19:25)
	3:26 (22:51)	7:21 (30:12)	2:51 (33:03)	2:12 (35:15)	1:25 (36:40)	8:42 (45:22)
	5:16 (50:38)	3:05 (53:43)	1:33 (55:16)	1:54 (57:10)	2:53 (1:00:03)	0:14 (1:00:17)
11.	Lars Lyngsø	Allerød OK	1:04:29	+15:57		
	4:05 (4:05)	5:29 (9:34)	3:22 (12:56)	2:07 (15:03)	2:18 (17:21)	2:30 (19:51)
	3:12 (23:03)	10:17 (33:20)	2:39 (35:59)	2:24 (38:23)	1:27 (39:50)	8:33 (48:23)
	6:29 (54:52)	3:25 (58:17)	1:40 (59:57)	1:50 (1:01:47)	2:31 (1:04:18)	0:11 (1:04:29)
12.	Magnus Ullman	OK Alehof	1:05:01	+16:29		
	4:11 (4:11)	5:37 (9:48)	3:10 (12:58)	2:09 (15:07)	2:24 (17:31)	2:28 (19:59)
	3:11 (23:10)	10:15 (33:25)	2:38 (36:03)	2:41 (38:44)	1:22 (40:06)	8:16 (48:22)
	5:52 (54:14)	3:44 (57:58)	1:50 (59:48)	1:57 (1:01:45)	3:03 (1:04:48)	0:13 (1:05:01)
13.	Niels Petersen	No Klub	1:05:58	+17:26		
	4:31 (4:31)	6:07 (10:38)	3:46 (14:24)	2:13 (16:37)	2:38 (19:15)	3:26 (22:41)
	2:16 (24:57)	7:20 (32:17)	3:03 (35:20)	2:56 (38:16)	1:45 (40:01)	8:49 (48:50)
	6:07 (54:57)	3:31 (58:28)	1:47 (1:00:15)	2:17 (1:02:32)	3:11 (1:05:43)	0:15 (1:05:58)
14.	Mikkel Petersen	No Klub	1:06:10	+17:38		
	4:40 (4:40)	6:00 (10:40)	5:52 (16:32)	1:31 (18:03)	2:19 (20:22)	2:05 (22:27)
	2:31 (24:58)	8:38 (33:36)	2:40 (36:16)	2:49 (39:05)	1:31 (40:36)	7:04 (47:40)
	9:23 (57:03)	2:55 (59:58)	1:24 (1:01:22)	1:55 (1:03:17)	2:42 (1:05:59)	0:11 (1:06:10)
15.	Jens Bentsen	OK Øst Birkerød	1:06:40	+18:08		
	4:35 (4:35)	6:12 (10:47)	3:39 (14:26)	2:26 (16:52)	2:22 (19:14)	2:37 (21:51)
	3:29 (25:20)	7:53 (33:13)	3:18 (36:31)	2:36 (39:07)	1:27 (40:34)	9:18 (49:52)
	5:54 (55:46)	3:44 (59:30)	1:46 (1:01:16)	2:06 (1:03:22)	3:02 (1:06:24)	0:16 (1:06:40)
16.	Michael Møller	Ballerup OK	1:07:15	+18:43		
	4:13 (4:13)	6:43 (10:56)	3:46 (14:42)	2:05 (16:47)	2:40 (19:27)	2:18 (21:45)
	3:31 (25:16)	8:24 (33:40)	2:54 (36:34)	2:43 (39:17)	1:40 (40:57)	8:41 (49:38)
	5:55 (55:33)	3:43 (59:16)	1:42 (1:00:58)	1:59 (1:02:57)	4:03 (1:07:00)	0:15 (1:07:15)
17.	Jørgen Münster-Swendsen	Søllerød OK	1:07:54	+19:22		
	4:49 (4:49)	6:37 (11:26)	3:06 (14:32)	2:11 (16:43)	2:26 (19:09)	2:32 (21:41)
	3:29 (25:10)	8:08 (33:18)	3:00 (36:18)	2:31 (38:49)	1:33 (40:22)	9:14 (49:36)
	6:27 (56:03)	4:15 (1:00:18)	2:03 (1:02:21)	2:05 (1:04:26)	3:16 (1:07:42)	0:12 (1:07:54)
18.	Jonas Pettersson Berg	Halmstad ok	1:11:40	+23:08		
	4:51 (4:51)	5:54 (10:45)	3:28 (14:13)	2:54 (17:07)	2:01 (19:08)	2:22 (21:30)
	3:42 (25:12)	8:25 (33:37)	3:15 (36:52)	2:17 (39:09)	1:40 (40:49)	8:53 (49:42)
	7:36 (57:18)	7:12 (1:04:30)	2:00 (1:06:30)	2:07 (1:08:37)	2:52 (1:11:29)	0:11 (1:11:40)
19.	Stefan Gunnarsson	Halmstad ok	1:11:54	+23:22		
	4:24 (4:24)	5:55 (10:19)	3:22 (13:41)	2:41 (16:22)	2:15 (18:37)	10:00 (28:37)
	2:10 (30:47)	8:04 (38:51)	3:05 (41:56)	2:20 (44:16)	2:12 (46:28)	9:20 (55:48)
	5:38 (1:01:26)	3:41 (1:05:07)	1:31 (1:06:38)	1:58 (1:08:36)	3:05 (1:11:41)	0:13 (1:11:54)
20.	Magnus Ombustvedt	OK Moss	1:11:56	+23:24		
	4:29 (4:29)	6:23 (10:52)	3:28 (14:20)	2:29 (16:49)	2:41 (19:30)	5:03 (24:33)
	2:32 (27:05)	8:43 (35:48)	3:04 (38:52)	2:49 (41:41)	2:11 (43:52)	10:44 (54:36)
	6:11 (1:00:47)	3:52 (1:04:39)	1:51 (1:06:30)	2:04 (1:08:34)	3:10 (1:11:44)	0:12 (1:11:56)
21.	Celine Hinge Krogsgaard	Silkeborg OK	1:12:25	+23:53		
	4:22 (4:22)	6:20 (10:42)	3:25 (14:07)	3:07 (17:14)	2:52 (20:06)	3:33 (23:39)
	2:20 (25:59)	7:45 (33:44)	2:48 (36:32)	2:25 (38:57)	1:21 (40:18)	15:25 (55:43)
	5:31 (1:01:14)	3:47 (1:05:01)	1:34 (1:06:35)	2:42 (1:09:17)	2:56 (1:12:13)	0:12 (1:12:25)
22.	Henrik Nielsen	Holbæk OK	1:15:25	+26:53		
	5:29 (5:29)	7:06 (12:35)	3:36 (16:11)	2:30 (18:41)	2:44 (21:25)	2:57 (24:22)
	4:17 (28:39)	9:01 (37:40)	3:41 (41:21)	3:08 (44:29)	1:47 (46:16)	9:49 (56:05)
	7:01 (1:03:06)	4:12 (1:07:18)	2:02 (1:09:20)	2:28 (1:11:48)	3:25 (1:15:13)	0:12 (1:15:25)
23.	Maj Weise Christiansen	Ballerup OK	1:17:02	+28:30		
	5:49 (5:49)	7:07 (12:56)	3:33 (16:29)	2:25 (18:54)	2:54 (21:48)	4:15 (26:03)
	2:29 (28:32)	9:23 (37:55)	3:44 (41:39)	3:03 (44:42)	1:55 (46:37)	9:34 (56:11)
	7:09 (1:03:20)	5:17 (1:08:37)	2:40 (1:11:17)	2:15 (1:13:32)	3:17 (1:16:49)	0:13 (1:17:02)

24.	Morten Ploug	Ballerup OK	1:22:02	+33:30		
	4:17 (4:17)	6:13 (10:30)	5:16 (15:46)	2:42 (18:28)	3:07 (21:35)	2:37 (24:12)
	3:37 (27:49)	14:18 (42:07)	3:16 (45:23)	2:49 (48:12)	1:34 (49:46)	11:53 (1:01:39)
	7:06 (1:08:45)	3:57 (1:12:42)	2:03 (1:14:45)	4:25 (1:19:10)	2:37 (1:21:47)	0:15 (1:22:02)
25.	Allan Skouboe	Horsens OK	1:22:36	+34:04		
	5:04 (5:04)	7:24 (12:28)	3:54 (16:22)	2:37 (18:59)	2:54 (21:53)	4:22 (26:15)
	2:37 (28:52)	9:09 (38:01)	3:37 (41:38)	2:55 (44:33)	1:54 (46:27)	11:01 (57:28)
	8:34 (1:06:02)	4:27 (1:10:29)	2:34 (1:13:03)	6:13 (1:19:16)	3:08 (1:22:24)	0:12 (1:22:36)
26.	Fredrik Ullman	Skåneslättens OL	1:22:59	+34:27		
	4:43 (4:43)	7:28 (12:11)	3:38 (15:49)	2:37 (18:26)	2:49 (21:15)	2:55 (24:10)
	4:13 (28:23)	10:08 (38:31)	3:57 (42:28)	4:09 (46:37)	2:11 (48:48)	13:19 (1:02:07)
	7:01 (1:09:08)	4:48 (1:13:56)	2:21 (1:16:17)	3:09 (1:19:26)	3:22 (1:22:48)	0:11 (1:22:59)
27.	Andreas Hermansson	Svartklubben	1:23:02	+34:30		
	5:32 (5:32)	7:47 (13:19)	4:13 (17:32)	3:25 (20:57)	2:58 (23:55)	3:50 (27:45)
	3:22 (31:07)	10:44 (41:51)	3:22 (45:13)	2:55 (48:08)	1:47 (49:55)	13:01 (1:02:56)
	6:59 (1:09:55)	4:26 (1:14:21)	2:16 (1:16:37)	2:46 (1:19:23)	3:27 (1:22:50)	0:12 (1:23:02)
28.	Kerstin Olvegård	FK Göingarna	1:23:04	+34:32		
	5:22 (5:22)	7:40 (13:02)	3:49 (16:51)	2:42 (19:33)	3:03 (22:36)	3:53 (26:29)
	2:46 (29:15)	11:42 (40:57)	3:30 (44:27)	3:05 (47:32)	2:06 (49:38)	12:45 (1:02:23)
	6:41 (1:09:04)	4:25 (1:13:29)	2:58 (1:16:27)	3:08 (1:19:35)	3:17 (1:22:52)	0:12 (1:23:04)
29.	Sven-Åke Emanuelsson	Helsingborgs SOK	1:23:37	+35:05		
	5:23 (5:23)	8:01 (13:24)	4:46 (18:10)	2:53 (21:03)	3:05 (24:08)	3:58 (28:06)
	2:50 (30:56)	9:59 (40:55)	3:24 (44:19)	3:10 (47:29)	2:02 (49:31)	12:55 (1:02:26)
	7:19 (1:09:45)	4:57 (1:14:42)	2:13 (1:16:55)	2:35 (1:19:30)	3:50 (1:23:20)	0:17 (1:23:37)
30.	Claus Kaae-Nielsen	Søllerød OK	1:25:47	+37:15		
	4:32 (4:32)	5:41 (10:13)	3:04 (13:17)	3:51 (17:08)	2:45 (19:53)	14:17 (34:10)
	3:51 (38:01)	8:01 (46:02)	3:35 (49:37)	3:29 (53:06)	2:24 (55:30)	9:07 (1:04:37)
	6:32 (1:11:09)	4:48 (1:15:57)	3:33 (1:19:30)	3:06 (1:22:36)	2:58 (1:25:34)	0:13 (1:25:47)
31.	Lars Inglander	IKHP	1:27:47	+39:15		
	5:07 (5:07)	7:54 (13:01)	3:53 (16:54)	2:59 (19:53)	5:06 (24:59)	3:30 (28:29)
	3:45 (32:14)	9:58 (42:12)	3:22 (45:34)	2:51 (48:25)	1:37 (50:02)	14:48 (1:04:50)
	8:27 (1:13:17)	5:18 (1:18:35)	2:36 (1:21:11)	2:45 (1:23:56)	3:36 (1:27:32)	0:15 (1:27:47)
32.	Anders Eriksson	OK Gipen	1:28:00	+39:28		
	5:19 (5:19)	7:34 (12:53)	4:02 (16:55)	2:46 (19:41)	3:19 (23:00)	3:50 (26:50)
	2:43 (29:33)	9:07 (38:40)	3:50 (42:30)	4:09 (46:39)	2:00 (48:39)	18:30 (1:07:09)
	7:15 (1:14:24)	4:30 (1:18:54)	2:19 (1:21:13)	3:02 (1:24:15)	3:30 (1:27:45)	0:15 (1:28:00)
33.	Gunner Sie	OK Øst Birkerød	1:29:31	+40:59		
	5:42 (5:42)	8:38 (14:20)	4:50 (19:10)	2:46 (21:56)	5:57 (27:53)	5:17 (33:10)
	4:16 (37:26)	11:07 (48:33)	3:31 (52:04)	3:11 (55:15)	1:55 (57:10)	11:57 (1:09:07)
	7:36 (1:16:43)	4:13 (1:20:56)	2:40 (1:23:36)	2:25 (1:26:01)	3:15 (1:29:16)	0:15 (1:29:31)
34.	John Tangen	Eidskog Eidskog ol	1:29:55	+41:23		
	4:36 (4:36)	6:17 (10:53)	3:41 (14:34)	2:51 (17:25)	2:31 (19:56)	4:53 (24:49)
	2:29 (27:18)	13:30 (40:48)	2:35 (43:23)	3:20 (46:43)	1:58 (48:41)	18:26 (1:07:07)
	6:19 (1:13:26)	5:30 (1:18:56)	2:10 (1:21:06)	5:34 (1:26:40)	3:01 (1:29:41)	0:14 (1:29:55)
35.	Roy Gjerding	OK Moss	1:31:26	+42:54		
	5:44 (5:44)	8:40 (14:24)	4:42 (19:06)	2:58 (22:04)	3:19 (25:23)	4:01 (29:24)
	4:20 (33:44)	14:47 (48:31)	3:37 (52:08)	3:04 (55:12)	1:55 (57:07)	12:02 (1:09:09)
	8:23 (1:17:32)	5:02 (1:22:34)	2:29 (1:25:03)	2:26 (1:27:29)	3:42 (1:31:11)	0:15 (1:31:26)
36.	Willie Ohlsson	Rävetofta OK	1:37:22	+48:50		
	6:39 (6:39)	9:08 (15:47)	4:26 (20:13)	3:15 (23:28)	3:16 (26:44)	3:24 (30:08)
	4:59 (35:07)	11:36 (46:43)	5:12 (51:55)	3:08 (55:03)	2:01 (57:04)	13:25 (1:10:29)
	9:23 (1:19:52)	5:40 (1:25:32)	3:15 (1:28:47)	2:58 (1:31:45)	5:16 (1:37:01)	0:21 (1:37:22)
37.	Bo Konring	Søllerød OK	1:37:50	+49:18		
	7:42 (7:42)	9:24 (17:06)	4:29 (21:35)	3:41 (25:16)	3:08 (28:24)	3:52 (32:16)
	4:55 (37:11)	11:45 (48:56)	4:15 (53:11)	3:09 (56:20)	2:22 (58:42)	13:56 (1:12:38)
	8:31 (1:21:09)	5:34 (1:26:43)	2:57 (1:29:40)	2:54 (1:32:34)	4:54 (1:37:28)	0:22 (1:37:50)
38.	Lars Johansson	Malmö OK	1:42:25	+53:53		
	6:00 (6:00)	10:07 (16:07)	4:29 (20:36)	4:13 (24:49)	6:13 (31:02)	3:50 (34:52)
	5:12 (40:04)	9:50 (49:54)	4:17 (54:11)	3:47 (57:58)	2:16 (1:00:14)	14:56 (1:15:10)
	9:36 (1:24:46)	5:54 (1:30:40)	3:32 (1:34:12)	3:17 (1:37:29)	4:39 (1:42:08)	0:17 (1:42:25)
39.	Rolf Andersen	Amager OK	1:43:08	+54:36		
	6:19 (6:19)	10:27 (16:46)	6:25 (23:11)	3:22 (26:33)	3:18 (29:51)	3:35 (33:26)
	6:09 (39:35)	9:57 (49:32)	3:57 (53:29)	3:38 (57:07)	3:21 (1:00:28)	14:21 (1:14:49)
	10:10 (1:24:59)	5:56 (1:30:55)	3:12 (1:34:07)	3:26 (1:37:33)	5:14 (1:42:47)	0:21 (1:43:08)
40.	Trond Suleng	No Klub	1:45:02	+56:30		
	6:03 (6:03)	9:38 (15:41)	5:17 (20:58)	3:29 (24:27)	5:16 (29:43)	3:55 (33:38)
	4:49 (38:27)	12:09 (50:36)	4:32 (55:08)	4:32 (59:40)	3:18 (1:02:58)	15:47 (1:18:45)
	8:47 (1:27:32)	6:35 (1:34:07)	3:22 (1:37:29)	2:49 (1:40:18)	4:30 (1:44:48)	0:14 (1:45:02)
41.	Ann-Katrin Almquist	No Klub	1:45:18	+56:46		
	6:17 (6:17)	9:35 (15:52)	5:04 (20:56)	3:43 (24:39)	5:00 (29:39)	4:06 (33:45)
	4:50 (38:35)	12:08 (50:43)	4:33 (55:16)	4:28 (59:44)	3:19 (1:03:03)	14:56 (1:17:59)
	9:49 (1:27:48)	6:26 (1:34:14)	3:30 (1:37:44)	2:45 (1:40:29)	4:34 (1:45:03)	0:15 (1:45:18)
42.	Jan-Henrik Suleng	OK Moss	1:45:19	+56:47		
	6:15 (6:15)	9:43 (15:58)	5:04 (21:02)	3:33 (24:35)	5:10 (29:45)	3:56 (33:41)
	4:50 (38:31)	12:09 (50:40)	4:34 (55:14)	4:33 (59:47)	3:14 (1:03:01)	15:47 (1:18:48)
	8:53 (1:27:41)	6:30 (1:34:11)	3:23 (1:37:34)	2:52 (1:40:26)	4:35 (1:45:01)	0:18 (1:45:19)
43.	Marika Arvidsson	Växjö OK	1:46:05	+57:33		
	7:14 (7:14)	11:04 (18:18)	5:13 (23:31)	3:35 (27:06)	3:54 (31:00)	5:28 (36:28)
	3:52 (40:20)	12:07 (52:27)	4:45 (57:12)	4:12 (1:01:24)	2:27 (1:03:51)	14:32 (1:18:23)
	9:51 (1:28:14)	6:42 (1:34:56)	2:43 (1:37:39)	3:07 (1:40:46)	4:58 (1:45:44)	0:21 (1:46:05)
44.	Ulrik Hogrefe	Kildeholm OK	1:53:23	+64:51		
	4:20 (4:20)	6:30 (10:50)	3:57 (14:47)	2:11 (16:58)	2:43 (19:41)	4:10 (23:51)
	3:20 (27:11)	21:09 (48:20)	3:41 (52:01)	3:19 (55:20)	1:35 (56:55)	31:02 (1:27:57)
	7:22 (1:35:19)	5:44 (1:41:03)	3:09 (1:44:12)	4:29 (1:48:41)	4:33 (1:53:14)	0:09 (1:53:23)
45.	Claes Olvegård	FK Göingarna	1:54:02	+65:30		
	5:46 (5:46)	7:23 (13:09)	10:10 (23:19)	2:44 (26:03)	11:32 (37:35)	10:11 (47:46)
	4:46 (52:32)	9:40 (1:02:12)	4:50 (1:07:02)	4:10 (1:11:12)	2:21 (1:13:33)	14:51 (1:28:24)
	6:54 (1:35:18)	6:01 (1:41:19)	2:58 (1:44:17)	4:10 (1:48:27)	5:21 (1:53:48)	0:14 (1:54:02)
46.	Johan Elmerfjord	Lunds OK	2:02:31	+73:59		
	6:28 (6:28)	8:10 (14:38)	12:10 (26:48)	4:29 (31:17)	4:45 (36:02)	11:43 (47:45)
	3:42 (51:27)	11:07 (1:02:34)	5:11 (1:07:45)	4:57 (1:12:42)	5:47 (1:18:29)	11:30 (1:29:59)
	9:14 (1:39:13)	6:22 (1:45:35)	6:34 (1:52:09)	5:48 (1:57:57)	4:21 (2:02:18)	0:13 (2:02:31)

47. Bjørn R. Christoffersen	Svendborg OK	2:28:01	+99:29		
5:45 (5:45)	9:37 (15:22)	6:30 (21:52)	8:35 (30:27)	4:59 (35:26)	12:36 (48:02)
4:35 (52:37)	13:11 (1:05:48)	4:39 (1:10:27)	4:32 (1:14:59)	3:24 (1:18:23)	12:48 (1:31:11)
9:38 (1:40:49)	32:31 (2:13:20)	3:17 (2:16:37)	7:24 (2:24:01)	3:45 (2:27:46)	0:15 (2:28:01)
48. Fiona Becker	Søllerød OK	2:37:42	+109:10		
4:27 (4:27)	7:09 (11:36)	10:33 (22:09)	3:26 (25:35)	3:43 (29:18)	13:56 (43:14)
3:40 (46:54)	8:56 (55:50)	4:02 (59:52)	3:54 (1:03:46)	3:56 (1:07:42)	32:01 (1:39:43)
8:13 (1:47:56)	34:11 (2:22:07)	8:30 (2:30:37)	3:18 (2:33:55)	3:39 (2:37:34)	0:08 (2:37:42)
49. Roger Lundin	FK Herkules	2:44:55	+116:23		
5:34 (5:34)	9:51 (15:25)	4:39 (20:04)	6:20 (26:24)	3:47 (30:11)	33:10 (1:03:21)
5:29 (1:08:50)	14:55 (1:23:45)	5:28 (1:29:13)	5:02 (1:34:15)	8:20 (1:42:35)	22:53 (2:05:28)
12:05 (2:17:33)	8:25 (2:25:58)	9:48 (2:35:46)	3:50 (2:39:36)	5:04 (2:44:40)	0:15 (2:44:55)
Andreas Duc Jørgensen	Tisvilde Hegn OK	Fejlkli			
3:32 (3:32)	8:30 (12:02)	3:07 (15:09)	2:46 (17:55)	3:12 (21:07)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (30:01)	2:29 (32:30)	3:22 (35:52)	0:20 (36:12)
Jan Skouv	Faaborg OK	Fejlkli			
6:24 (6:24)	8:23 (14:47)	19:33 (34:20)	5:22 (39:42)	11:13 (50:55)	13:40 (1:04:35)
8:13 (1:12:48)	17:42 (1:30:30)	12:17 (1:42:47)	32:34 (2:15:21)	6:34 (2:21:55)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (3:04:25)
Jesper Kracht	PI-København	Fejlkli			
26:17 (26:17)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (1:18:54)
Lena Ullman	No Klub	Fejlkli			
5:52 (5:52)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (14:18)	4:22 (18:40)	5:25 (24:05)	6:59 (31:04)	0:27 (31:31)
Rolf Gustafsson	Helsingborgs SOK	Fejlkli			
7:31 (7:31)	9:57 (17:28)	– (–)	– (29:58)	4:00 (33:58)	5:28 (39:26)
3:45 (43:11)	13:40 (56:51)	6:00 (1:02:51)	4:22 (1:07:13)	4:18 (1:11:31)	17:07 (1:28:38)
19:56 (1:48:34)	7:32 (1:56:06)	4:14 (2:00:20)	4:08 (2:04:28)	5:33 (2:10:01)	0:18 (2:10:19)
Sofia Pehrsson	No Klub	Fejlkli			
6:07 (6:07)	8:32 (14:39)	12:39 (27:18)	6:47 (34:05)	3:54 (37:59)	– (–)
– (43:33)	13:19 (56:52)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (1:13:17)	4:53 (1:18:10)	3:52 (1:22:02)	0:14 (1:22:16)
Leif Ombustvedt	OK Moss	Udgået			
Arne Suleng	No Klub	Ej startet			
Bengt Lundh	Helsingborgs SOK	Ej startet			
Frederik E. Krogh	OK Øst Birkerød	Ej startet			
Hans Granholm	OK Øst Birkerød	Ej startet			
Johan Bökman	Helsingborgs SOK	Ej startet			
Ola Andertoft	Markaryds FK	Ej startet			
Olivia Ullman	No Klub	Ej startet			
Peter Sinding Poulsen	Silkeborg OK	Ej startet			
Søren Christensen	OK Skærmens Værløse	Ej startet			
Viktor Hoffman	No Klub	Ej startet			

D60-			(12 / 12)	Tid	Efter		
1.	Ann-Christin Nero-Forsman	Ronneby OK		1:04:39			
	5:18 (5:18)	4:55 (10:13)	4:17 (14:30)	3:01 (17:31)	2:57 (20:28)	1:52 (22:20)	
	2:35 (24:55)	2:46 (27:41)	8:15 (35:56)	2:25 (38:21)	4:39 (43:00)	6:31 (49:31)	
	3:23 (52:54)	6:38 (59:32)	2:04 (1:01:36)	2:44 (1:04:20)	0:19 (1:04:39)		
2.	Anne Fønnesbech Jensen	PI-København		1:18:28	+13:49		
	5:48 (5:48)	6:29 (12:17)	2:06 (14:23)	2:48 (17:11)	4:15 (21:26)	3:00 (24:26)	
	4:32 (28:58)	4:03 (33:01)	13:13 (46:14)	3:03 (49:17)	5:24 (54:41)	6:37 (1:01:18)	
	3:59 (1:05:17)	7:15 (1:12:32)	2:31 (1:15:03)	3:12 (1:18:15)	0:13 (1:18:28)		
3.	Monica Martinsson	OK Tranan		1:18:46	+14:07		
	6:08 (6:08)	7:04 (13:12)	2:08 (15:20)	3:46 (19:06)	4:05 (23:11)	3:08 (26:19)	
	4:32 (30:51)	4:44 (35:35)	10:35 (46:10)	2:54 (49:04)	5:46 (54:50)	6:49 (1:01:39)	
	3:54 (1:05:33)	7:32 (1:13:05)	2:24 (1:15:29)	3:02 (1:18:31)	0:15 (1:18:46)		
4.	Eva Konring Olesen	FIF Hillerød		1:21:52	+17:13		
	6:35 (6:35)	7:13 (13:48)	4:47 (18:35)	3:59 (22:34)	3:36 (26:10)	2:32 (28:42)	
	3:13 (31:55)	4:00 (35:55)	10:58 (46:53)	2:54 (49:47)	5:41 (55:28)	7:16 (1:02:44)	
	5:09 (1:07:53)	7:55 (1:15:48)	2:42 (1:18:30)	3:07 (1:21:37)	0:15 (1:21:52)		
5.	Gunilla Axelsson	Sävedalens AIK		1:24:50	+20:11		
	6:32 (6:32)	5:49 (12:21)	1:51 (14:12)	3:35 (17:47)	5:01 (22:48)	3:13 (26:01)	
	5:09 (31:10)	2:49 (33:59)	12:05 (46:04)	2:42 (48:46)	5:50 (54:36)	6:51 (1:01:27)	
	4:01 (1:05:28)	13:12 (1:18:40)	2:16 (1:20:56)	3:38 (1:24:34)	0:16 (1:24:50)		
6.	Eva Emanuelsson	Helsingborgs SOK		1:29:38	+24:59		
	6:58 (6:58)	6:21 (13:19)	5:07 (18:26)	4:40 (23:06)	3:26 (26:32)	2:37 (29:09)	
	3:15 (32:24)	3:01 (35:25)	13:01 (48:26)	3:04 (51:30)	6:00 (57:30)	10:16 (1:07:46)	
	5:31 (1:13:17)	10:23 (1:23:40)	2:39 (1:26:19)	3:04 (1:29:23)	0:15 (1:29:38)		
7.	Tove Sonne Andersen	OK Øst Birkerød		1:34:11	+29:32		
	6:41 (6:41)	7:02 (13:43)	8:58 (22:41)	4:29 (27:10)	3:26 (30:36)	5:09 (35:45)	
	3:29 (39:14)	3:17 (42:31)	12:40 (55:11)	3:27 (58:38)	7:12 (1:05:50)	8:55 (1:14:45)	
	4:42 (1:19:27)	8:40 (1:28:07)	2:34 (1:30:41)	3:15 (1:33:56)	0:15 (1:34:11)		
8.	Annette Færing	Svendborg OK		2:15:45	+71:06		
	9:01 (9:01)	8:13 (17:14)	10:53 (28:07)	4:55 (33:02)	5:19 (38:21)	5:05 (43:26)	
	5:59 (49:25)	13:38 (1:03:03)	19:43 (1:22:46)	5:30 (1:28:16)	9:07 (1:37:23)	11:22 (1:48:45)	
	6:36 (1:55:21)	10:49 (2:06:10)	4:07 (2:10:17)	5:06 (2:15:23)	0:22 (2:15:45)		
9.	Hanne Frost	Ballerup OK		2:29:19	+84:40		
	7:28 (7:28)	8:47 (16:15)	3:29 (19:44)	8:14 (27:58)	5:21 (33:19)	4:50 (38:09)	
	6:59 (45:08)	5:20 (50:28)	13:07 (1:03:35)	12:06 (1:15:41)	10:03 (1:25:44)	26:16 (1:52:00)	
	6:34 (1:58:34)	23:10 (2:21:44)	3:11 (2:24:55)	4:07 (2:29:02)	0:17 (2:29:19)		
	Bente Käll	No Klub		Fejlkli			
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (2:00:45)		
	Ellen Kühn Jensen	Ballerup OK		Fejlkli			
	6:30 (6:30)	6:35 (13:05)	6:03 (19:08)	3:56 (23:04)	3:30 (26:34)	2:26 (29:00)	
	4:11 (33:11)	3:30 (36:41)	11:58 (48:39)	3:19 (51:58)	6:48 (58:46)	14:33 (1:13:19)	
	5:23 (1:18:42)	8:59 (1:27:41)	— (—)	— (1:36:00)	0:14 (1:36:14)		
	Grethe Anæus	Viborg Orienteringsklub		Fejlkli			
	6:45 (6:45)	6:22 (13:07)	2:11 (15:18)	3:13 (18:31)	51:28 (1:09:59)	3:10 (1:13:09)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (1:20:52)	2:16 (1:23:08)	3:11 (1:26:19)	0:16 (1:26:35)		

D65-		(8 / 8)		Tid	Efter		
1.	Eva Tykesson	Rävetofta OK		1:04:20			
	5:14 (5:14)	4:43 (9:57)	4:27 (14:24)	3:01 (17:25)	2:38 (20:03)	1:46 (21:49)	
	2:31 (24:20)	3:30 (27:50)	8:00 (35:50)	2:18 (38:08)	4:46 (42:54)	6:32 (49:26)	
	3:40 (53:06)	6:24 (59:30)	2:03 (1:01:33)	2:35 (1:04:08)	0:12 (1:04:20)		
2.	Gerda Marie Christiansen	Køge OK		1:21:53	+17:33		
	6:49 (6:49)	6:57 (13:46)	2:21 (16:07)	3:09 (19:16)	3:46 (23:02)	3:16 (26:18)	
	7:50 (34:08)	2:45 (36:53)	10:29 (47:22)	2:40 (50:02)	5:42 (55:44)	7:18 (1:03:02)	
	4:46 (1:07:48)	8:04 (1:15:52)	2:39 (1:18:31)	3:09 (1:21:40)	0:13 (1:21:53)		
3.	Britt-Marie Magnusson	No Klub		1:25:27	+21:07		
	13:12 (13:12)	6:06 (19:18)	4:52 (24:10)	3:41 (27:51)	3:28 (31:19)	2:28 (33:47)	
	2:43 (36:30)	3:10 (39:40)	9:02 (48:42)	2:56 (51:38)	6:06 (57:44)	9:22 (1:07:06)	
	4:34 (1:11:40)	7:07 (1:18:47)	2:24 (1:21:11)	3:59 (1:25:10)	0:17 (1:25:27)		
4.	Randi Hansen	OK S.G.		1:28:34	+24:14		
	7:01 (7:01)	6:15 (13:16)	2:15 (15:31)	3:26 (18:57)	3:57 (22:54)	3:10 (26:04)	
	4:46 (30:50)	4:43 (35:33)	11:12 (46:45)	2:42 (49:27)	6:23 (55:50)	9:13 (1:05:03)	
	5:31 (1:10:34)	9:10 (1:19:44)	5:01 (1:24:45)	3:32 (1:28:17)	0:17 (1:28:34)		
5.	Janet Bentzen	OK Øst Birkerød		1:30:23	+26:03		
	6:28 (6:28)	7:34 (14:02)	2:19 (16:21)	3:08 (19:29)	5:12 (24:41)	3:12 (27:53)	
	5:13 (33:06)	3:24 (36:30)	11:02 (47:32)	2:43 (50:15)	8:06 (58:21)	9:31 (1:07:52)	
	5:10 (1:13:02)	10:45 (1:23:47)	2:53 (1:26:40)	3:26 (1:30:06)	0:17 (1:30:23)		
6.	Betty Folino	FIF Hillerød		2:11:59	+67:39		
	7:01 (7:01)	6:35 (13:36)	15:25 (29:01)	4:34 (33:35)	4:44 (38:19)	10:24 (48:43)	
	7:03 (55:46)	6:04 (1:01:50)	11:39 (1:13:29)	5:29 (1:18:58)	16:43 (1:35:41)	12:39 (1:48:20)	
	6:15 (1:54:35)	8:57 (2:03:32)	4:04 (2:07:36)	4:07 (2:11:43)	0:16 (2:11:59)		
7.	Bodil M. Mortensen	Ballerup OK		3:02:11	+117:51		
	9:05 (9:05)	8:29 (17:34)	4:15 (21:49)	17:17 (39:06)	5:48 (44:54)	18:34 (1:03:28)	
	8:18 (1:11:46)	5:29 (1:17:15)	14:34 (1:31:49)	7:24 (1:39:13)	11:18 (1:50:31)	19:03 (2:09:34)	
	33:23 (2:42:57)	11:16 (2:54:13)	3:52 (2:58:05)	3:48 (3:01:53)	0:18 (3:02:11)		
	Ulla Hooge	OK Skærmø Værløse		Ej startet			

H80-		(10 / 10)		Tid	Efter	
1.	Roland Karlsson	Ronneby OK		59:34		
	4:47 (4:47)	6:02 (10:49)	4:24 (15:13)	2:21 (17:34)	3:11 (20:45)	2:34 (23:19)
	1:50 (25:09)	2:36 (27:45)	6:06 (33:51)	1:34 (35:25)	3:43 (39:08)	5:36 (44:44)
	7:09 (51:53)	3:08 (55:01)	1:17 (56:18)	3:03 (59:21)	0:13 (59:34)	
2.	Jørgen Jensen	Helsingør SOK		1:05:52	+6:18	
	6:02 (6:02)	5:55 (11:57)	4:30 (16:27)	2:26 (18:53)	3:28 (22:21)	3:23 (25:44)
	1:43 (27:27)	2:55 (30:22)	6:54 (37:16)	1:34 (38:50)	4:04 (42:54)	6:49 (49:43)
	6:59 (56:42)	3:26 (1:00:08)	1:27 (1:01:35)	4:01 (1:05:36)	0:16 (1:05:52)	
3.	Arne Gustavsson	Malmö OK		1:10:58	+11:24	
	4:55 (4:55)	6:22 (11:17)	7:15 (18:32)	2:01 (20:33)	2:30 (23:03)	3:34 (26:37)
	5:41 (32:18)	4:40 (36:58)	6:25 (43:23)	1:31 (44:54)	4:44 (49:38)	6:14 (55:52)
	6:54 (1:02:46)	2:56 (1:05:42)	1:46 (1:07:28)	3:15 (1:10:43)	0:15 (1:10:58)	
4.	Bo Ullman	OK Pan-Kristianstad		1:22:55	+23:21	
	5:26 (5:26)	7:05 (12:31)	4:55 (17:26)	2:36 (20:02)	3:06 (23:08)	3:33 (26:41)
	5:30 (32:11)	4:53 (37:04)	7:39 (44:43)	2:36 (47:19)	6:04 (53:23)	7:43 (1:01:06)
	10:05 (1:11:11)	5:25 (1:16:36)	2:13 (1:18:49)	3:48 (1:22:37)	0:18 (1:22:55)	
5.	Torsten Boe Larsen	Odense OK		1:26:21	+26:47	
	5:21 (5:21)	6:49 (12:10)	3:12 (15:22)	2:26 (17:48)	2:43 (20:31)	4:19 (24:50)
	14:54 (39:44)	3:42 (43:26)	7:42 (51:08)	2:51 (53:59)	4:33 (58:32)	7:00 (1:05:32)
	9:35 (1:15:07)	6:00 (1:21:07)	1:47 (1:22:54)	3:12 (1:26:06)	0:15 (1:26:21)	
6.	Kurt Valery	Tisvilde Hegn OK		1:27:21	+27:47	
	5:48 (5:48)	7:07 (12:55)	5:11 (18:06)	2:54 (21:00)	5:11 (26:11)	4:09 (30:20)
	2:15 (32:35)	5:16 (37:51)	10:31 (48:22)	2:10 (50:32)	8:24 (58:56)	6:59 (1:05:55)
	11:39 (1:17:34)	3:29 (1:21:03)	1:54 (1:22:57)	4:03 (1:27:00)	0:21 (1:27:21)	
7.	Kurt Rydin	OK Tranan		1:51:21	+51:47	
	7:39 (7:39)	9:56 (17:35)	6:58 (24:33)	4:25 (28:58)	6:01 (34:59)	4:50 (39:49)
	3:36 (43:25)	5:05 (48:30)	12:55 (1:01:25)	2:56 (1:04:21)	8:55 (1:13:16)	9:31 (1:22:47)
	14:39 (1:37:26)	4:31 (1:41:57)	2:39 (1:44:36)	6:21 (1:50:57)	0:24 (1:51:21)	
8.	Holger Karlsmose	Farum OK		2:03:28	+63:54	
	7:09 (7:09)	9:45 (16:54)	5:58 (22:52)	2:53 (25:45)	3:58 (29:43)	4:55 (34:38)
	7:38 (42:16)	4:24 (46:40)	12:23 (59:03)	11:29 (1:10:32)	19:37 (1:30:09)	7:32 (1:37:41)
	11:52 (1:49:33)	4:33 (1:54:06)	3:27 (1:57:33)	5:28 (2:03:01)	0:27 (2:03:28)	
	Ernie Broström	No Klub		Fejlklip		
	5:30 (5:30)	6:45 (12:15)	6:22 (18:37)	2:42 (21:19)	4:39 (25:58)	4:02 (30:00)
	2:13 (32:13)	4:43 (36:56)	7:51 (44:47)	2:27 (47:14)	4:51 (52:05)	6:03 (58:08)
	– (–)	– (1:13:13)	1:20 (1:14:33)	3:38 (1:18:11)	0:17 (1:18:28)	
	Kristen Bonnen	Ballerup OK		Ej startet		

D70-		(15 / 15)		Tid	Efter		
1.	Birgitta Olsson	Ronneby OK	1:04:27				
	5:24 (5:24)	6:46 (12:10)	6:27 (18:37)	2:21 (20:58)	3:16 (24:14)	2:44 (26:58)	
	1:58 (28:56)	3:16 (32:12)	6:31 (38:43)	1:41 (40:24)	4:19 (44:43)	4:43 (49:26)	
	7:20 (56:46)	2:44 (59:30)	1:25 (1:00:55)	3:18 (1:04:13)	0:14 (1:04:27)		
2.	Gulleivi Svensson	Ronneby OK	1:04:52	+0:25			
	5:26 (5:26)	7:02 (12:28)	2:44 (15:12)	2:07 (17:19)	2:29 (19:48)	3:32 (23:20)	
	4:09 (27:29)	3:01 (30:30)	8:15 (38:45)	1:42 (40:27)	4:21 (44:48)	4:57 (49:45)	
	7:10 (56:55)	2:39 (59:34)	1:25 (1:00:59)	3:30 (1:04:29)	0:23 (1:04:52)		
3.	Helen Andertoft	Markaryds FK	1:10:04	+5:37			
	6:08 (6:08)	6:25 (12:33)	4:59 (17:32)	2:43 (20:15)	3:44 (23:59)	3:20 (27:19)	
	2:16 (29:35)	2:56 (32:31)	7:23 (39:54)	1:40 (41:34)	4:24 (45:58)	5:27 (51:25)	
	8:13 (59:38)	4:48 (1:04:26)	1:45 (1:06:11)	3:36 (1:09:47)	0:17 (1:10:04)		
4.	Maj-Britt Byström	No Klub	1:16:39	+12:12			
	5:34 (5:34)	6:48 (12:22)	5:53 (18:15)	2:19 (20:34)	2:37 (23:11)	4:13 (27:24)	
	4:49 (32:13)	2:57 (35:10)	7:37 (42:47)	2:29 (45:16)	4:47 (50:03)	9:51 (59:54)	
	8:10 (1:08:04)	3:28 (1:11:32)	1:35 (1:13:07)	3:14 (1:16:21)	0:18 (1:16:39)		
5.	Inge Jørgensen	OK Roskilde	1:22:11	+17:44			
	5:20 (5:20)	7:24 (12:44)	2:36 (15:20)	1:57 (17:17)	2:28 (19:45)	3:22 (23:07)	
	4:11 (27:18)	2:50 (30:08)	15:53 (46:01)	1:34 (47:35)	4:30 (52:05)	7:43 (59:48)	
	14:17 (1:14:05)	2:58 (1:17:03)	1:35 (1:18:38)	3:16 (1:21:54)	0:17 (1:22:11)		
6.	Annelise Hansen	FIF Hillerød	1:23:32	+19:05			
	6:07 (6:07)	7:27 (13:34)	4:24 (17:58)	2:51 (20:49)	3:27 (24:16)	4:29 (28:45)	
	6:20 (35:05)	5:42 (40:47)	8:24 (49:11)	2:19 (51:30)	5:25 (56:55)	7:18 (1:04:13)	
	9:26 (1:13:39)	3:42 (1:17:21)	1:56 (1:19:17)	3:58 (1:23:15)	0:17 (1:23:32)		
6.	Lisbeth Jensen	Ballerup OK	1:23:32	+19:05			
	6:23 (6:23)	7:14 (13:37)	7:15 (20:52)	3:05 (23:57)	4:17 (28:14)	3:36 (31:50)	
	2:24 (34:14)	5:04 (39:18)	8:22 (47:40)	2:25 (50:05)	6:26 (56:31)	7:02 (1:03:33)	
	9:07 (1:12:40)	4:38 (1:17:18)	2:07 (1:19:25)	3:55 (1:23:20)	0:12 (1:23:32)		
8.	Jette Stepputat	Søllerød OK	1:26:19	+21:52			
	6:01 (6:01)	6:41 (12:42)	5:23 (18:05)	2:43 (20:48)	3:45 (24:33)	3:51 (28:24)	
	2:21 (30:45)	4:57 (35:42)	7:21 (43:03)	2:18 (45:21)	4:58 (50:19)	5:49 (56:08)	
	20:25 (1:16:33)	4:26 (1:20:59)	1:41 (1:22:40)	3:22 (1:26:02)	0:17 (1:26:19)		
9.	Randi Splittorff	Svendborg OK	1:26:55	+22:28			
	9:38 (9:38)	7:07 (16:45)	12:24 (29:09)	2:52 (32:01)	4:04 (36:05)	4:02 (40:07)	
	2:09 (42:16)	4:40 (46:56)	7:55 (54:51)	2:33 (57:24)	4:51 (1:02:15)	5:49 (1:08:04)	
	9:10 (1:17:14)	3:53 (1:21:07)	1:53 (1:23:00)	3:39 (1:26:39)	0:16 (1:26:55)		
10.	Tordis Rytter Jakobsen	OK Moss	1:45:52	+41:25			
	6:45 (6:45)	13:35 (20:20)	7:36 (27:56)	3:32 (31:28)	5:25 (36:53)	5:15 (42:08)	
	2:41 (44:49)	5:38 (50:27)	10:59 (1:01:26)	2:47 (1:04:13)	7:00 (1:11:13)	8:58 (1:20:11)	
	13:10 (1:33:21)	4:57 (1:38:18)	2:12 (1:40:30)	5:00 (1:45:30)	0:22 (1:45:52)		
11.	Ellen Thisted	Søllerød OK	1:46:45	+42:18			
	6:47 (6:47)	10:32 (17:19)	4:49 (22:08)	3:07 (25:15)	4:12 (29:27)	7:43 (37:10)	
	7:23 (44:33)	5:00 (49:33)	13:26 (1:02:59)	6:47 (1:09:46)	6:41 (1:16:27)	7:56 (1:24:23)	
	10:19 (1:34:42)	4:53 (1:39:35)	2:24 (1:41:59)	4:29 (1:46:28)	0:17 (1:46:45)		
12.	Kristin Lindberg	Lunds OK	1:59:34	+55:07			
	7:59 (7:59)	9:23 (17:22)	9:23 (26:45)	3:21 (30:06)	3:32 (33:38)	6:48 (40:26)	
	10:27 (50:53)	5:14 (56:07)	13:15 (1:09:22)	6:34 (1:15:56)	8:32 (1:24:28)	10:41 (1:35:09)	
	12:42 (1:47:51)	4:13 (1:52:04)	2:28 (1:54:32)	4:38 (1:59:10)	0:24 (1:59:34)		
13.	Eva Adolfsson	IK Ymer	2:00:28	+56:01			
	8:10 (8:10)	8:46 (16:56)	17:39 (34:35)	11:13 (45:48)	5:31 (51:19)	6:58 (58:17)	
	2:58 (1:01:15)	4:28 (1:05:43)	10:26 (1:16:09)	5:10 (1:21:19)	6:59 (1:28:18)	8:25 (1:36:43)	
	10:53 (1:47:36)	4:07 (1:51:43)	2:41 (1:54:24)	5:40 (2:00:04)	0:24 (2:00:28)		
14.	Lisbeth G. Larsen	FIF Hillerød	2:04:48	+60:21			
	8:03 (8:03)	9:28 (17:31)	11:21 (28:52)	3:38 (32:30)	8:15 (40:45)	10:47 (51:32)	
	8:28 (1:00:00)	6:21 (1:06:21)	10:08 (1:16:29)	3:31 (1:20:00)	8:24 (1:28:24)	8:51 (1:37:15)	
	13:33 (1:50:48)	6:53 (1:57:41)	2:41 (2:00:22)	4:07 (2:04:29)	0:19 (2:04:48)		
	Anna-Stina Wennberg	Växjö OK	Udgået				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	

H-14		(11 / 11)	Tid	Efter		
1.	Gustav L. Holmberg	FIF Hillerød	46:11			
	2:59 (2:59)	3:56 (6:55)	1:53 (8:48)	1:18 (10:06)	1:53 (11:59)	1:24 (13:23)
	1:57 (15:20)	3:37 (18:57)	2:07 (21:04)	2:48 (23:52)	1:48 (25:40)	5:51 (31:31)
	2:14 (33:45)	1:57 (35:42)	4:08 (39:50)	0:29 (40:19)	3:48 (44:07)	1:54 (46:01)
	0:10 (46:11)					
2.	Tobias Olloz	Tisvilde Hegn OK	50:21	+4:10		
	3:01 (3:01)	4:18 (7:19)	2:55 (10:14)	2:05 (12:19)	1:39 (13:58)	1:58 (15:56)
	1:30 (17:26)	3:55 (21:21)	2:31 (23:52)	2:36 (26:28)	1:57 (28:25)	5:33 (33:58)
	2:23 (36:21)	2:11 (38:32)	4:45 (43:17)	0:40 (43:57)	4:15 (48:12)	1:58 (50:10)
	0:11 (50:21)					
3.	Svante Selin	FK Göingarna	50:38	+4:27		
	3:21 (3:21)	4:35 (7:56)	1:41 (9:37)	1:35 (11:12)	2:13 (13:25)	1:25 (14:50)
	2:31 (17:21)	3:57 (21:18)	2:31 (23:49)	2:41 (26:30)	1:57 (28:27)	5:51 (34:18)
	2:16 (36:34)	2:13 (38:47)	4:35 (43:22)	0:36 (43:58)	4:25 (48:23)	2:05 (50:28)
	0:10 (50:38)					
4.	Wilmer Selin	FK Göingarna	50:51	+4:40		
	3:17 (3:17)	4:36 (7:53)	2:32 (10:25)	2:09 (12:34)	1:35 (14:09)	2:01 (16:10)
	1:39 (17:49)	3:39 (21:28)	2:27 (23:55)	2:37 (26:32)	1:51 (28:23)	6:01 (34:24)
	2:17 (36:41)	2:11 (38:52)	4:39 (43:31)	0:32 (44:03)	4:30 (48:33)	2:08 (50:41)
	0:10 (50:51)					
5.	Johannes Marager	AOK	51:22	+5:11		
	3:12 (3:12)	4:37 (7:49)	1:53 (9:42)	1:32 (11:14)	2:23 (13:37)	1:29 (15:06)
	2:34 (17:40)	3:46 (21:26)	2:28 (23:54)	2:29 (26:23)	1:55 (28:18)	6:17 (34:35)
	2:13 (36:48)	2:29 (39:17)	4:46 (44:03)	0:42 (44:45)	4:13 (48:58)	2:14 (51:12)
	0:10 (51:22)					
6.	Gustav Kjær Hemmingsen	FIF Hillerød	1:05:14	+19:03		
	3:51 (3:51)	5:36 (9:27)	3:03 (12:30)	2:34 (15:04)	1:54 (16:58)	2:11 (19:09)
	1:57 (21:06)	4:53 (25:59)	3:11 (29:10)	3:28 (32:38)	2:57 (35:35)	8:53 (44:28)
	3:10 (47:38)	3:13 (50:51)	5:42 (56:33)	0:46 (57:19)	5:14 (1:02:33)	2:32 (1:05:05)
	0:09 (1:05:14)					
7.	Marius Snedker Storgaard	Farum OK	1:09:00	+22:49		
	3:32 (3:32)	5:47 (9:19)	5:15 (14:34)	1:52 (16:26)	2:38 (19:04)	1:31 (20:35)
	2:43 (23:18)	5:14 (28:32)	3:25 (31:57)	6:45 (38:42)	3:31 (42:13)	7:02 (49:15)
	2:36 (51:51)	2:32 (54:23)	6:00 (1:00:23)	1:01 (1:01:24)	5:10 (1:06:34)	2:14 (1:08:48)
	0:12 (1:09:00)					
8.	Vincent Becker	Søllerød OK	1:09:46	+23:35		
	3:34 (3:34)	6:12 (9:46)	2:54 (12:40)	2:03 (14:43)	3:20 (18:03)	1:41 (19:44)
	2:58 (22:42)	6:11 (28:53)	3:01 (31:54)	6:50 (38:44)	3:27 (42:11)	7:39 (49:50)
	2:29 (52:19)	2:48 (55:07)	5:40 (1:00:47)	0:35 (1:01:22)	5:22 (1:06:44)	2:51 (1:09:35)
	0:11 (1:09:46)					
9.	Hjalmar Axelsson	No Klub	1:12:40	+26:29		
	3:41 (3:41)	5:26 (9:07)	3:18 (12:25)	2:40 (15:05)	1:37 (16:42)	4:45 (21:27)
	1:46 (23:13)	3:59 (27:12)	7:45 (34:57)	3:41 (38:38)	2:28 (41:06)	7:20 (48:26)
	2:54 (51:20)	2:43 (54:03)	5:40 (59:43)	0:32 (1:00:15)	9:49 (1:10:04)	2:22 (1:12:26)
	0:14 (1:12:40)					
10.	Carl-Johan Olvegård	FK Göingarna	1:12:53	+26:42		
	4:15 (4:15)	6:36 (10:51)	3:34 (14:25)	4:06 (18:31)	1:40 (20:11)	3:29 (23:40)
	1:52 (25:32)	5:19 (30:51)	4:17 (35:08)	3:32 (38:40)	2:31 (41:11)	7:16 (48:27)
	2:56 (51:23)	2:41 (54:04)	5:43 (59:47)	0:34 (1:00:21)	9:46 (1:10:07)	2:35 (1:12:42)
	0:11 (1:12:53)					
	Mads Christian Maarup	Allerød OK	Ej startet			

D-14		(5 / 5)	Tid	Efter		
1.	Alice Olvegård	FK Göingarna	1:09:16			
	5:27 (5:27)	7:41 (13:08)	3:06 (16:14)	2:44 (18:58)	1:35 (20:33)	2:39 (23:12)
	1:50 (25:02)	6:01 (31:03)	2:58 (34:01)	3:36 (37:37)	3:09 (40:46)	7:56 (48:42)
	2:31 (51:13)	2:54 (54:07)	6:05 (1:00:12)	0:45 (1:00:57)	5:26 (1:06:23)	2:41 (1:09:04)
	0:12 (1:09:16)					
2.	Tuva Selin	FK Göingarna	1:13:50	+4:34		
	5:24 (5:24)	7:42 (13:06)	3:30 (16:36)	2:02 (18:38)	2:53 (21:31)	1:44 (23:15)
	3:17 (26:32)	6:52 (33:24)	2:50 (36:14)	3:24 (39:38)	2:54 (42:32)	8:32 (51:04)
	3:28 (54:32)	3:02 (57:34)	6:58 (1:04:32)	1:07 (1:05:39)	5:23 (1:11:02)	2:36 (1:13:38)
	0:12 (1:13:50)					
3.	Kamma Aglund Andersen	OK Øst Birkerød	1:32:19	+23:03		
	5:22 (5:22)	7:39 (13:01)	5:56 (18:57)	2:56 (21:53)	1:56 (23:49)	4:23 (28:12)
	2:09 (30:21)	5:58 (36:19)	4:23 (40:42)	4:32 (45:14)	6:29 (51:43)	10:34 (1:02:17)
	4:39 (1:06:56)	3:34 (1:10:30)	10:43 (1:21:13)	0:32 (1:21:45)	7:25 (1:29:10)	2:59 (1:32:09)
	0:10 (1:32:19)					
4.	Agnes Berlin	Karlskrona SOK	2:32:09	+82:53		
	5:51 (5:51)	7:03 (12:54)	3:21 (16:15)	3:03 (19:18)	4:32 (23:50)	7:07 (30:57)
	4:33 (35:30)	8:04 (43:34)	10:04 (53:38)	5:49 (59:27)	3:37 (1:03:04)	10:00 (1:13:04)
	8:10 (1:21:14)	4:21 (1:25:35)	42:59 (2:08:34)	2:13 (2:10:47)	15:37 (2:26:24)	5:34 (2:31:58)
	0:11 (2:32:09)					
	Johanne Skouboe	Horsens OK	Ej startet			

H-16		(11 / 11)	Tid	Efter		
1.	Mathias Buchgreitz	Søllerød OK	1:35:45			
	5:07 (5:07)	8:31 (13:38)	2:52 (16:30)	3:27 (19:57)	2:34 (22:31)	1:55 (24:26)
	3:54 (28:20)	1:15 (29:35)	1:06 (30:41)	2:46 (33:27)	3:35 (37:02)	6:38 (43:40)
	1:35 (45:15)	1:44 (46:59)	2:56 (49:55)	3:04 (52:59)	1:18 (54:17)	3:19 (57:36)
	4:08 (1:01:44)	2:42 (1:04:26)	1:46 (1:06:12)	0:38 (1:06:50)	3:42 (1:10:32)	4:53 (1:15:25)
	6:20 (1:21:45)	3:10 (1:24:55)	3:33 (1:28:28)	1:30 (1:29:58)	3:48 (1:33:46)	1:50 (1:35:36)
	0:09 (1:35:45)					
2.	Oscar David Broman Jensen	Allerød OK	1:36:56	+1:11		
	5:00 (5:00)	8:49 (13:49)	2:45 (16:34)	3:15 (19:49)	2:40 (22:29)	1:55 (24:24)
	3:45 (28:09)	1:18 (29:27)	1:08 (30:35)	2:48 (33:23)	3:21 (36:44)	6:50 (43:34)
	1:32 (45:06)	1:44 (46:50)	2:21 (49:11)	3:02 (52:13)	1:05 (53:18)	3:15 (56:33)
	4:11 (1:00:44)	2:58 (1:03:42)	1:46 (1:05:28)	0:33 (1:06:01)	3:37 (1:09:38)	5:35 (1:15:13)
	6:35 (1:21:48)	3:12 (1:25:00)	3:47 (1:28:47)	1:35 (1:30:22)	4:15 (1:34:37)	2:07 (1:36:44)
	0:12 (1:36:56)					
3.	Theis Munktvad	Allerød OK	1:37:52	+2:07		
	5:02 (5:02)	8:37 (13:39)	1:02 (14:41)	2:35 (17:16)	1:59 (19:15)	3:36 (22:51)
	1:26 (24:17)	2:48 (27:05)	3:19 (30:24)	2:33 (32:57)	3:58 (36:55)	6:42 (43:37)
	1:37 (45:14)	2:21 (47:35)	2:24 (49:59)	2:58 (52:57)	1:18 (54:15)	3:13 (57:28)
	3:56 (1:01:24)	2:54 (1:04:18)	1:39 (1:05:57)	0:40 (1:06:37)	3:44 (1:10:21)	6:08 (1:16:29)
	6:53 (1:23:22)	2:56 (1:26:18)	4:05 (1:30:23)	1:23 (1:31:46)	3:53 (1:35:39)	2:03 (1:37:42)
	0:10 (1:37:52)					
4.	Hans Grønborg Nielsen	Allerød OK	1:50:29	+14:44		
	5:16 (5:16)	9:20 (14:36)	1:21 (15:57)	3:18 (19:15)	2:12 (21:27)	4:38 (26:05)
	1:38 (27:43)	2:52 (30:35)	3:41 (34:16)	3:01 (37:17)	4:20 (41:37)	7:59 (49:36)
	1:41 (51:17)	4:39 (55:56)	3:17 (59:13)	1:20 (1:00:33)	1:58 (1:02:31)	2:28 (1:04:59)
	4:51 (1:09:50)	3:08 (1:12:58)	2:09 (1:15:07)	0:37 (1:15:44)	4:22 (1:20:06)	5:07 (1:25:13)
	9:02 (1:34:15)	3:43 (1:37:58)	4:05 (1:42:03)	1:37 (1:43:40)	4:25 (1:48:05)	2:14 (1:50:19)
	0:10 (1:50:29)					
5.	Edvin Selin	FK Göingarna	1:53:42	+17:57		
	5:04 (5:04)	9:55 (14:59)	3:33 (18:32)	3:37 (22:09)	2:53 (25:02)	2:14 (27:16)
	4:04 (31:20)	1:35 (32:55)	1:09 (34:04)	3:01 (37:05)	4:08 (41:13)	7:35 (48:48)
	1:46 (50:34)	1:59 (52:33)	3:22 (55:55)	3:17 (59:12)	1:16 (1:00:28)	6:08 (1:06:36)
	4:39 (1:11:15)	3:27 (1:14:42)	2:28 (1:17:10)	0:38 (1:17:48)	4:15 (1:22:03)	5:20 (1:27:23)
	9:02 (1:36:25)	4:32 (1:40:57)	3:48 (1:44:45)	1:38 (1:46:23)	4:49 (1:51:12)	2:21 (1:53:33)
	0:09 (1:53:42)					
6.	Alfred Erdelius	IF Rigor	1:56:19	+20:34		
	5:04 (5:04)	9:35 (14:39)	1:12 (15:51)	2:55 (18:46)	2:00 (20:46)	5:13 (25:59)
	1:31 (27:30)	2:54 (30:24)	5:03 (35:27)	3:06 (38:33)	3:45 (42:18)	7:02 (49:20)
	1:38 (50:58)	2:08 (53:06)	2:51 (55:57)	2:56 (58:53)	1:17 (1:00:10)	6:36 (1:06:46)
	4:26 (1:11:12)	3:18 (1:14:30)	2:29 (1:16:59)	0:35 (1:17:34)	4:28 (1:22:02)	5:04 (1:27:06)
	8:14 (1:35:20)	5:55 (1:41:15)	4:19 (1:45:34)	2:03 (1:47:37)	5:56 (1:53:33)	2:34 (1:56:07)
	0:12 (1:56:19)					
7.	Lukas Kjær Hemmingsen	FIF Hillerød	1:59:24	+23:39		
	4:56 (4:56)	10:04 (15:00)	1:15 (16:15)	3:20 (19:35)	2:20 (21:55)	4:28 (26:23)
	1:39 (28:02)	3:13 (31:15)	4:07 (35:22)	2:58 (38:20)	4:28 (42:48)	9:08 (51:56)
	1:44 (53:40)	4:53 (58:33)	3:39 (1:02:12)	1:43 (1:03:55)	2:17 (1:06:12)	3:13 (1:09:25)
	5:54 (1:15:19)	3:30 (1:18:49)	2:45 (1:21:34)	0:38 (1:22:12)	5:34 (1:27:46)	5:21 (1:33:07)
	9:13 (1:42:20)	3:40 (1:46:00)	4:26 (1:50:26)	1:39 (1:52:05)	4:58 (1:57:03)	2:10 (1:59:13)
	0:11 (1:59:24)					
8.	Valdemar Marager	Allerød OK	2:06:07	+30:22		
	5:14 (5:14)	9:27 (14:41)	1:39 (16:20)	3:02 (19:22)	2:41 (22:03)	4:05 (26:08)
	1:32 (27:40)	2:57 (30:37)	3:42 (34:19)	2:54 (37:13)	4:48 (42:01)	7:30 (49:31)
	1:42 (51:13)	2:05 (53:18)	3:19 (56:37)	3:09 (59:46)	1:26 (1:01:12)	9:22 (1:10:34)
	5:45 (1:16:19)	3:26 (1:19:45)	2:43 (1:22:28)	3:18 (1:25:46)	7:17 (1:33:03)	5:29 (1:38:32)
	9:09 (1:47:41)	4:31 (1:52:12)	4:27 (1:56:39)	2:24 (1:59:03)	4:26 (2:03:29)	2:25 (2:05:54)
	0:13 (2:06:07)					
9.	Asger L. Holmberg	FIF Hillerød	2:23:15	+47:30		
	5:05 (5:05)	9:28 (14:33)	4:19 (18:52)	4:44 (23:36)	2:53 (26:29)	5:44 (32:13)
	7:02 (39:15)	1:19 (40:34)	2:29 (43:03)	4:05 (47:08)	5:03 (52:11)	16:23 (1:08:34)
	2:32 (1:11:06)	5:50 (1:16:56)	3:57 (1:20:53)	1:27 (1:22:20)	2:15 (1:24:35)	5:18 (1:29:53)
	5:36 (1:35:29)	3:15 (1:38:44)	2:51 (1:41:35)	0:44 (1:42:19)	4:39 (1:46:58)	6:11 (1:53:09)
	8:57 (2:02:06)	5:28 (2:07:34)	6:03 (2:13:37)	1:55 (2:15:32)	5:16 (2:20:48)	2:15 (2:23:03)
	0:12 (2:23:15)					
	Ivar Helmersson	No Klub	Ej startet			
	Lukas Becker	Søllerød OK	Ej startet			

H40-	(14 / 14)	Tid	Efter
1. Håkan Gunnarsson	FK Göingarna	1:47:53	
3:49 (3:49)	6:03 (9:52)	2:55 (12:47)	2:38 (15:25)
1:29 (23:50)	4:54 (28:44)	6:56 (35:40)	2:40 (38:20)
3:39 (48:01)	1:48 (49:49)	1:41 (51:30)	6:47 (58:17)
1:14 (1:04:28)	1:30 (1:05:58)	3:06 (1:09:04)	4:34 (1:13:38)
1:34 (1:19:29)	0:39 (1:20:08)	5:43 (1:25:51)	2:02 (1:27:53)
3:56 (1:39:24)	1:42 (1:41:06)	4:12 (1:45:18)	0:42 (1:46:00)
			1:43 (1:47:43)
			4:36 (22:21)
			1:13 (44:22)
			2:49 (1:03:14)
			1:56 (1:17:55)
			1:44 (1:35:28)
			0:10 (1:47:53)
2. Jesper Håkansson	FK Göingarna	2:00:12	+12:19
3:47 (3:47)	6:02 (9:49)	7:25 (17:14)	3:31 (20:45)
3:43 (30:40)	2:01 (32:41)	1:49 (34:30)	3:29 (37:59)
4:48 (48:04)	1:38 (49:42)	5:37 (55:19)	7:26 (1:02:45)
1:20 (1:09:39)	1:43 (1:11:22)	3:20 (1:14:42)	4:27 (1:19:09)
1:47 (1:25:58)	1:04 (1:27:02)	6:56 (1:33:58)	2:32 (1:36:30)
5:09 (1:50:23)	1:44 (1:52:07)	4:48 (1:56:55)	0:55 (1:57:50)
			2:08 (1:59:58)
			1:17 (26:57)
			2:21 (43:16)
			3:05 (1:08:19)
			2:20 (1:24:11)
			2:17 (1:45:14)
			0:14 (2:00:12)
3. Filip Sjöfors	OK Älme	2:02:46	+14:53
3:35 (3:35)	6:06 (9:41)	7:34 (17:15)	3:51 (21:06)
3:43 (30:42)	2:00 (32:42)	1:48 (34:30)	3:31 (38:01)
4:49 (48:06)	1:38 (49:44)	5:36 (55:20)	7:26 (1:02:46)
3:51 (1:12:19)	1:42 (1:14:01)	2:31 (1:16:32)	5:36 (1:22:08)
1:50 (1:29:03)	0:57 (1:30:00)	6:05 (1:36:05)	3:20 (1:39:25)
4:26 (1:52:38)	1:44 (1:54:22)	4:53 (1:59:15)	1:05 (2:00:20)
			2:16 (2:02:36)
			1:15 (26:59)
			2:19 (43:17)
			3:33 (1:08:28)
			2:20 (1:27:13)
			1:59 (1:48:12)
			0:10 (2:02:46)
4. Peter Steen Landsperg	Tisvilde Hegn OK	2:02:48	+14:55
3:52 (3:52)	6:21 (10:13)	7:25 (17:38)	3:18 (20:56)
3:39 (30:51)	1:57 (32:48)	1:52 (34:40)	3:44 (38:24)
5:21 (49:02)	1:36 (50:38)	5:49 (56:27)	7:37 (1:04:04)
1:29 (1:12:07)	1:37 (1:13:44)	3:21 (1:17:05)	5:07 (1:22:12)
1:48 (1:28:58)	0:36 (1:29:34)	6:13 (1:35:47)	3:40 (1:39:27)
4:17 (1:52:17)	1:29 (1:53:46)	4:31 (1:58:17)	0:53 (1:59:10)
			5:01 (25:57)
			2:52 (41:16)
			3:08 (1:07:12)
			2:45 (1:24:57)
			6:48 (1:46:13)
			0:10 (2:02:46)
5. Johan Axelsson	OK Älme	2:10:38	+22:45
4:17 (4:17)	6:46 (11:03)	3:35 (14:38)	3:12 (17:50)
1:35 (27:31)	6:01 (33:32)	8:02 (41:34)	2:55 (44:29)
4:23 (56:11)	2:15 (58:26)	2:37 (1:01:03)	7:55 (1:08:58)
1:32 (1:17:08)	1:57 (1:19:05)	3:33 (1:22:38)	5:24 (1:28:02)
2:10 (1:35:29)	1:01 (1:36:30)	6:40 (1:43:10)	2:14 (1:45:24)
4:54 (1:59:43)	2:15 (2:01:58)	5:09 (2:07:07)	1:01 (2:08:08)
			2:17 (2:10:25)
			5:27 (25:56)
			1:26 (51:48)
			3:21 (1:15:36)
			2:30 (1:33:19)
			2:09 (1:54:49)
			0:13 (2:10:38)
6. Laust Sørensen	No Klub	2:32:24	+44:31
10:48 (10:48)	6:38 (17:26)	5:16 (22:42)	2:53 (25:35)
1:41 (35:39)	6:44 (42:23)	9:10 (51:33)	3:41 (55:14)
4:02 (1:06:59)	2:54 (1:09:53)	4:47 (1:14:40)	9:28 (1:24:08)
3:56 (1:33:25)	1:34 (1:34:59)	3:23 (1:38:22)	5:58 (1:44:20)
2:45 (1:53:07)	0:55 (1:54:02)	7:00 (2:01:02)	3:02 (2:04:04)
5:05 (2:19:50)	2:34 (2:22:24)	6:09 (2:28:33)	1:11 (2:29:44)
			2:27 (2:32:11)
			5:49 (33:58)
			1:38 (1:02:57)
			3:16 (1:29:29)
			2:43 (1:50:22)
			2:47 (2:14:45)
			0:13 (2:32:24)
7. André Bjärby	Frosta OK	2:33:25	+45:32
4:15 (4:15)	6:45 (11:00)	8:38 (19:38)	3:27 (23:05)
4:07 (34:27)	2:14 (36:41)	2:00 (38:41)	11:37 (50:18)
6:35 (1:03:50)	6:34 (1:10:24)	6:22 (1:16:46)	8:06 (1:24:52)
1:20 (1:36:47)	1:52 (1:38:39)	3:47 (1:42:26)	4:42 (1:47:08)
1:49 (1:54:32)	0:53 (1:55:25)	7:13 (2:02:38)	2:28 (2:05:06)
5:10 (2:19:25)	2:44 (2:22:09)	7:48 (2:29:57)	0:47 (2:30:44)
			5:38 (28:43)
			3:36 (53:54)
			6:16 (1:31:08)
			3:14 (1:50:22)
			6:55 (2:12:01)
			2:30 (2:33:14)
			1:37 (30:20)
			3:21 (57:15)
			4:19 (1:35:27)
			2:21 (1:52:43)
			2:14 (2:14:15)
			0:11 (2:33:25)
8. Allan Engsig-Karup	OK73	3:03:18	+75:25
4:15 (4:15)	6:31 (10:46)	8:49 (19:35)	3:23 (22:58)
4:48 (39:32)	3:02 (42:34)	9:35 (52:09)	7:50 (59:59)
11:28 (1:21:45)	1:31 (1:23:16)	10:57 (1:34:13)	8:38 (1:42:51)
4:34 (1:52:46)	1:34 (1:54:20)	4:01 (1:58:21)	7:19 (2:05:40)
4:00 (2:15:46)	2:17 (2:18:03)	8:42 (2:26:45)	3:05 (2:29:50)
8:00 (2:49:08)	2:22 (2:51:30)	7:01 (2:58:31)	1:31 (3:00:02)
			6:54 (29:52)
			6:55 (1:06:54)
			1:52 (1:44:43)
			3:37 (2:09:17)
			7:51 (2:37:41)
			3:04 (3:03:06)
			4:52 (34:44)
			3:23 (1:10:17)
			3:29 (1:48:12)
			2:29 (2:11:46)
			3:27 (2:41:08)
			0:12 (3:03:18)
9. Simon Sjöfors	OK Älme	3:31:34	+103:41
4:11 (4:11)	6:37 (10:48)	3:20 (14:08)	3:04 (17:12)
1:35 (26:58)	6:15 (33:13)	9:00 (42:13)	11:03 (53:16)
5:35 (1:11:20)	14:02 (1:25:22)	2:46 (1:28:08)	8:46 (1:36:54)
4:21 (1:47:05)	1:42 (1:48:47)	3:03 (1:51:50)	6:26 (1:58:16)
3:51 (2:34:32)	1:16 (2:35:48)	10:43 (2:46:31)	6:17 (2:52:48)
7:41 (3:15:18)	3:10 (3:18:28)	7:55 (3:26:23)	1:41 (3:28:04)
			3:14 (3:31:18)
			2:40 (19:52)
			10:43 (1:03:59)
			1:52 (1:38:46)
			28:41 (2:26:57)
			11:30 (3:04:18)
			5:31 (25:23)
			1:46 (1:05:45)
			3:58 (1:42:44)
			3:44 (2:30:41)
			3:19 (3:07:37)
			0:16 (3:31:34)
Bjark Bo Christensen	Holbæk OK	Fejlklip	
4:42 (4:42)	8:27 (13:09)	12:31 (25:40)	4:05 (29:45)
7:20 (47:09)	2:49 (49:58)	4:40 (54:38)	4:57 (59:35)
7:50 (1:14:48)	2:45 (1:17:33)	7:53 (1:25:26)	12:06 (1:37:32)
4:49 (1:50:01)	1:46 (1:51:47)	3:45 (1:55:32)	10:40 (2:06:12)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
			7:52 (37:37)
			3:51 (1:03:26)
			2:00 (1:39:32)
			5:01 (2:11:13)
			— (—)
			— (—)
			— (2:19:19)
			2:12 (39:49)
			3:32 (1:06:58)
			5:40 (1:45:12)
			— (—)
			— (—)
			— (—)
			— (—)
			— (—)
			— (1:23:07)
Jacob Spange Mortensen	PI-København	Fejlklip	
4:09 (4:09)	6:56 (11:05)	3:37 (14:42)	3:21 (18:03)
1:51 (29:10)	7:02 (36:12)	10:03 (46:15)	4:26 (50:41)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
			3:17 (21:20)
			6:08 (56:49)
			5:59 (27:19)
			1:55 (58:44)
			— (—)
			— (—)
			— (—)
			— (—)
			— (—)
			— (—)
Brian Lomholt Jensen	Farum OK	Ej startet	
Jon Lindskog	OK Älme	Ej startet	
Mikael Nilsson	Lunds OK	Ej startet	

H65-	(17 / 17)	Tid	Efter
1. Leif E. Larsen	Tisvilde Hegn OK	1:37:31	
5:55 (5:55)	7:13 (13:08)	2:30 (15:38)	2:49 (18:27)
4:08 (31:41)	6:51 (38:32)	4:05 (42:37)	1:29 (44:06)
1:09 (51:45)	2:05 (53:50)	10:43 (1:04:33)	2:24 (1:06:57)
1:35 (1:12:43)	1:59 (1:14:42)	4:47 (1:19:29)	5:42 (1:25:11)
0:13 (1:37:31)			3:26 (21:53)
			5:40 (27:33)
			1:45 (50:36)
			2:23 (1:11:08)
			3:20 (1:37:18)
2. Gunnar Grue-Sørensen	Køge OK	1:46:47	+9:16
6:47 (6:47)	8:08 (14:55)	2:30 (17:25)	3:09 (20:34)
4:50 (35:22)	7:48 (43:10)	5:14 (48:24)	1:47 (50:11)
1:13 (58:39)	2:12 (1:00:51)	11:42 (1:12:33)	2:31 (1:15:04)
1:40 (1:21:05)	2:31 (1:23:36)	5:10 (1:28:46)	6:39 (1:35:25)
0:13 (1:46:47)			3:38 (24:12)
			5:29 (55:40)
			1:59 (1:17:03)
			2:22 (1:19:25)
			3:09 (1:46:34)
3. Anders Jonsson	Søllerød OK	1:54:15	+16:44
6:15 (6:15)	10:19 (16:34)	2:02 (18:36)	7:10 (25:46)
8:10 (40:25)	2:37 (43:02)	3:34 (46:36)	3:58 (50:34)
1:20 (1:03:53)	2:00 (1:05:53)	12:47 (1:18:40)	2:54 (1:21:34)
1:49 (1:27:53)	2:11 (1:30:04)	6:10 (1:36:14)	6:20 (1:42:34)
0:13 (1:54:15)			4:55 (30:41)
			8:05 (58:39)
			1:57 (1:23:31)
			8:21 (1:50:55)
			1:34 (32:15)
			3:54 (1:02:33)
			2:33 (1:26:04)
			3:07 (1:54:02)
4. John Holm	OK Pan	1:55:11	+17:40
6:10 (6:10)	7:43 (13:53)	2:41 (16:34)	3:00 (19:34)
6:35 (37:01)	7:52 (44:53)	7:22 (52:15)	1:27 (53:42)
1:19 (1:02:54)	2:14 (1:05:08)	11:53 (1:17:01)	2:34 (1:19:35)
2:46 (1:26:09)	1:46 (1:27:55)	9:52 (1:37:47)	6:17 (1:44:04)
0:14 (1:55:11)			4:59 (24:33)
			5:51 (59:33)
			2:14 (1:21:49)
			7:49 (1:51:53)
			5:53 (30:26)
			2:02 (1:01:35)
			1:34 (1:23:23)
			3:04 (1:54:57)
5. Niels Hamborg Jensen	OK Skærmø Værløse	2:08:19	+30:48
7:15 (7:15)	9:11 (16:26)	4:19 (20:45)	8:45 (29:30)
6:05 (43:00)	3:00 (46:00)	3:25 (49:25)	4:15 (53:40)
1:43 (1:08:29)	2:33 (1:11:02)	13:37 (1:24:39)	3:31 (1:28:10)
3:41 (1:37:05)	2:57 (1:40:02)	6:11 (1:46:13)	8:21 (1:54:34)
0:14 (2:08:19)			5:23 (34:53)
			7:53 (1:01:33)
			2:51 (1:31:01)
			9:29 (2:04:03)
			2:02 (36:55)
			5:13 (1:06:46)
			2:23 (1:33:24)
			4:02 (2:08:05)
6. Kjell Martinsson	OK Tranan	2:16:20	+38:49
8:58 (8:58)	10:18 (19:16)	6:34 (25:50)	3:55 (29:45)
5:19 (47:39)	10:36 (58:15)	6:03 (1:04:18)	2:00 (1:06:18)
1:36 (1:16:45)	2:33 (1:19:18)	13:19 (1:32:37)	2:39 (1:35:16)
2:02 (1:45:31)	3:10 (1:48:41)	8:06 (1:56:47)	7:09 (2:03:56)
0:13 (2:16:20)			4:43 (34:28)
			6:24 (1:12:42)
			4:15 (1:39:31)
			8:51 (2:12:47)
			7:52 (42:20)
			2:27 (1:15:09)
			3:58 (1:43:29)
			3:20 (2:16:07)
7. Jørn Mouritzen	Fredensborg OK	2:17:59	+40:28
7:59 (7:59)	15:17 (23:16)	2:30 (25:46)	11:20 (37:06)
6:23 (50:24)	2:33 (52:57)	3:57 (56:54)	4:57 (1:01:51)
1:30 (1:15:44)	2:13 (1:17:57)	12:12 (1:30:09)	2:42 (1:32:51)
2:53 (1:41:07)	4:34 (1:45:41)	6:43 (1:52:24)	8:00 (2:00:24)
0:11 (2:17:59)			5:27 (42:33)
			7:33 (1:09:24)
			2:01 (1:34:52)
			13:57 (2:14:21)
			1:28 (44:01)
			4:50 (1:14:14)
			3:22 (1:38:14)
			3:27 (2:17:48)
8. Jimmy Hoen	Ballerup OK	2:20:04	+42:33
6:49 (6:49)	8:09 (14:58)	4:58 (19:56)	8:27 (28:23)
6:38 (42:36)	2:53 (45:29)	3:48 (49:17)	3:58 (53:15)
1:52 (1:08:07)	2:36 (1:10:43)	13:15 (1:23:58)	3:20 (1:27:18)
3:21 (1:46:41)	2:22 (1:49:03)	8:09 (1:57:12)	7:24 (2:04:36)
0:15 (2:20:04)			5:33 (33:56)
			7:07 (1:00:22)
			2:42 (1:30:00)
			12:07 (2:16:43)
			2:02 (35:58)
			5:53 (1:06:15)
			13:20 (1:43:20)
			3:06 (2:19:49)
9. Erik Ljungdahl	Faaborg OK	2:22:38	+45:07
8:24 (8:24)	13:34 (21:58)	4:05 (26:03)	4:00 (30:03)
5:35 (49:58)	12:48 (1:02:46)	6:47 (1:09:33)	2:51 (1:12:24)
1:42 (1:22:48)	2:45 (1:25:33)	12:36 (1:38:09)	3:17 (1:41:26)
1:51 (1:49:23)	3:07 (1:52:30)	6:45 (1:59:15)	9:51 (2:09:06)
0:15 (2:22:38)			6:12 (36:15)
			6:50 (1:19:14)
			3:14 (1:44:40)
			9:08 (2:18:14)
			8:08 (44:23)
			1:52 (1:21:06)
			2:52 (1:47:32)
			4:09 (2:22:23)
10. Gert Olsson	No Klub	2:28:53	+51:22
8:36 (8:36)	9:40 (18:16)	5:44 (24:00)	9:05 (33:05)
6:04 (52:44)	4:09 (56:53)	4:45 (1:01:38)	6:01 (1:07:39)
1:42 (1:24:33)	3:48 (1:28:21)	13:12 (1:41:33)	3:41 (1:45:14)
2:34 (1:55:16)	3:53 (1:59:09)	6:34 (2:05:43)	8:22 (2:14:05)
0:16 (2:28:53)			10:46 (43:51)
			8:24 (1:16:03)
			3:25 (1:48:39)
			10:41 (2:24:46)
			2:49 (46:40)
			6:48 (1:22:51)
			4:03 (1:52:42)
			3:51 (2:28:37)
11. Nils Sættlem	Kildeholm OK	2:31:13	+53:42
9:18 (9:18)	8:42 (18:00)	8:35 (26:35)	10:54 (37:29)
7:16 (51:38)	3:05 (54:43)	4:22 (59:05)	4:20 (1:03:25)
1:49 (1:18:05)	2:27 (1:20:32)	15:26 (1:35:58)	7:31 (1:43:29)
3:10 (1:52:59)	2:37 (1:55:36)	6:16 (2:01:52)	15:46 (2:17:38)
0:11 (2:31:13)			5:11 (42:40)
			7:24 (1:10:49)
			4:20 (1:47:49)
			8:55 (2:26:33)
			1:42 (44:22)
			5:27 (1:16:16)
			2:00 (1:49:49)
			4:29 (2:31:02)
12. Peter Nørgaard	Ballerup OK	2:32:20	+54:49
8:43 (8:43)	11:00 (19:43)	3:32 (23:15)	4:23 (27:38)
6:34 (49:56)	11:07 (1:01:03)	5:16 (1:06:19)	1:57 (1:08:16)
1:28 (1:19:39)	2:37 (1:22:16)	13:35 (1:35:51)	6:07 (1:41:58)
2:47 (1:58:45)	2:51 (2:01:36)	8:43 (2:10:19)	7:48 (2:18:07)
0:16 (2:32:20)			6:52 (34:30)
			8:18 (1:16:34)
			11:50 (1:53:48)
			9:59 (2:28:06)
			8:52 (43:22)
			1:37 (1:18:11)
			2:10 (1:55:58)
			3:58 (2:32:04)
13. Bo Larsson	Växjö OK	2:49:52	+72:21
13:30 (13:30)	21:09 (34:39)	8:12 (42:51)	9:30 (52:21)
6:20 (1:07:38)	3:18 (1:10:56)	5:02 (1:15:58)	6:05 (1:22:03)
2:00 (1:38:24)	3:11 (1:41:35)	14:08 (1:55:43)	2:58 (1:58:41)
2:17 (2:15:56)	3:19 (2:19:15)	7:47 (2:27:02)	9:29 (2:36:31)
0:17 (2:49:52)			7:04 (59:25)
			8:23 (1:30:26)
			3:16 (2:01:57)
			9:34 (2:46:05)
			1:53 (1:01:18)
			5:58 (1:36:24)
			11:42 (2:13:39)
			3:30 (2:49:35)
14. Niels Raagaard	Søllerød OK	2:56:22	+78:51
11:15 (11:15)	16:24 (27:39)	3:57 (31:36)	5:03 (36:39)
6:22 (57:47)	14:26 (1:12:13)	8:56 (1:21:09)	2:35 (1:23:44)
2:55 (1:38:35)	3:54 (1:42:29)	17:55 (2:00:24)	4:56 (2:05:20)
4:46 (2:16:24)	3:20 (2:19:44)	8:52 (2:28:36)	9:24 (2:38:00)
0:17 (2:56:22)			6:05 (42:44)
			8:33 (1:32:17)
			3:49 (2:09:09)
			12:46 (2:50:46)
			8:41 (51:25)
			3:23 (1:35:40)
			2:29 (2:11:38)
			5:19 (2:56:05)
Emil Olesen	FIF Hillerød	Fejlklip	
7:50 (7:50)	9:31 (17:21)	11:07 (31:37)	5:35 (37:12)
6:38 (46:11)	6:38 (52:49)	4:22 (57:11)	7:59 (1:09:15)
1:44 (1:16:08)	3:32 (1:19:40)	— (—)	— (—)
— (—)	— (—)	— (—)	— (—)
0:17 (1:43:33)			9:08 (1:39:03)
			2:21 (39:33)
			5:09 (1:14:24)
			— (—)
			4:13 (1:43:16)
Ole Berner	Søllerød OK	Ej startet	
Olle Bohman	Hjärnarps GHOL	Ej startet	

H70-	(28 / 28)	Tid	Efter
1. Janne Brunstedt	OK Roskilde	1:09:34	
6:53 (6:53)	6:08 (13:01)	2:14 (18:18)	2:25 (20:43)
3:07 (26:20)	7:38 (33:58)	2:35 (40:37)	1:46 (42:23)
6:06 (57:34)	3:43 (1:01:17)	2:36 (1:06:16)	3:05 (1:09:21)
			2:30 (23:13)
			9:05 (51:28)
			0:13 (1:09:34)
2. Leif Sandgren	No Klub	1:11:30	+1:56
5:21 (5:21)	7:29 (12:50)	2:32 (18:33)	2:27 (21:00)
4:45 (28:33)	8:14 (36:47)	2:44 (43:22)	1:41 (45:03)
5:40 (59:41)	3:38 (1:03:19)	3:09 (1:08:27)	2:48 (1:11:15)
			0:15 (1:11:30)
3. Ingvar Bergman	OK Tranan	1:11:41	+2:07
5:18 (5:18)	7:06 (12:24)	2:32 (18:14)	2:33 (20:47)
3:14 (26:37)	8:36 (35:13)	2:41 (42:15)	1:45 (44:00)
5:47 (1:00:28)	3:54 (1:04:22)	2:10 (1:08:32)	2:53 (1:11:25)
			0:16 (1:11:41)
4. Eldar Børsum	Bækkelaget SK	1:15:32	+5:58
4:33 (4:33)	6:49 (11:22)	2:53 (18:02)	3:07 (21:09)
2:40 (28:57)	8:04 (37:01)	3:23 (43:51)	2:20 (46:11)
6:41 (1:02:00)	5:08 (1:07:08)	2:30 (1:12:08)	3:10 (1:15:18)
			0:14 (1:15:32)
5. Lars Persson	OK KOMPASSEN	1:20:44	+11:10
5:56 (5:56)	7:33 (13:29)	3:02 (20:31)	2:56 (23:27)
2:44 (30:14)	9:53 (40:07)	4:39 (48:36)	2:02 (50:38)
7:22 (1:08:11)	4:14 (1:12:25)	2:29 (1:17:11)	3:18 (1:20:29)
			0:15 (1:20:44)
6. Kjell Røkke	IL tyrving	1:20:48	+11:14
5:23 (5:23)	8:25 (13:48)	2:49 (20:34)	3:03 (23:37)
3:29 (32:07)	9:10 (41:17)	3:03 (47:41)	3:07 (50:48)
6:56 (1:08:06)	4:27 (1:12:33)	2:35 (1:17:20)	3:15 (1:20:35)
			0:13 (1:20:48)
7. Hans Christian Strib	OK Gorm	1:21:03	+11:29
5:48 (5:48)	7:06 (12:54)	3:11 (20:17)	2:55 (23:12)
4:12 (30:52)	11:38 (42:30)	3:29 (49:26)	1:57 (51:23)
6:33 (1:09:07)	4:11 (1:13:18)	2:29 (1:17:49)	3:00 (1:20:49)
			0:14 (1:21:03)
8. John Tripax	OK Roskilde	1:23:58	+14:24
5:19 (5:19)	10:34 (15:53)	2:48 (22:43)	2:48 (25:31)
2:37 (32:42)	8:23 (41:05)	2:58 (47:38)	3:16 (50:54)
7:08 (1:09:53)	4:04 (1:13:57)	2:31 (1:19:47)	3:55 (1:23:42)
			0:16 (1:23:58)
9. Klaus Olsen	Tisvilde Hegn OK	1:24:59	+15:25
5:29 (5:29)	7:43 (13:12)	3:11 (20:25)	3:38 (24:03)
3:58 (32:22)	9:57 (42:19)	3:17 (49:38)	2:11 (51:49)
8:00 (1:11:03)	4:26 (1:15:29)	2:48 (1:18:17)	3:47 (1:24:43)
			0:16 (1:24:59)
10. Kjell Lönn	Hjärnarps GHOL	1:26:36	+17:02
5:29 (5:29)	7:47 (13:16)	3:15 (20:35)	3:08 (23:43)
6:42 (34:46)	10:10 (44:56)	3:02 (51:53)	2:03 (53:56)
7:47 (1:13:12)	4:23 (1:17:35)	2:43 (1:22:33)	3:47 (1:26:20)
			0:16 (1:26:36)
11. Hasse Bergstrøm	IL tyrving	1:28:22	+18:48
6:31 (6:31)	7:23 (13:54)	2:46 (21:26)	3:24 (24:50)
4:21 (32:06)	13:11 (45:17)	2:55 (51:56)	2:07 (54:03)
7:47 (1:12:21)	5:09 (1:17:30)	3:44 (1:24:02)	4:07 (1:28:09)
			0:13 (1:28:22)
12. Jan Kristoffersen	Ballerup OK	1:28:45	+19:11
5:31 (5:31)	8:27 (13:58)	3:07 (21:30)	3:45 (25:15)
6:28 (35:08)	10:18 (45:26)	3:02 (52:18)	1:57 (54:15)
8:10 (1:13:43)	4:48 (1:18:31)	4:17 (1:25:03)	3:29 (1:28:32)
			0:13 (1:28:45)
13. Håkan Nilsson	Malmö OK	1:35:30	+25:56
5:24 (5:24)	7:53 (13:17)	2:51 (20:46)	3:36 (24:22)
3:34 (32:10)	8:59 (41:09)	3:23 (48:09)	3:02 (51:11)
17:37 (1:20:30)	4:32 (1:25:02)	3:17 (1:31:13)	4:00 (1:35:13)
			0:17 (1:35:30)
14. Jan Persson	.Ystads OK	1:35:54	+26:20
5:42 (5:42)	8:46 (14:28)	3:27 (22:28)	3:25 (25:53)
4:30 (35:42)	10:22 (46:04)	3:59 (54:20)	2:26 (56:46)
9:50 (1:18:41)	6:13 (1:24:54)	3:14 (1:31:23)	4:13 (1:35:36)
			0:18 (1:35:54)
15. Lars-Åke Åberg	Kalmar OK	1:39:34	+30:00
6:02 (6:02)	8:47 (14:49)	3:22 (23:44)	3:55 (27:39)
3:27 (36:58)	12:07 (49:05)	5:16 (1:00:20)	2:28 (1:02:48)
8:25 (1:22:40)	5:14 (1:27:54)	3:26 (1:35:22)	3:56 (1:39:18)
			0:16 (1:39:34)
16. Ove Splittorff	Svendborg OK	1:43:27	+33:53
10:09 (10:09)	9:41 (19:50)	3:43 (28:51)	5:11 (34:02)
4:46 (43:45)	10:54 (54:39)	4:08 (1:03:11)	2:20 (1:05:31)
8:04 (1:26:29)	5:39 (1:32:08)	3:48 (1:38:59)	4:09 (1:43:08)
			0:19 (1:43:27)
17. Niels Conradsen	Søllerød OK	1:47:08	+37:34
5:39 (5:39)	10:25 (16:04)	3:44 (24:54)	13:33 (38:27)
4:27 (46:27)	12:06 (58:33)	3:42 (1:06:45)	2:18 (1:09:03)
8:18 (1:32:52)	5:15 (1:38:07)	2:48 (1:43:30)	3:23 (1:46:53)
			0:15 (1:47:08)
18. Karsten Funder	FIF Hillerød	1:48:03	+38:29
5:45 (5:45)	8:24 (14:09)	3:15 (25:20)	3:21 (28:41)
3:17 (38:26)	16:59 (55:25)	3:35 (1:03:10)	2:34 (1:05:44)
11:09 (1:32:00)	4:50 (1:36:50)	3:01 (1:43:47)	3:59 (1:47:46)
			0:17 (1:48:03)
19. Steen Sørensen	OK Skærmén Værløse	1:48:13	+38:39
7:14 (7:14)	9:50 (17:04)	6:06 (29:10)	3:20 (32:30)
6:17 (42:58)	14:47 (57:45)	3:52 (1:05:40)	2:54 (1:08:34)
8:27 (1:33:10)	5:02 (1:38:12)	2:56 (1:43:52)	4:05 (1:47:57)
			0:16 (1:48:13)
20. Svend Erik Jensen	OK Skærmén Værløse	1:49:52	+40:18
7:33 (7:33)	10:12 (17:45)	8:52 (32:13)	4:35 (36:48)
4:47 (47:49)	11:17 (59:06)	4:13 (1:08:01)	2:22 (1:10:23)
8:50 (1:33:30)	5:21 (1:38:51)	3:16 (1:44:54)	4:42 (1:49:36)
			0:16 (1:49:52)
21. Bo Senje	No Klub	1:51:20	+41:46
7:37 (7:37)	9:38 (17:15)	6:06 (29:01)	3:23 (32:24)
5:09 (42:06)	11:37 (53:43)	3:51 (1:04:56)	2:14 (1:07:10)
10:18 (1:33:24)	6:21 (1:39:45)	3:18 (1:46:11)	4:49 (1:51:00)
			0:20 (1:51:20)
22. Kurt Jespersen	FSK Orientering	1:59:04	+49:30
8:02 (8:02)	9:57 (17:59)	3:20 (28:47)	13:25 (42:12)
4:46 (50:43)	11:52 (1:02:35)	3:56 (1:12:08)	2:16 (1:14:24)
10:17 (1:40:27)	6:14 (1:46:41)	3:21 (1:53:13)	5:30 (1:58:43)
			0:21 (1:59:04)
23. Nils-Erik Bondesson	No Klub	2:12:53	+63:19
7:12 (7:12)	10:29 (17:41)	4:52 (30:57)	5:56 (36:53)
8:41 (51:18)	16:41 (1:07:59)	3:59 (1:17:20)	3:26 (1:20:46)
10:23 (1:55:08)	6:07 (2:01:15)	3:25 (2:07:54)	4:39 (2:12:33)
			5:44 (42:37)
			23:59 (1:44:45)
			0:20 (2:12:53)

John Thomas Petersen	Nittedal ok	Fejlklip		
1:22:02 (1:22:02)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (1:26:26)	2:33 (1:28:59)	2:45 (1:31:44)	3:38 (1:35:22)
Leif Karlsson	Frosta OK	Fejlklip		
6:24 (6:24)	10:47 (17:11)	4:38 (27:26)	4:04 (31:30)	6:14 (37:44)
3:28 (41:12)	- (-)	- (-)	- (-)	- (1:15:10)
10:21 (1:25:31)	6:36 (1:32:07)	3:30 (1:35:37)	3:47 (1:39:24)	5:17 (1:44:41)
Niels Landsperg	Tisvilde Hegn OK	Fejlklip		
5:38 (5:38)	7:28 (13:06)	3:29 (20:17)	2:59 (23:16)	3:25 (26:41)
- (-)	- (38:10)	3:34 (46:03)	1:55 (47:58)	12:02 (1:00:00)
7:37 (1:07:37)	5:13 (1:12:50)	2:26 (1:17:18)	3:24 (1:20:42)	0:12 (1:20:54)
Karsten Richardt	Køge OK	Ej startet		
Ake Persson	Hjärnarps GHOL	Ej startet		

H75-		(10 / 10)	Tid		Efter	
1.	Bjørn Ludvigsen	IF Sturla	1:10:06			
	5:27 (5:27)	5:00 (10:27)		2:40 (15:05)	3:19 (18:24)	3:05 (21:29)
	5:11 (26:40)	2:48 (29:28)		2:57 (42:27)	4:23 (46:50)	7:07 (53:57)
	3:43 (57:40)	6:59 (1:04:39)		2:55 (1:09:51)	0:15 (1:10:06)	
2.	Roland Offrell	No Klub	1:26:04	+15:58		
	6:32 (6:32)	6:19 (12:51)		3:34 (18:47)	4:04 (22:51)	3:52 (26:43)
	5:09 (31:52)	3:53 (35:45)		3:16 (51:14)	6:18 (57:32)	8:44 (1:06:16)
	5:01 (1:11:17)	8:26 (1:19:43)		3:23 (1:25:43)	0:21 (1:26:04)	
3.	Ole Svendsen	OK Roskilde	1:30:59	+20:53		
	5:51 (5:51)	5:54 (11:45)		4:05 (20:46)	9:10 (29:56)	3:25 (33:21)
	4:12 (37:33)	4:03 (41:36)		3:03 (55:47)	6:16 (1:02:03)	9:03 (1:11:06)
	4:29 (1:15:35)	8:19 (1:23:54)		3:41 (1:30:45)	0:14 (1:30:59)	
4.	Tom Lindberg	Lunds OK	1:50:58	+40:52		
	6:37 (6:37)	6:21 (12:58)		3:33 (18:59)	4:23 (23:22)	3:49 (27:11)
	5:20 (32:31)	5:58 (38:29)		6:29 (1:06:27)	8:24 (1:14:51)	13:25 (1:28:16)
	6:21 (1:34:37)	9:27 (1:44:04)		3:40 (1:50:41)	0:17 (1:50:58)	
5.	Henning Løwenstein	FIF Hillerød	1:53:45	+43:39		
	6:09 (6:09)	6:18 (12:27)		3:43 (18:58)	4:29 (23:27)	3:48 (27:15)
	5:11 (32:26)	16:54 (49:20)		5:40 (1:11:48)	7:24 (1:19:12)	11:27 (1:30:39)
	5:48 (1:36:27)	10:17 (1:46:44)		3:56 (1:53:28)	0:17 (1:53:45)	
6.	Kaj Rostvad	Søllerød OK	1:54:23	+44:17		
	5:52 (5:52)	5:55 (11:47)		19:50 (41:20)	6:16 (47:36)	3:23 (50:59)
	4:54 (55:53)	3:05 (58:58)		3:06 (1:18:47)	6:19 (1:25:06)	10:23 (1:35:29)
	4:37 (1:40:06)	7:31 (1:47:37)		3:20 (1:54:08)	0:15 (1:54:23)	
7.	Mogens Jensen	Holbæk OK	2:01:47	+51:41		
	7:10 (7:10)	7:25 (14:35)		5:31 (38:45)	4:05 (42:50)	3:12 (46:02)
	4:21 (50:23)	6:52 (57:15)		3:58 (1:17:05)	7:46 (1:24:51)	11:04 (1:35:55)
	5:39 (1:41:34)	12:21 (1:53:55)		4:22 (2:01:33)	0:14 (2:01:47)	
8.	Bo Adolfsson	IK Ymer	2:02:56	+52:50		
	8:11 (8:11)	8:50 (17:01)		6:04 (30:42)	6:16 (36:58)	2:43 (39:41)
	11:39 (51:20)	4:00 (55:20)		4:13 (1:16:01)	8:26 (1:24:27)	12:13 (1:36:40)
	5:33 (1:42:13)	12:00 (1:54:13)		4:22 (2:02:39)	0:17 (2:02:56)	
	Roar Forbord	Malvik IL	Udgået			
	6:44 (6:44)	– (–)		– (–)	– (–)	– (–)
	– (–)	– (–)		– (–)	– (–)	– (–)
	– (–)	– (–)		– (–)	– (–)	
	Flemming Larsen	Helsingør SOK	Ej startet			

D-20**(12 / 12)****Tid****Efter**

1.	Agnes Nørgård Kracht	Tisvilde Hegn OK	1:35:00			
	5:13 (5:13)	9:21 (14:34)	2:45 (17:19)	3:11 (20:30)	2:35 (23:05)	1:55 (25:00)
	3:42 (28:42)	1:17 (29:59)	1:07 (31:06)	2:41 (33:47)	3:37 (37:24)	6:27 (43:51)
	1:30 (45:21)	3:19 (48:40)	2:39 (51:19)	1:08 (52:27)	1:44 (54:11)	2:23 (56:34)
	3:41 (1:00:15)	2:39 (1:02:54)	1:38 (1:04:32)	0:33 (1:05:05)	4:33 (1:09:38)	4:06 (1:13:44)
	6:52 (1:20:36)	3:20 (1:23:56)	3:36 (1:27:32)	1:28 (1:29:00)	3:49 (1:32:49)	2:01 (1:34:50)
	0:10 (1:35:00)					
2.	Annika Simonsen	FIF Hillerød	1:39:23	+4:23		
	5:12 (5:12)	9:33 (14:45)	2:38 (17:23)	3:13 (20:36)	2:36 (23:12)	1:54 (25:06)
	3:39 (28:45)	1:18 (30:03)	1:05 (31:08)	2:43 (33:51)	3:38 (37:29)	6:27 (43:56)
	1:30 (45:26)	1:46 (47:12)	3:06 (50:18)	2:52 (53:10)	1:10 (54:20)	3:29 (57:49)
	4:21 (1:02:10)	2:58 (1:05:08)	2:22 (1:07:30)	0:36 (1:08:06)	4:13 (1:12:19)	4:55 (1:17:14)
	7:09 (1:24:23)	3:32 (1:27:55)	3:23 (1:31:18)	1:48 (1:33:06)	4:05 (1:37:11)	2:03 (1:39:14)
	0:09 (1:39:23)					
2.	Malin Agervig Kristiansson	OK Snab	1:39:23	+4:23		
	5:14 (5:14)	9:26 (14:40)	2:16 (16:56)	2:34 (19:30)	1:57 (21:27)	4:02 (25:29)
	1:13 (26:42)	2:41 (29:23)	3:41 (33:04)	2:40 (35:44)	4:07 (39:51)	6:58 (46:49)
	1:34 (48:23)	3:24 (51:47)	3:52 (55:39)	1:07 (56:46)	1:37 (58:23)	2:25 (1:00:48)
	4:17 (1:05:05)	2:43 (1:07:48)	1:38 (1:09:26)	0:38 (1:10:04)	4:00 (1:14:04)	4:32 (1:18:36)
	6:54 (1:25:30)	3:01 (1:28:31)	3:27 (1:31:58)	1:21 (1:33:19)	3:43 (1:37:02)	2:13 (1:39:15)
	0:08 (1:39:23)					
4.	Oda Sikkeland	IL tyrving	1:39:28	+4:28		
	5:19 (5:19)	9:37 (14:56)	2:36 (17:32)	3:11 (20:43)	2:38 (23:21)	1:57 (25:18)
	3:41 (28:59)	1:17 (30:16)	1:02 (31:18)	2:36 (33:54)	3:39 (37:33)	6:30 (44:03)
	1:29 (45:32)	3:16 (48:48)	2:39 (51:27)	1:09 (52:36)	1:41 (54:17)	2:30 (56:47)
	3:59 (1:00:46)	3:23 (1:04:09)	1:44 (1:05:53)	0:54 (1:06:47)	6:27 (1:13:14)	5:27 (1:18:41)
	6:54 (1:25:35)	3:08 (1:28:43)	3:21 (1:32:04)	1:24 (1:33:28)	3:47 (1:37:15)	2:03 (1:39:18)
	0:10 (1:39:28)					
5.	Ida Agervig Kristiansson	OK Snab	1:42:35	+7:35		
	5:07 (5:07)	9:36 (14:43)	2:42 (17:25)	3:13 (20:38)	2:36 (23:14)	1:57 (25:11)
	3:41 (28:52)	1:23 (30:15)	1:01 (31:16)	2:47 (34:03)	3:41 (37:44)	6:38 (44:22)
	1:33 (45:55)	3:19 (49:14)	4:10 (53:24)	1:13 (54:37)	1:51 (56:28)	2:44 (59:12)
	5:20 (1:04:32)	3:14 (1:07:46)	1:42 (1:09:28)	0:38 (1:10:06)	4:10 (1:14:16)	4:27 (1:18:43)
	7:15 (1:25:58)	3:50 (1:29:48)	4:15 (1:34:03)	1:42 (1:35:45)	4:14 (1:39:59)	2:23 (1:42:22)
	0:13 (1:42:35)					
6.	Sara Lysemose Poulsen	Silkeborg OK	1:54:57	+19:57		
	5:46 (5:46)	9:49 (15:35)	2:59 (18:34)	4:59 (23:33)	3:21 (26:54)	2:11 (29:05)
	4:34 (33:39)	1:27 (35:06)	1:31 (36:37)	4:01 (40:38)	4:32 (45:10)	8:35 (53:45)
	2:15 (56:00)	1:53 (57:53)	3:04 (1:00:57)	3:08 (1:04:05)	1:14 (1:05:19)	3:51 (1:09:10)
	4:32 (1:13:42)	3:11 (1:16:53)	1:51 (1:18:44)	1:01 (1:19:45)	6:15 (1:26:00)	4:44 (1:30:44)
	7:50 (1:38:34)	3:28 (1:42:02)	3:54 (1:45:56)	1:46 (1:47:42)	4:44 (1:52:26)	2:19 (1:54:45)
	0:12 (1:54:57)					
7.	Irmalinn Nilsson	No Klub	1:56:28	+21:28		
	5:44 (5:44)	10:18 (16:02)	1:33 (17:35)	3:25 (21:00)	2:24 (23:24)	4:19 (27:43)
	1:31 (29:14)	3:20 (32:34)	3:55 (36:29)	3:16 (39:45)	5:34 (45:19)	8:23 (53:42)
	2:17 (55:59)	2:18 (58:17)	2:46 (1:01:03)	3:10 (1:04:13)	1:14 (1:05:27)	3:51 (1:09:18)
	4:45 (1:14:03)	3:25 (1:17:28)	2:06 (1:19:34)	0:46 (1:20:20)	5:30 (1:25:50)	5:02 (1:30:52)
	7:59 (1:38:51)	3:39 (1:42:30)	4:46 (1:47:16)	1:45 (1:49:01)	4:56 (1:53:57)	2:20 (1:56:17)
	0:11 (1:56:28)					
8.	Elin Hugosson	Lunds OK	2:34:48	+59:48		
	6:16 (6:16)	15:02 (21:18)	2:21 (23:39)	3:29 (27:08)	2:51 (29:59)	5:37 (35:36)
	1:33 (37:09)	5:37 (42:46)	5:36 (48:22)	3:10 (51:32)	5:18 (56:50)	9:14 (1:06:04)
	1:54 (1:07:58)	4:30 (1:12:28)	3:54 (1:16:22)	1:33 (1:17:55)	2:31 (1:20:26)	3:43 (1:24:09)
	6:58 (1:31:07)	4:17 (1:35:24)	2:39 (1:38:03)	1:30 (1:39:33)	7:36 (1:47:09)	12:49 (1:59:58)
	12:19 (2:12:17)	5:01 (2:17:18)	6:23 (2:23:41)	2:14 (2:25:55)	5:57 (2:31:52)	2:43 (2:34:35)
	0:13 (2:34:48)					
9.	Tina Ljungquist	Lunds OK	2:51:28	+76:28		
	6:14 (6:14)	12:39 (18:53)	3:48 (22:41)	4:31 (27:12)	3:47 (30:59)	2:57 (33:56)
	5:57 (39:53)	1:47 (41:40)	1:41 (43:21)	4:05 (47:26)	6:41 (54:07)	10:04 (1:04:11)
	2:18 (1:06:29)	3:26 (1:09:55)	6:30 (1:16:25)	4:30 (1:20:55)	1:52 (1:22:47)	5:32 (1:28:19)
	6:53 (1:35:12)	4:09 (1:39:21)	2:28 (1:41:49)	0:54 (1:42:43)	11:45 (1:54:28)	11:52 (2:06:20)
	13:50 (2:20:10)	6:30 (2:26:40)	9:50 (2:36:30)	3:07 (2:39:37)	8:12 (2:47:49)	3:27 (2:51:16)
	0:12 (2:51:28)					
	Alberte Kaae-Nielsen	Søllerød OK	Fejlkli			
	5:41 (5:41)	10:37 (16:18)	1:23 (17:41)	3:09 (20:50)	2:24 (23:14)	4:31 (27:45)
	1:28 (29:13)	3:18 (32:31)	4:10 (36:41)	3:19 (40:00)	5:53 (45:53)	9:19 (55:12)
	1:57 (57:09)	2:14 (59:23)	3:04 (1:02:27)	3:35 (1:06:02)	1:33 (1:07:35)	4:32 (1:12:07)
	5:26 (1:17:33)	3:50 (1:21:23)	2:13 (1:23:36)	0:44 (1:24:20)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (1:25:15)
	0:15 (1:25:30)					
	Ida Øbro	Tisvilde Hegn OK	Fejlkli			
	5:04 (5:04)	10:06 (15:10)	1:06 (16:16)	3:02 (19:18)	2:07 (21:25)	3:50 (25:15)
	1:16 (26:31)	2:51 (29:22)	3:44 (33:06)	2:51 (35:57)	4:05 (40:02)	7:07 (47:09)
	1:35 (48:44)	— (—)	— (55:52)	1:08 (57:00)	1:43 (58:43)	2:55 (1:01:38)
	4:42 (1:06:20)	3:27 (1:09:47)	3:25 (1:13:12)	1:24 (1:14:36)	5:55 (1:20:31)	4:48 (1:25:19)
	8:21 (1:33:40)	3:50 (1:37:30)	4:12 (1:41:42)	1:42 (1:43:24)	4:28 (1:47:52)	2:07 (1:49:59)
	0:12 (1:50:11)					
	Nikoline Holm Splittorff	FIF Hillerød	Ej startet			

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		(4 / 4)			Tid	Efter		
1.	Pernilla Olsson	Skåneslättens OL	1:39:26					
	5:37 (5:37)	9:09 (14:46)	1:26 (16:12)	3:00 (19:12)	1:56 (21:08)	4:18 (25:26)		
	1:16 (26:42)	2:38 (29:20)	3:34 (32:54)	2:45 (35:39)	4:07 (39:46)	6:44 (46:30)		
	1:40 (48:10)	3:52 (52:02)	3:08 (55:10)	1:34 (56:44)	1:38 (58:22)	2:28 (1:00:50)		
	4:13 (1:05:03)	2:47 (1:07:50)	1:40 (1:09:30)	0:35 (1:10:05)	3:58 (1:14:03)	4:31 (1:18:34)		
	6:55 (1:25:29)	3:04 (1:28:33)	3:27 (1:32:00)	1:26 (1:33:26)	3:51 (1:37:17)	1:59 (1:39:16)		
	0:10 (1:39:26)							
2.	Jannie Hagård	OK Pan-Kristianstad	1:41:16	+1:50				
	5:27 (5:27)	9:23 (14:50)	2:41 (17:31)	3:10 (20:41)	2:43 (23:24)	1:52 (25:16)		
	3:51 (29:07)	1:18 (30:25)	1:04 (31:29)	2:43 (34:12)	3:36 (37:48)	6:29 (44:17)		
	1:31 (45:48)	3:13 (49:01)	3:06 (52:07)	1:08 (53:15)	1:48 (55:03)	3:01 (58:04)		
	4:04 (1:02:08)	2:56 (1:05:04)	1:58 (1:07:02)	0:37 (1:07:39)	3:58 (1:11:37)	4:23 (1:16:00)		
	7:08 (1:23:08)	3:51 (1:26:59)	4:41 (1:31:40)	1:29 (1:33:09)	5:39 (1:38:48)	2:14 (1:41:02)		
	0:14 (1:41:16)							
3.	Mathilde Nørgård Kracht	Tisvilde Hegn OK	1:53:18	+13:52				
	5:12 (5:12)	9:54 (15:06)	2:53 (17:59)	3:56 (21:55)	3:00 (24:55)	2:18 (27:13)		
	5:12 (32:25)	1:28 (33:53)	1:19 (35:12)	3:08 (38:20)	4:42 (43:02)	8:02 (51:04)		
	1:35 (52:39)	2:20 (54:59)	2:45 (57:44)	3:51 (1:01:35)	1:22 (1:02:57)	3:42 (1:06:39)		
	5:23 (1:12:02)	3:09 (1:15:11)	2:12 (1:17:23)	0:44 (1:18:07)	4:38 (1:22:45)	4:55 (1:27:40)		
	8:08 (1:35:48)	4:09 (1:39:57)	4:30 (1:44:27)	1:48 (1:46:15)	4:35 (1:50:50)	2:17 (1:53:07)		
	0:11 (1:53:18)							
	Alice Jacobsen	Bristol UOTC	Ej startet					

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	(5 / 5)		Tid	Efter		
1. Astrid Riis	Holbæk OK		1:51:41			
6:19 (6:19)	8:44 (15:03)	2:29 (17:32)	3:48 (21:20)	3:48 (25:08)	7:05 (32:13)	
4:48 (37:01)	7:54 (44:55)	5:18 (50:13)	1:44 (51:57)	6:04 (58:01)	1:47 (59:48)	
1:34 (1:01:22)	2:22 (1:03:44)	11:37 (1:15:21)	2:51 (1:18:12)	3:09 (1:21:21)	2:13 (1:23:34)	
1:26 (1:25:00)	2:19 (1:27:19)	6:29 (1:33:48)	6:29 (1:40:17)	8:12 (1:48:29)	3:00 (1:51:29)	
0:12 (1:51:41)						
2. Pernille Sommer	OK Øst Birkerød		1:54:43	+3:02		
7:19 (7:19)	8:47 (16:06)	2:29 (18:35)	3:27 (22:02)	4:09 (26:11)	6:54 (33:05)	
5:04 (38:09)	9:13 (47:22)	5:11 (52:33)	1:50 (54:23)	5:56 (1:00:19)	1:54 (1:02:13)	
1:29 (1:03:42)	2:16 (1:05:58)	12:33 (1:18:31)	2:40 (1:21:11)	2:18 (1:23:29)	1:46 (1:25:15)	
2:46 (1:28:01)	2:04 (1:30:05)	5:51 (1:35:56)	6:43 (1:42:39)	8:28 (1:51:07)	3:21 (1:54:28)	
0:15 (1:54:43)						
3. Kristina Lorentzon	Göteborg-Majorna OK		2:01:58	+10:17		
6:54 (6:54)	8:57 (15:51)	2:32 (18:23)	8:24 (26:47)	5:40 (32:27)	1:53 (34:20)	
6:02 (40:22)	2:57 (43:19)	9:09 (52:28)	4:38 (57:06)	6:53 (1:03:59)	5:17 (1:09:16)	
1:28 (1:10:44)	2:34 (1:13:18)	11:44 (1:25:02)	2:42 (1:27:44)	2:45 (1:30:29)	2:18 (1:32:47)	
2:57 (1:35:44)	2:37 (1:38:21)	5:23 (1:43:44)	7:12 (1:50:56)	7:49 (1:58:45)	3:00 (2:01:45)	
0:13 (2:01:58)						
4. Sofia Adolfsson	Lunds OK		2:07:27	+15:46		
7:06 (7:06)	9:41 (16:47)	1:53 (18:40)	8:17 (26:57)	5:42 (32:39)	2:33 (35:12)	
5:41 (40:53)	3:26 (44:19)	4:13 (48:32)	4:36 (53:08)	7:42 (1:00:50)	5:36 (1:06:26)	
1:47 (1:08:13)	2:08 (1:10:21)	12:16 (1:22:37)	2:57 (1:25:34)	2:12 (1:27:46)	3:30 (1:31:16)	
2:12 (1:33:28)	2:33 (1:36:01)	10:38 (1:46:39)	7:02 (1:53:41)	8:35 (2:02:16)	4:58 (2:07:14)	
0:13 (2:07:27)						
5. Mette Uhre Lang	Amager OK		3:09:59	+78:18		
26:39 (26:39)	12:04 (38:43)	3:53 (42:36)	9:49 (52:25)	5:32 (57:57)	9:32 (1:07:29)	
8:05 (1:15:34)	12:35 (1:28:09)	6:52 (1:35:01)	2:16 (1:37:17)	7:26 (1:44:43)	3:16 (1:47:59)	
2:11 (1:50:10)	2:50 (1:53:00)	15:46 (2:08:46)	4:31 (2:13:17)	3:16 (2:16:33)	2:23 (2:18:56)	
3:57 (2:22:53)	4:15 (2:27:08)	8:50 (2:35:58)	9:45 (2:45:43)	18:48 (3:04:31)	5:14 (3:09:45)	
0:14 (3:09:59)						

D40-	(17 / 17)	Tid	Efter
1. Pia Olsson	Skåneslättns OL	1:38:29	
8:13 (8:13)	7:02 (15:15)	2:05 (17:20)	2:37 (19:57)
4:07 (33:06)	7:45 (40:51)	4:22 (45:13)	1:40 (46:53)
1:12 (54:31)	1:55 (56:26)	11:17 (1:07:43)	2:29 (1:10:12)
1:26 (1:15:45)	2:21 (1:18:06)	4:31 (1:22:37)	5:37 (1:28:14)
0:14 (1:38:29)			6:50 (1:35:04)
5:59 (28:59)			1:26 (53:19)
2:28 (1:14:19)			3:11 (1:38:15)
2. Merete Nørgaard	Allerød OK	1:39:18	+0:49
6:14 (6:14)	7:45 (13:59)	1:24 (15:23)	8:15 (23:38)
4:38 (34:26)	2:28 (36:54)	3:03 (39:57)	3:33 (43:30)
1:16 (55:36)	2:01 (57:37)	11:12 (1:08:49)	2:11 (1:11:00)
1:24 (1:16:25)	2:17 (1:18:42)	5:18 (1:24:00)	5:35 (1:29:35)
0:13 (1:39:18)			6:35 (1:36:10)
1:32 (29:48)			4:48 (54:20)
1:59 (1:15:01)			2:55 (1:39:05)
3. Pernille Buch	OK Gorm	1:41:15	+2:46
6:21 (6:21)	7:41 (14:02)	1:24 (15:26)	8:17 (23:43)
4:34 (34:31)	2:28 (36:59)	3:06 (40:05)	3:32 (43:37)
1:18 (55:51)	2:01 (57:52)	11:06 (1:08:58)	2:11 (1:11:09)
1:32 (1:16:28)	2:22 (1:18:50)	5:18 (1:24:08)	5:44 (1:29:52)
0:15 (1:41:15)			6:01 (49:38)
1:57 (1:14:56)			7:13 (1:37:05)
3:55 (1:41:00)			
4. Camilla Selin	FK Göingarna	1:46:55	+8:26
6:24 (6:24)	8:21 (14:45)	2:32 (17:17)	3:12 (20:29)
5:22 (36:04)	7:44 (43:48)	5:02 (48:50)	1:42 (50:32)
1:11 (58:42)	2:09 (1:00:51)	11:29 (1:12:20)	2:37 (1:14:57)
2:04 (1:21:20)	2:25 (1:23:45)	5:03 (1:28:48)	5:58 (1:34:46)
0:15 (1:46:55)			6:39 (24:08)
6:34 (30:42)			5:19 (55:51)
2:15 (1:19:16)			8:43 (1:43:29)
3:11 (1:46:40)			
5. Linda Ranbro	Helsingborgs SOK	1:49:27	+10:58
6:23 (6:23)	8:20 (14:43)	2:35 (17:18)	3:14 (20:32)
4:40 (35:54)	8:18 (44:12)	5:02 (49:14)	1:56 (51:10)
1:14 (58:50)	1:58 (1:00:48)	11:38 (1:12:26)	4:57 (1:17:23)
2:30 (1:23:33)	2:02 (1:25:35)	6:04 (1:31:39)	6:31 (1:38:10)
0:13 (1:49:27)			8:00 (1:46:10)
6:18 (31:14)			1:38 (57:36)
1:38 (57:36)			3:04 (1:49:14)
6. Marie Grönlund	Lunds OK	1:55:40	+17:11
6:25 (6:25)	8:23 (14:48)	1:48 (16:36)	8:53 (25:29)
5:49 (38:06)	4:39 (42:45)	3:30 (46:15)	4:24 (50:39)
1:28 (1:04:02)	2:16 (1:06:18)	12:03 (1:18:21)	2:46 (1:21:07)
2:29 (1:28:14)	2:14 (1:30:28)	6:12 (1:36:40)	7:00 (1:43:40)
0:17 (1:55:40)			5:11 (30:40)
1:37 (32:17)			7:25 (58:04)
4:30 (1:02:34)			2:50 (1:23:57)
3:22 (1:55:23)			8:21 (1:52:01)
7. Diana Cederberg	Ballerup OK	2:00:05	+21:36
7:01 (7:01)	9:09 (16:10)	2:06 (18:16)	8:49 (27:05)
5:51 (40:25)	3:07 (43:32)	4:06 (47:38)	4:14 (51:52)
1:31 (1:05:13)	2:15 (1:07:28)	12:25 (1:19:53)	3:01 (1:22:54)
2:35 (1:30:39)	2:52 (1:33:31)	8:05 (1:41:36)	7:20 (1:48:56)
0:14 (2:00:05)			7:46 (1:56:42)
1:57 (34:34)			4:33 (1:03:42)
4:33 (1:03:42)			3:27 (1:26:21)
3:09 (1:59:51)			7:46 (1:56:42)
8. Kristina Berlin	Karlskrona SOK	2:02:57	+24:28
7:53 (7:53)	9:44 (17:37)	2:02 (19:39)	9:10 (28:49)
5:56 (42:17)	3:08 (45:25)	3:47 (49:12)	4:14 (53:26)
1:44 (1:07:24)	2:19 (1:09:43)	13:15 (1:22:58)	2:57 (1:25:55)
2:15 (1:33:09)	2:49 (1:35:58)	5:49 (1:41:47)	6:52 (1:48:39)
0:17 (2:02:57)			10:05 (1:58:44)
2:05 (36:21)			4:57 (1:05:40)
2:42 (1:30:54)			3:56 (2:02:40)
9. Henriette Broman	Allerød OK	2:08:09	+29:40
7:17 (7:17)	9:04 (16:21)	3:05 (19:26)	4:30 (23:56)
5:57 (44:13)	8:15 (52:28)	7:09 (59:37)	1:50 (1:01:27)
1:35 (1:11:40)	2:16 (1:13:56)	15:47 (1:29:43)	2:57 (1:32:40)
1:54 (1:39:37)	2:31 (1:42:08)	6:07 (1:48:15)	7:16 (1:55:31)
0:14 (2:08:09)			9:02 (2:04:33)
8:45 (38:16)			5:56 (1:07:23)
2:42 (1:10:05)			2:19 (1:34:59)
3:22 (2:07:55)			
10. Maria Helmersson	Hässleholms OK	2:13:25	+34:56
7:12 (7:12)	10:52 (18:04)	3:53 (21:57)	4:18 (26:15)
5:45 (44:04)	8:21 (52:25)	7:08 (59:33)	1:55 (1:01:28)
1:34 (1:12:32)	2:30 (1:15:02)	14:49 (1:29:51)	2:44 (1:32:35)
1:55 (1:39:30)	2:30 (1:42:00)	9:04 (1:51:04)	8:34 (1:59:38)
0:18 (2:13:25)			9:39 (2:09:17)
7:31 (38:19)			6:55 (1:08:23)
2:35 (1:10:58)			2:19 (1:37:35)
3:50 (2:13:07)			
11. Anne-Mette Jansen	OK Roskilde	2:26:39	+48:10
7:52 (7:52)	10:14 (18:06)	2:26 (20:32)	10:44 (31:16)
7:55 (49:27)	3:43 (53:10)	4:54 (58:04)	5:39 (1:03:43)
1:30 (1:21:06)	2:46 (1:23:52)	14:56 (1:38:48)	3:50 (1:42:38)
3:13 (1:51:08)	4:53 (1:56:01)	6:56 (2:02:57)	8:46 (2:11:43)
0:13 (2:26:39)			11:07 (2:22:50)
2:51 (41:32)			9:46 (1:13:29)
6:07 (1:19:36)			3:15 (1:47:55)
3:36 (2:26:26)			
12. Linda Fredh	OK Moss	2:31:19	+52:50
7:44 (7:44)	9:57 (17:41)	4:51 (22:32)	3:46 (26:18)
5:44 (44:08)	8:24 (52:32)	7:09 (59:41)	1:50 (1:01:31)
1:34 (1:12:39)	2:25 (1:15:04)	18:22 (1:33:26)	2:34 (1:36:00)
4:37 (1:46:17)	2:29 (1:48:46)	21:06 (2:09:52)	7:57 (2:17:49)
0:14 (2:31:19)			8:50 (2:26:39)
7:29 (38:24)			7:00 (1:08:31)
2:34 (1:11:05)			3:40 (1:39:40)
2:00 (1:41:40)			
13. Anette Lindegård Christensen	Holbæk OK	2:57:14	+78:45
8:35 (8:35)	13:11 (21:46)	2:54 (24:40)	12:24 (37:04)
24:12 (1:09:39)	5:18 (1:14:57)	4:53 (1:19:50)	4:48 (1:24:38)
1:54 (1:41:48)	2:48 (1:44:36)	14:36 (1:59:12)	8:53 (2:08:05)
3:21 (2:17:29)	3:25 (2:20:54)	8:02 (2:28:56)	9:35 (2:38:31)
0:18 (2:57:14)			14:11 (2:52:42)
2:20 (45:27)			8:30 (1:33:08)
6:46 (1:39:54)			3:33 (2:11:38)
2:30 (2:14:08)			4:14 (2:56:56)
14. Julie Christiansen	Kildeholm OK	3:04:44	+86:15
22:25 (22:25)	17:58 (40:23)	3:11 (43:34)	5:18 (48:52)
6:17 (1:08:07)	15:26 (1:23:33)	6:12 (1:29:45)	2:27 (1:32:12)
1:32 (1:43:31)	2:51 (1:46:22)	15:08 (2:01:30)	11:08 (2:12:38)
3:51 (2:23:06)	3:48 (2:26:54)	9:12 (2:36:06)	9:09 (2:45:15)
0:14 (3:04:44)			15:53 (3:01:08)
8:05 (1:01:50)			7:16 (1:39:28)
2:31 (1:41:59)			4:18 (2:16:56)
2:19 (2:19:15)			
3:22 (3:04:30)			
15. Christina Lyng Andersen	Tisvilde Hegn OK	3:04:45	+86:16
22:26 (22:26)	17:53 (40:19)	3:18 (43:37)	5:22 (48:59)
6:10 (1:08:04)	15:22 (1:23:26)	6:22 (1:29:48)	2:25 (1:32:13)
1:44 (1:43:40)	2:41 (1:46:21)	15:14 (2:01:35)	3:10 (2:04:45)
6:12 (2:24:25)	6:08 (2:30:33)	6:55 (2:37:28)	7:43 (2:45:11)
0:12 (3:04:45)			15:55 (3:01:06)
8:07 (1:01:54)			7:14 (1:39:27)
2:29 (1:41:56)			4:16 (2:09:01)
9:12 (2:18:13)			
3:27 (3:04:33)			
Anna Bjärby	Frosta OK	Ej startet	
Anne Marie Thommesen	Ballerup OK	Ej startet	

DHÄbenLang	(31 / 31)	Tid	Efter		
1. Niclas Jonasson	IFK Göteborg Orientering	1:08:26			
4:22 (4:22)	5:36 (9:58)	1:34 (11:32)	2:17 (13:49)	2:19 (16:08)	4:16 (20:24)
2:52 (23:16)	4:59 (28:15)	3:11 (31:26)	1:07 (32:33)	3:30 (36:03)	1:04 (37:07)
0:53 (38:00)	1:27 (39:27)	7:03 (46:30)	1:40 (48:10)	1:26 (49:36)	1:25 (51:01)
1:01 (52:02)	1:29 (53:31)	3:59 (57:30)	3:49 (1:01:19)	5:00 (1:06:19)	1:55 (1:08:14)
0:12 (1:08:26)					
2. Mads Ingvarsdson	FIF Hillerød Orientering	1:08:40	+0:14		
4:17 (4:17)	5:38 (9:55)	1:17 (11:12)	5:16 (16:28)	3:14 (19:42)	1:04 (20:46)
3:24 (24:10)	1:36 (25:46)	2:13 (27:59)	2:36 (30:35)	3:57 (34:32)	2:49 (37:21)
0:48 (38:09)	1:23 (39:32)	7:03 (46:35)	1:36 (48:11)	1:19 (49:30)	1:20 (50:50)
1:04 (51:54)	1:57 (53:51)	3:25 (57:16)	3:57 (1:01:13)	5:10 (1:06:23)	2:06 (1:08:29)
0:11 (1:08:40)					
3. Jesper Damgaard	Farum OK	1:15:27	+7:01		
4:30 (4:30)	6:29 (10:59)	1:34 (12:33)	5:53 (18:26)	3:40 (22:06)	1:12 (23:18)
3:39 (26:57)	2:09 (29:06)	2:32 (31:38)	3:08 (34:46)	4:26 (39:12)	3:09 (42:21)
0:57 (43:18)	1:33 (44:51)	7:44 (52:35)	1:41 (54:16)	1:20 (55:36)	1:38 (57:14)
1:08 (58:22)	1:36 (59:58)	3:52 (1:03:50)	4:03 (1:07:53)	5:06 (1:12:59)	2:15 (1:15:14)
0:13 (1:15:27)					
4. Jamie Stevenson	Tisvilde Hegn OK	1:17:02	+8:36		
8:17 (8:17)	8:21 (16:38)	1:54 (18:32)	2:15 (20:47)	2:15 (23:02)	4:15 (27:17)
2:51 (30:08)	5:31 (35:39)	3:18 (38:57)	1:15 (40:12)	3:37 (43:49)	1:08 (44:57)
0:56 (45:53)	1:27 (47:20)	7:40 (55:00)	1:33 (56:33)	1:48 (58:21)	1:02 (59:23)
1:30 (1:00:53)	1:14 (1:02:07)	3:18 (1:05:25)	4:05 (1:09:30)	4:52 (1:14:22)	2:29 (1:16:51)
0:11 (1:17:02)					
5. Andreas Mikkelsen	Søllerød OK	1:17:49	+9:23		
4:33 (4:33)	7:09 (11:42)	1:22 (13:04)	5:40 (18:44)	3:27 (22:11)	1:05 (23:16)
3:37 (26:53)	2:23 (29:16)	2:25 (31:41)	2:52 (34:33)	4:44 (39:17)	3:11 (42:28)
0:53 (43:21)	1:35 (44:56)	7:28 (52:24)	1:34 (53:58)	1:37 (55:35)	1:14 (56:49)
1:47 (58:36)	1:58 (1:00:34)	3:42 (1:04:16)	4:19 (1:08:35)	6:32 (1:15:07)	2:30 (1:17:37)
0:12 (1:17:49)					
6. Jan-olof Svensson	No Klub	1:28:47	+20:21		
4:48 (4:48)	6:34 (11:22)	1:54 (13:16)	2:58 (16:14)	3:49 (20:03)	5:13 (25:16)
3:35 (28:51)	9:16 (38:07)	3:50 (41:57)	2:28 (44:25)	4:13 (48:38)	1:16 (49:54)
1:00 (50:54)	1:37 (52:31)	8:30 (1:01:01)	1:51 (1:02:52)	1:37 (1:04:29)	1:59 (1:06:28)
1:15 (1:07:43)	1:45 (1:09:28)	4:34 (1:14:02)	4:56 (1:18:58)	6:47 (1:25:45)	2:50 (1:28:35)
0:12 (1:28:47)					
7. Magnus Andersen	Ballerup OK	1:29:24	+20:58		
5:14 (5:14)	7:41 (12:55)	1:23 (14:18)	7:44 (22:02)	4:26 (26:28)	1:13 (27:41)
4:02 (31:43)	2:11 (33:54)	2:49 (36:43)	3:13 (39:56)	5:22 (45:18)	3:48 (49:06)
1:09 (50:15)	2:14 (52:29)	9:44 (1:02:13)	1:48 (1:04:01)	1:38 (1:05:39)	1:19 (1:06:58)
2:02 (1:09:00)	1:31 (1:10:31)	4:42 (1:15:13)	5:03 (1:20:16)	6:30 (1:26:46)	2:28 (1:29:14)
0:10 (1:29:24)					
8. Bengt Olsson	ESLÖVS FK	1:31:14	+22:48		
5:53 (5:53)	7:13 (13:06)	2:15 (15:21)	2:44 (18:05)	3:00 (21:05)	5:44 (26:49)
3:42 (30:31)	6:32 (37:03)	4:43 (41:46)	1:22 (43:08)	4:32 (47:40)	1:39 (49:19)
1:07 (50:26)	1:57 (52:23)	9:48 (1:02:11)	2:11 (1:04:22)	1:44 (1:06:06)	1:57 (1:08:03)
1:34 (1:09:37)	2:47 (1:12:24)	4:36 (1:17:00)	4:49 (1:21:49)	6:41 (1:28:30)	2:33 (1:31:03)
0:11 (1:31:14)					
9. Niklas Edvardsson	FK Göingarna	1:31:29	+23:03		
5:32 (5:32)	7:37 (13:09)	2:01 (15:10)	2:51 (18:01)	3:08 (21:09)	5:36 (26:45)
3:49 (30:34)	6:42 (37:16)	4:22 (41:38)	1:26 (43:04)	5:36 (48:40)	1:21 (50:01)
1:01 (51:02)	1:44 (52:46)	10:10 (1:02:56)	2:24 (1:05:20)	1:53 (1:07:13)	2:03 (1:09:16)
1:19 (1:10:35)	1:56 (1:12:31)	4:26 (1:16:57)	4:55 (1:21:52)	6:42 (1:28:34)	2:41 (1:31:15)
0:14 (1:31:29)					
10. Benedicte Hald Bjørgum	Kristiansand OK	1:35:25	+26:59		
5:33 (5:33)	7:25 (12:58)	1:18 (14:16)	6:22 (20:38)	4:22 (25:00)	1:25 (26:25)
4:26 (30:51)	2:05 (32:56)	2:58 (35:54)	3:34 (39:28)	5:42 (45:10)	5:54 (51:04)
1:14 (52:18)	1:42 (54:00)	10:35 (1:04:35)	2:08 (1:06:43)	2:47 (1:09:30)	2:06 (1:11:36)
1:35 (1:13:11)	2:31 (1:15:42)	4:58 (1:20:40)	5:34 (1:26:14)	6:29 (1:32:43)	2:32 (1:35:15)
0:10 (1:35:25)					
11. Mikael Persson	FK Göingarna	1:37:37	+29:11		
5:36 (5:36)	7:24 (13:00)	1:30 (14:30)	7:11 (21:41)	4:38 (26:19)	1:30 (27:49)
4:41 (32:30)	2:10 (34:40)	3:13 (37:53)	3:24 (41:17)	6:06 (47:23)	4:01 (51:24)
1:12 (52:36)	1:57 (54:33)	10:14 (1:04:47)	2:17 (1:07:04)	2:16 (1:09:20)	1:24 (1:10:44)
2:16 (1:13:00)	1:50 (1:14:50)	5:45 (1:20:35)	5:42 (1:26:17)	8:06 (1:34:23)	3:00 (1:37:23)
0:14 (1:37:37)					
12. Mads Mikkelsen	Horsens OK	1:40:20	+31:54		
5:39 (5:39)	9:07 (14:46)	2:20 (17:06)	2:56 (20:02)	3:30 (23:32)	5:30 (29:02)
3:53 (32:55)	7:02 (39:57)	4:37 (44:34)	1:30 (46:04)	4:57 (51:01)	1:41 (52:42)
1:10 (53:52)	1:57 (55:49)	10:24 (1:06:13)	3:13 (1:09:26)	3:48 (1:13:14)	1:35 (1:14:49)
2:17 (1:17:06)	1:47 (1:18:53)	5:00 (1:23:53)	5:52 (1:29:45)	7:32 (1:37:17)	2:52 (1:40:09)
0:11 (1:40:20)					
13. Anders Marager	Amager OK	1:42:36	+34:10		
5:49 (5:49)	9:30 (15:19)	1:59 (17:18)	2:49 (20:07)	3:19 (23:26)	5:23 (28:49)
3:46 (32:35)	6:39 (39:14)	4:43 (43:57)	1:46 (45:43)	7:33 (53:16)	1:04 (54:20)
1:16 (55:36)	1:41 (57:17)	11:01 (1:08:18)	1:51 (1:10:09)	2:30 (1:12:39)	3:25 (1:16:04)
1:22 (1:17:26)	4:46 (1:22:12)	5:31 (1:27:43)	5:45 (1:33:28)	6:22 (1:39:50)	2:35 (1:42:25)
0:11 (1:42:36)					
14. Björn Nilsson	Härlövs IF_	1:47:44	+39:18		
10:14 (10:14)	8:04 (18:18)	1:35 (19:53)	7:43 (27:36)	4:41 (32:17)	1:39 (33:56)
5:11 (39:07)	2:29 (41:36)	3:12 (44:48)	3:26 (48:14)	6:00 (54:14)	5:01 (59:15)
1:11 (1:00:26)	2:03 (1:02:29)	11:04 (1:13:33)	2:07 (1:15:40)	1:51 (1:17:31)	1:36 (1:19:07)
2:12 (1:21:19)	1:50 (1:23:09)	5:20 (1:28:29)	6:49 (1:35:18)	9:01 (1:44:19)	3:12 (1:47:31)
0:13 (1:47:44)					
15. Jens Christiansen Hertel	Lyngby OK	1:47:48	+39:22		
5:51 (5:51)	7:51 (13:42)	2:11 (15:53)	6:27 (22:20)	5:07 (27:27)	1:37 (29:04)
5:22 (34:26)	2:23 (36:49)	3:27 (40:16)	3:43 (43:59)	6:26 (50:25)	4:08 (54:33)
1:09 (55:42)	1:53 (57:35)	10:41 (1:08:16)	1:56 (1:10:12)	2:32 (1:12:44)	7:37 (1:20:21)
1:39 (1:22:00)	2:38 (1:24:38)	5:35 (1:30:13)	6:17 (1:36:30)	7:30 (1:44:00)	3:35 (1:47:35)
0:13 (1:47:48)					
16. Steen Stausholm	Farum OK	1:48:25	+39:59		

	5:44 (5:44) 4:45 (34:30) 1:10 (58:52) 1:31 (1:22:03) 0:12 (1:48:25)	7:52 (13:36) 8:56 (43:26) 2:11 (1:01:03) 2:55 (1:24:58)	2:28 (16:04) 4:47 (48:13) 11:42 (1:12:45) 5:59 (1:30:57)	4:08 (20:12) 1:33 (49:46) 2:06 (1:14:51) 5:55 (1:36:52)	3:32 (23:44) 6:19 (56:05) 3:10 (1:18:01) 8:22 (1:45:14)	6:01 (29:45) 1:37 (57:42) 2:31 (1:20:32) 2:59 (1:48:13)
17. Per Gerdle	No Klub		1:53:59 +45:33			
5:50 (5:50) 5:12 (34:54) 1:16 (1:06:20) 2:19 (1:27:41) 0:12 (1:53:59)	9:03 (14:53) 15:02 (49:56) 2:22 (1:08:42) 2:08 (1:29:49)	2:32 (17:25) 5:19 (55:15) 10:40 (1:19:22) 5:50 (1:35:39)	2:59 (20:24) 1:49 (57:04) 2:17 (1:21:39) 7:23 (1:43:02)	3:26 (23:50) 6:12 (1:03:16) 2:12 (1:23:51) 7:43 (1:50:45)	5:52 (29:42) 1:48 (1:05:04) 1:31 (1:25:22) 3:02 (1:53:47)	
18. Peter Becker	Søllerød OK		1:55:10 +46:44			
5:59 (5:59) 5:19 (35:37) 1:23 (1:02:43) 1:48 (1:26:44) 0:13 (1:55:10)	7:35 (13:34) 4:57 (40:34) 2:18 (1:05:01) 2:30 (1:29:14)	2:06 (15:40) 3:56 (44:30) 12:14 (1:17:15) 5:03 (1:34:17)	6:53 (22:33) 3:42 (48:12) 2:30 (1:19:45) 8:42 (1:42:59)	5:34 (28:07) 7:56 (56:08) 2:28 (1:22:13) 8:08 (1:51:07)	2:11 (30:18) 5:12 (1:01:20) 2:43 (1:24:56) 3:50 (1:54:57)	
19. Roger Nilsson	Laholms IF OK		2:05:52 +57:26			
6:41 (6:41) 5:46 (41:11) 1:26 (1:07:49) 3:24 (1:36:38) 0:13 (2:05:52)	9:45 (16:26) 9:23 (50:34) 2:41 (1:10:30) 2:26 (1:39:04)	2:59 (19:25) 5:21 (55:55) 15:08 (1:25:38) 6:31 (1:45:35)	3:35 (23:00) 1:54 (57:49) 3:28 (1:29:06) 7:32 (1:53:07)	4:41 (27:41) 6:47 (1:04:36) 2:31 (1:31:37) 8:53 (2:02:00)	7:44 (35:25) 1:47 (1:06:23) 1:37 (1:33:14) 3:39 (2:05:39)	
20. Simon Svensson	No Klub		2:12:03 +63:37			
5:38 (5:38) 4:44 (36:15) 1:18 (1:08:13) 1:46 (1:34:49) 0:12 (2:12:03)	7:55 (13:33) 9:48 (46:03) 2:05 (1:10:18) 4:59 (1:39:48)	2:28 (16:01) 12:11 (58:14) 15:07 (1:25:25) 9:06 (1:48:54)	4:15 (20:16) 1:45 (59:59) 2:12 (1:27:37) 9:18 (1:58:12)	4:46 (25:02) 5:34 (1:05:33) 2:29 (1:30:06) 10:12 (2:08:24)	6:29 (31:31) 1:22 (1:06:55) 2:57 (1:33:03) 3:27 (2:11:51)	
21. Lars Sørensen	OK Øst Birkerød		2:12:35 +64:09			
7:17 (7:17) 6:21 (41:15) 1:47 (1:12:36) 2:32 (1:39:48) 0:17 (2:12:35)	9:52 (17:09) 3:05 (44:20) 2:37 (1:15:13) 3:11 (1:42:59)	1:52 (19:01) 3:57 (48:17) 13:06 (1:28:19) 6:58 (1:49:57)	8:18 (27:19) 4:43 (53:00) 4:18 (1:32:37) 7:49 (1:57:46)	5:38 (32:57) 12:06 (1:05:06) 2:50 (1:35:27) 10:08 (2:07:54)	1:57 (34:54) 5:43 (1:10:49) 1:49 (1:37:16) 4:24 (2:12:18)	
22. Pia-Maria Bondesson	No Klub		2:25:23 +76:57			
7:30 (7:30) 5:50 (47:54) 1:46 (1:18:38) 2:47 (1:47:29) 0:16 (2:25:23)	12:09 (19:39) 2:54 (50:48) 2:21 (1:20:59) 3:16 (1:50:45)	2:09 (21:48) 9:06 (59:54) 16:21 (1:37:20) 7:09 (1:57:54)	10:08 (31:56) 4:18 (1:04:12) 3:07 (1:40:27) 7:28 (2:05:22)	8:13 (40:09) 7:20 (1:11:32) 2:27 (1:42:54) 15:55 (2:21:17)	1:55 (42:04) 5:20 (1:16:52) 1:48 (1:44:42) 3:50 (2:25:07)	
23. Jörgen Göransson	FK Göingarna		2:29:08 +80:42			
6:54 (6:54) 5:23 (48:38) 1:53 (1:15:21) 3:37 (1:46:11) 0:17 (2:29:08)	9:28 (16:22) 8:47 (57:25) 3:36 (1:18:57) 2:25 (1:48:36)	3:51 (20:13) 5:38 (1:03:03) 16:49 (1:35:46) 9:04 (1:57:40)	11:49 (32:02) 2:07 (1:05:10) 2:49 (1:38:35) 8:29 (2:06:09)	4:01 (36:03) 5:37 (1:10:47) 2:09 (1:40:44) 19:00 (2:25:09)	7:12 (43:15) 2:41 (1:13:28) 1:50 (1:42:34) 3:42 (2:28:51)	
24. Torben Østerlund	Göteborg SK OL		2:41:32 +93:06			
7:27 (7:27) 10:04 (53:59) 1:50 (1:32:15) 1:58 (2:12:34) 0:13 (2:41:32)	13:13 (20:40) 8:26 (1:02:25) 4:18 (1:36:33) 4:42 (2:17:16)	2:48 (23:28) 5:05 (1:07:30) 12:56 (1:49:29) 5:57 (2:23:13)	9:21 (32:49) 9:31 (1:17:01) 14:01 (2:03:30) 7:08 (2:30:21)	9:01 (41:50) 7:31 (1:24:32) 3:21 (2:06:51) 7:50 (2:38:11)	2:05 (43:55) 5:53 (1:30:25) 3:45 (2:10:36) 3:08 (2:41:19)	
25. Peter Hilbert	Allerød OK		2:52:44 +104:18			
7:02 (7:02) 9:29 (1:03:17) 2:23 (1:41:09) 4:19 (2:13:23) 0:12 (2:52:44)	15:02 (22:04) 12:52 (1:16:09) 3:06 (1:44:15) 3:05 (2:16:28)	4:07 (26:11) 5:51 (1:22:00) 14:06 (1:58:21) 7:13 (2:23:41)	6:11 (32:22) 4:39 (1:26:39) 3:42 (2:02:03) 8:31 (2:32:12)	11:48 (44:10) 9:05 (1:35:44) 3:30 (2:05:33) 14:55 (2:47:07)	9:38 (53:48) 3:02 (1:38:46) 3:31 (2:09:04) 5:25 (2:52:32)	
Line Søderlund	Farum OK		Fejlklip			
5:31 (5:31) 4:25 (34:35) 1:29 (57:48) 1:59 (1:19:11) 0:14 (1:32:05)	9:13 (14:44) 8:18 (42:53) 1:58 (59:46) 1:51 (1:21:02)	2:38 (17:22) 4:42 (47:35) 11:17 (1:11:03) 4:40 (1:25:42)	3:06 (20:28) 1:38 (49:13) 2:38 (1:13:41) — (—)	3:31 (23:59) 5:35 (54:48) 2:06 (1:15:47) — (—)	6:11 (30:10) 1:31 (56:19) 1:25 (1:17:12) — (1:31:51)	
Mikkel Frese	Farum OK		Fejlklip			
11:11 (11:11) 6:03 (47:12) 2:31 (1:18:17) — (—) — (1:37:31)	10:38 (21:49) 3:39 (50:51) 2:30 (1:20:47) — (—)	2:32 (24:21) 3:06 (53:57) — (—) — (—)	7:59 (32:20) 5:28 (59:25) — (—) — (—)	6:54 (39:14) 9:26 (1:08:51) — (—) — (—)	1:55 (41:09) 6:55 (1:15:46) — (—) — (—)	
Alex Ottesen	Ballerup OK		Ej startet			
Anna Arvidsson	No Klub		Ej startet			
Jesper Kristiansen	OK Melfar		Ej startet			
Maria Arvidsson	No Klub		Ej startet			